

# RANKING INDIVIDUAL ABSOLUT FEMENI

Data actualització:

21-feb.-21



## Aire Lliure

### (AL) 50 II

***Mínima 7"5***

|   |                             |      | MARCA       | T_Real | V  |            |        |
|---|-----------------------------|------|-------------|--------|----|------------|--------|
| 1 | Carmen Tosas Fuentes (1953) | S-18 | <b>07,2</b> |        | <2 | 25/05/1969 | Mataró |

### (AL) 60 II

***Mínima 9"***

|    |                                          |      | MARCA        | T_Real | V     |            |                            |
|----|------------------------------------------|------|--------------|--------|-------|------------|----------------------------|
| 1  | Katinka Rosés Bécker (1973)              | S-16 | <b>07,8</b>  |        | <2    | 30/01/1988 | Barcelona (Serrahima)      |
| 2  | Carme Bruguera Busquets (1972)           | S-18 | <b>07,9</b>  |        | <2    | 27/02/1988 | Barcelona (Serrahima)      |
| 3  | Betania Duarte Candau (1979)             | S-20 | <b>07,9</b>  |        | -1' 2 | 07/02/1998 | Mataró                     |
| 4  | Alba Grau Subirats (1996)                | S-16 | <b>08,22</b> |        | +0' 3 | 12/01/2011 | Barcelona (Serrahima)      |
| 5  | Esmeralda Arriscado García (1976)        | S-20 | <b>08,1</b>  |        | -1' 6 | 23/01/1994 | Mataró                     |
| 6  | Rocío Moreno Jiménez (1992)              | S-16 | <b>08,1</b>  |        | +1' 6 | 03/03/2007 | Terrassa                   |
| 7  | Mireia Bonjoch Freginals (1991)          | S-16 | <b>08,2</b>  |        | -0' 9 | 03/12/2005 | Mataró                     |
| 8  | Manuela Reboredo Donato (1995)           | S-16 | <b>08,52</b> |        | +0' 3 | 12/01/2011 | Barcelona (Serrahima)      |
| 9  | Eugenia García Sánchez (1968)            | S-18 | <b>08,3</b>  |        | <2    | 05/02/1984 | Barcelona (Serrahima)      |
| 10 | Meritxell Filbà Estrader (1971)          | S-18 | <b>08,3</b>  |        | <2    | 15/02/1987 | Barcelona (Serrahima)      |
| 11 | Mercè Estivill Pascual (1964)            | S-14 | <b>08,4</b>  |        | <2    | 25/09/1977 | Barcelona (Universitàries) |
| 12 | Judith Adalid Casado (1976)              | S-14 | <b>08,4</b>  |        | <2    | 22/10/1988 | Barcelona (Serrahima)      |
| 13 | Lambra Sáinz Vidal (1976)                | S-18 | <b>08,4</b>  |        | -0' 5 | 30/01/1993 | Mataró                     |
| 14 | Laura Sabater Alberts (1976)             | S-18 | <b>08,4</b>  |        | -0' 5 | 30/01/1993 | Mataró                     |
| 15 | Maribel Trinidad Piñeiro Castilla (1965) | S-14 | <b>08,5</b>  |        | <2    | 15/10/1977 | Mataró                     |
| 16 | Eva Carpintero Sánchez (1973)            | S-18 | <b>08,5</b>  |        | <2    | 28/01/1989 | Barcelona (Serrahima)      |
| 17 | Gemma Lladó Obón (1990)                  | S-16 | <b>08,5</b>  |        | +0' 2 | 18/12/2004 | Mataró                     |
| 18 | Sandra Torrejón García (1991)            | S-16 | <b>08,5</b>  |        | 0' 0  | 18/12/2004 | Mataró                     |
| 19 | Patricia Muñoz Doblás (1991)             | S-16 | <b>08,5</b>  |        | +0' 2 | 18/12/2004 | Mataró                     |
| 20 | Sonia Torres Notario (1991)              | S-16 | <b>08,5</b>  |        | +0' 2 | 18/12/2004 | Mataró                     |
| 21 | Marina Polo Leonard (2007)               | S-12 | <b>08,74</b> |        |       | 19/05/2018 | Ascó                       |
| 22 | Montse Capel Hernández (1958)            | F45  | <b>08,87</b> |        | +0' 2 | 04/01/2004 | Barcelona (Serrahima)      |
| 23 | Sofía Sanz Fidalgo (1999)                | S-18 | <b>08,89</b> |        | +0' 4 | 03/01/2016 | Barcelona (Serrahima)      |
| 24 | Esther Ruiz Boix (1959)                  | S-16 | <b>08,7</b>  |        | <2    | 04/05/1974 | Cornellà                   |
| 25 | Ursula Soetekou (1964)                   | S-23 | <b>08,7</b>  |        | <2    | 12/01/1985 | Barcelona (Serrahima)      |
| 26 | Maravillas Sánchez Martínez (1971)       | S-20 | <b>08,7</b>  |        | <2    | 19/02/1989 | Barcelona (Serrahima)      |
| 27 | Nuri Solé Pérez (1972)                   | S-18 | <b>08,7</b>  |        | <2    | 19/02/1989 | Barcelona (Serrahima)      |
| 28 | Xènia Pelegrí Guilleme (1988)            | S-16 | <b>08,7</b>  |        | <2    | 26/10/2002 | Mataró                     |
| 29 | Sonia Martín Contreras (1991)            | S-16 | <b>08,7</b>  |        | -0' 6 | 27/11/2004 | Calella                    |
| 30 | Alba Torrejón García (1993)              | S-16 | <b>08,7</b>  |        | +0' 9 | 10/02/2007 | Mataró                     |
| 31 | Paula Amézaga Sisquella (1995)           | S-16 | <b>08,7</b>  |        | +0' 1 | 12/12/2009 | l' Hospitalet              |

|    |                             |      |              |      |            |                      |
|----|-----------------------------|------|--------------|------|------------|----------------------|
| 32 | Ariadna Martí Montes (2009) | S-14 | <b>08,94</b> | -3,5 | 20/02/2021 | Castellar del Vallès |
|----|-----------------------------|------|--------------|------|------------|----------------------|

### (AL) 100 II

|    |                                   |      | MARCA        | T_Real | V          |                       |
|----|-----------------------------------|------|--------------|--------|------------|-----------------------|
| 1  | Betania Duarte Candau (1979)      | S-20 | <b>12,3</b>  | -0' 1  | 19/04/1998 | Barcelona (Can Dragó) |
| 2  | Edith Godoy Martínez (2004)       | S-16 | <b>12,88</b> | 0,0    | 25/05/2019 | Mollet                |
| 3  | Alba Grau Subirats (1996)         | SEN  | <b>12,93</b> | -1,4   | 22/06/2019 | Andorra               |
| 4  | Katinka Rosés Bécker (1973)       | S-16 | <b>12,7</b>  | <2     | 28/02/1988 | Sant Celoni           |
| 5  | Irene Reboredo Donato (1999)      | S-16 | <b>12,94</b> | +0' 2  | 01/05/2014 | El Prat               |
| 6  | Carme Bruguera Busquets (1972)    | S-16 | <b>12,97</b> | <2     | 21/06/1987 | Barcelona (Serrahima) |
| 7  | Sara Dorda Sans (1997)            | S-18 | <b>13,00</b> | -1' 5  | 29/03/2014 | Barcelona (Serrahima) |
| 8  | Esther Ruiz Boix (1959)           | S-18 | <b>12,8</b>  | <2     | 29/05/1975 | Cornellà              |
| 9  | Esmeralda Arriscado García (1976) | S-23 | <b>12,8</b>  | +0' 8  | 16/07/1997 | Mataró                |
| 10 | Franzi Rosés Bécker (1975)        | S-18 | <b>12,9</b>  | -1' 8  | 20/10/1991 | Mataró                |
| 11 | Ursula Soetekou (1964)            | S-23 | <b>13,0</b>  | <2     | 16/06/1985 | Badalona              |
| 12 | Jana Hanackova (1978)             | SEN  | <b>13,0</b>  | +0,6   | 09/05/2004 | Granollers            |
| 13 | Manuela Reboredo Donato (1995)    | S-16 | <b>13,1</b>  | -1' 8  | 11/04/2010 | Mataró                |
| 14 | Carla Alfonso Mihi (2002)         | S-16 | <b>13,36</b> | +2,0   | 18/03/2017 | Barcelona (Serrahima) |
| 15 | Sonia Torres Notario (1991)       | S-16 | <b>13,38</b> | +0' 2  | 28/06/2006 | Barcelona (Serrahima) |
| 16 | María Luisa Novo Ureña (1960)     | S-16 | <b>13,2</b>  | <2     | 18/07/1975 | Manresa               |
| 17 | Laia Garcés Ballester (2003)      | S-16 | <b>13,2</b>  | -1,0   | 21/10/2017 | Manresa               |
| 18 | Joaquina Palma Culebras (1971)    | S-18 | <b>13,3</b>  | <2     | 03/05/1987 | Mataró                |
| 19 | Laura Sabater Alberts (1976)      | S-18 | <b>13,3</b>  | -1' 5  | 28/03/1993 | Mataró                |
| 20 | Vanessa Vivas Lirola (1979)       | S-20 | <b>13,3</b>  | +1' 2  | 16/07/1997 | Mataró                |
| 21 | Marina Bardají Puig (1986)        | S-20 | <b>13,3</b>  | +1' 0  | 09/05/2004 | Granollers            |
| 22 | Anna Boixet Moner (2004)          | S-18 | <b>13,55</b> | 0,0    | 13/09/2020 | Reus                  |
| 23 | Sofía Sanz Fidalgo (1999)         | S-20 | <b>13,62</b> | +1,7   | 20/05/2017 | Barcelona (Serrahima) |
| 24 | Eugenia García Sánchez (1968)     | S-18 | <b>13,4</b>  | +0' 1  | 21/07/1984 | Barcelona (Serrahima) |
| 25 | Yolanda Guerrero Serrano (1967)   | S-20 | <b>13,4</b>  | <2     | 13/04/1986 | Cornellà              |
| 26 | Maite Villaverde Pastor (1970)    | S-18 | <b>13,4</b>  | <2     | 13/04/1986 | Cornellà              |
| 27 | Mónica Yoldi González (1970)      | S-18 | <b>13,4</b>  | <2     | 27/04/1986 | Calella               |
| 28 | Bárbara Gutiérrez Saucedo (1988)  | S-16 | <b>13,4</b>  | -0' 6  | 04/05/2003 | Barcelona (Can Dragó) |
| 29 | Meritxell Filbà Estrader (1971)   | S-18 | <b>13,5</b>  | <2     | 07/02/1987 | Mataró                |
| 30 | Eva Carpintero Sánchez (1973)     | S-18 | <b>13,5</b>  | <2     | 01/01/1989 | s/d                   |
| 31 | Elena González Laguna (1978)      | S-20 | <b>13,5</b>  | -0' 2  | 28/04/1996 | Sabadell              |
| 32 | Vanessa Lozano Álvarez (1979)     | S-20 | <b>13,5</b>  | -0' 8  | 25/05/1997 | Barcelona (Serrahima) |
| 33 | Xènia Pelegrí Guilleme (1988)     | S-16 | <b>13,5</b>  | -1' 0  | 04/05/2003 | Barcelona (Can Dragó) |
| 34 | Rocío Moreno Jiménez (1992)       | S-16 | <b>13,5</b>  | +1' 4  | 28/04/2007 | Mataró                |
| 35 | Emma Palà Lorente (1999)          | S-16 | <b>13,5</b>  | +0' 6  | 26/10/2013 | Barcelona (Serrahima) |
| 36 | Mercè Boixet Pujalt (1946)        | S-23 | <b>13,6</b>  | <2     | 17/04/1965 | Sant Boi              |
| 37 | Eva Cabeza Sabatell (1972)        | S-16 | <b>13,6</b>  | <2     | 02/05/1987 | Barcelona (Serrahima) |
| 38 | Judith Adalid Casado (1976)       | S-20 | <b>13,6</b>  | -1' 5  | 24/04/1994 | Mataró                |
| 39 | Sandra Torrejón García (1991)     | S-16 | <b>13,6</b>  | +0' 4  | 12/03/2005 | l' Hospitalet         |
| 40 | Montse Capel Hernández (1958)     | F40  | <b>13,86</b> | +0' 7  | 07/06/2003 | Cornellà              |
| 41 | Raquel Pérez Pérez (1989)         | S-16 | <b>13,86</b> | -0' 2  | 13/06/2004 | Manresa               |

|    |                                            |      |              |       |            |                       |
|----|--------------------------------------------|------|--------------|-------|------------|-----------------------|
| 42 | Marta Sala Ramos (1957)                    | S-18 | <b>13,7</b>  | <2    | 15/03/1975 | Cornellà              |
| 43 | Laia Sans Martínez (1988)                  | S-16 | <b>13,7</b>  | +0' 4 | 13/04/2003 | Mataró                |
| 44 | Alba Torrejón García (1993)                | S-16 | <b>13,7</b>  | +1' 4 | 28/04/2007 | Mataró                |
| 45 | Lauren Baker Iguaz (1996)                  | S-16 | <b>13,7</b>  | +1' 7 | 30/05/2010 | Gavà                  |
| 46 | Ruth Díaz Calaf (1999)                     | S-16 | <b>13,95</b> | +0' 6 | 06/04/2013 | Barcelona (Can Dragó) |
| 47 | Carla Rodríguez Roca (1999)                | S-16 | <b>14,03</b> | -0' 4 | 29/05/2013 | Barcelona (Serrahima) |
| 48 | Carme Muñoz Alvarez (1964)                 | SEN  | <b>13,8</b>  | <2    | 29/03/1987 | Mataró                |
| 49 | Sandra Graupera Padrós (1974)              | S-16 | <b>13,8</b>  | <2    | 15/05/1989 | Mataró                |
| 50 | Marina Rodríguez Grajera (1990)            | S-16 | <b>13,8</b>  | +1' 2 | 01/05/2004 | El Prat               |
| 51 | Natalia Millán Ríos (1976)                 | F40  | <b>14,07</b> | +1,8  | 02/07/2017 | Barcelona (Can Dragó) |
| 52 | Gemma Lladó Obón (1990)                    | S-18 | <b>14,11</b> | -0' 2 | 07/05/2006 | El Prat               |
| 53 | M <sup>a</sup> Isabel Pozo Martínez (1978) | S-18 | <b>13,9</b>  | -4' 7 | 20/03/1995 | Manresa               |
| 54 | Martina Kidane Prades (2005)               | S-16 | <b>14,14</b> | -1,3  | 13/04/2019 | Sant Celoni           |
| 55 | Consuelo Sendra Manso (2003)               | S-16 | <b>14,21</b> | 0,8   | 15/04/2018 | Granollers            |
| 56 | Carmen Tosas Fuentes (1953)                | S-18 | <b>14,0</b>  | <2    | 12/04/1970 | Calella               |
| 57 | Rosario Palomar Mondragón (1957)           | S-18 | <b>14,0</b>  | <2    | 13/07/1974 | Granollers            |
| 58 | Selene Urbano Navarro (1992)               | S-16 | <b>14,0</b>  | +1' 4 | 28/04/2007 | Mataró                |
| 59 | Paula Amézaga Sisquella (1995)             | S-16 | <b>14,0</b>  | -1' 5 | 29/05/2010 | Mataró                |
| 60 | Ainhoa Perona Tarragó (2003)               | S-16 | <b>14,0</b>  | 0,0   | 21/10/2017 | Manresa               |
| 61 | Núria Andrés Bonnin (1991)                 | S-18 | <b>14,29</b> | -0' 9 | 21/04/2007 | Barcelona (Can Dragó) |
| 62 | Anna M <sup>a</sup> Jofre Botey (1957)     | S-16 | <b>14,1</b>  | <2    | 19/03/1972 | Calella               |
| 63 | Lourdes Capell Lorca (1970)                | S-16 | <b>14,1</b>  | <2    | 25/05/1985 | Barcelona (Serrahima) |
| 64 | Laia Ramia Pallàs (1988)                   | S-16 | <b>14,1</b>  | +0' 4 | 13/04/2003 | Mataró                |
| 65 | Eugenia Giménez Bagudán (1956)             | S-18 | <b>14,2</b>  | <2    | 04/06/1972 | Barcelona (Serrahima) |
| 66 | Montserrat Lluís Rodríguez (1959)          | S-16 | <b>14,2</b>  | <2    | 31/05/1973 | Barcelona (Serrahima) |
| 67 | Loreto Montaña (1968)                      | S-18 | <b>14,2</b>  | <2    | 26/05/1984 | Sant Celoni           |
| 68 | Nuri Solé Pérez (1972)                     | S-18 | <b>14,2</b>  | <2    | 30/04/1989 | Sant Celoni           |
| 69 | Consuelo López Rodríguez (1969)            | SEN  | <b>14,2</b>  | +1' 2 | 14/04/1991 | Lloret                |
| 70 | Cristina García González (1977)            | SEN  | <b>14,2</b>  | +1,2  | 16/07/1997 | Mataró                |
| 71 | Patricia Muñoz Doblas (1991)               | S-16 | <b>14,2</b>  | +0' 4 | 12/03/2005 | I' Hospitalet         |
| 72 | Meritxell Ribé Rabascall (1989)            | S-16 | <b>14,52</b> | +0' 5 | 11/06/2003 | Barcelona (Serrahima) |
| 73 | María Bermúdez Ruiz (2002)                 | S-16 | <b>14,52</b> | +1,8  | 18/03/2017 | Barcelona (Serrahima) |
| 74 | Alana Ordoyo Conroy (2005)                 | S-16 | <b>14,52</b> | +0,6  | 04/05/2019 | I' Hospitalet         |
| 75 | Laila Ruth Vivas Glaser (1995)             | S-16 | <b>14,3</b>  | -2' 2 | 24/04/2010 | Mataró                |
| 76 | Anna Briansó Cendra (1956)                 | SEN  | <b>14,4</b>  | <2    | 24/09/1972 | Badalona              |
| 77 | Mercè Macià Armengol (1956)                | SEN  | <b>14,4</b>  | <2    | 19/03/1975 | Calella               |
| 78 | Lidia Cornellas Ruzafa (1960)              | SEN  | <b>14,4</b>  | <2    | 04/04/1975 | Granollers            |
| 79 | Maitte Ruiz Arias (1970)                   | SEN  | <b>14,4</b>  | <2    | 20/04/1986 | Sant Celoni           |
| 80 | Esther Castro Muñoz (1991)                 | S-16 | <b>14,4</b>  | +0' 4 | 12/03/2005 | I' Hospitalet         |
| 81 | Mercè Sánchez Oller (2002)                 | S-16 | <b>14,4</b>  | -1,1  | 29/10/2016 | Calella               |
| 82 | Andrea Bermúdez Ruiz (2002)                | S-16 | <b>14,65</b> | +2,0  | 18/03/2017 | Barcelona (Serrahima) |
| 83 | Alba Randolí Ferrando (2003)               | S-16 | <b>14,65</b> | +1,8  | 06/05/2017 | Cornellà              |
| 84 | Berta Playà Soler (2003)                   | S-16 | <b>14,65</b> | -1,2  | 25/11/2017 | Barcelona (Serrahima) |
| 85 | Montserrat Batet Bermúdez (1959)           | S-16 | <b>14,5</b>  | <2    | 13/05/1973 | Girona                |
| 86 | Laura Ballesteró Trias (1990)              | S-16 | <b>14,5</b>  | +1' 5 | 01/05/2004 | El Prat               |

|     |                                                   |      |              |       |            |                            |
|-----|---------------------------------------------------|------|--------------|-------|------------|----------------------------|
| 87  | Oumaima Blal Lahlimi (1997)                       | S-16 | <b>14,5</b>  | 0' 0  | 20/10/2012 | Manresa                    |
| 88  | Sara Puig Blanco (2000)                           | SEN  | <b>14,5</b>  | 0,0   | 25/10/2014 | Barcelona (Serrahima)      |
| 89  | Jessica León Olmos (1982)                         | F35  | <b>14,83</b> | 0,0   | 29/07/2020 | Gavà                       |
| 90  | Joana Filbà Estrader (1973)                       | S-14 | <b>14,6</b>  | <2    | 13/04/1986 | Cornellà                   |
| 91  | M <sup>a</sup> del Pilar Alvarez Ciendones (1978) | SEN  | <b>14,6</b>  | -3' 2 | 09/04/1995 | Mataró                     |
| 92  | Sara García Gázquez (2005)                        | S-16 | <b>14,84</b> | -0,5  | 19/05/2019 | El Prat                    |
| 93  | Susana Pagès Marzo (1975)                         | F40  | <b>14,84</b> | +1,6  | 30/05/2019 | Mollet                     |
| 94  | Yolanda Guerrero González (1967)                  | SEN  | <b>14,7</b>  | <2    | 14/04/1985 | Badalona                   |
| 95  | Aina Anso Cabré (1988)                            | S-16 | <b>14,7</b>  | +0' 4 | 13/04/2003 | Mataró                     |
| 96  | Diana Boiko (2005)                                | S-16 | <b>14,94</b> | -1,9  | 10/11/2018 | Barcelona (Serrahima)      |
| 97  | Eva Sans Cruces (1976)                            | F40  | <b>14,7</b>  | +1,6  | 31/07/2020 | Vilafranca                 |
| 98  | Júlia Palau Garcia (2001)                         | S-16 | <b>14,97</b> | 0' 0  | 15/05/2016 | l' Hospitalet              |
| 99  | Alba Sans Xarles (1998)                           | S-20 | <b>15,04</b> | -2' 7 | 10/04/2016 | Mataró                     |
| 100 | Davinia Domingo Prieto (1980)                     | S-16 | <b>14,8</b>  | +1' 3 | 25/02/1995 | Mataró                     |
| 101 | Clara Sanz Fidalgo (1996)                         | S-16 | <b>14,8</b>  | -2' 2 | 24/04/2010 | Mataró                     |
| 102 | Janna Castellà Fonrodona (2003)                   | S-16 | <b>15,08</b> | -0,3  | 05/05/2018 | Barcelona (Serrahima)      |
| 103 | Dunia Jiménez Vela (1972)                         | SEN  | <b>14,9</b>  | -0,2  | 08/05/1994 | Mataró                     |
| 104 | Maribel González Madueño (1978)                   | SEN  | <b>14,9</b>  | -2' 6 | 28/04/1997 | Sabadell                   |
| 105 | Daniela Elvira Gutiérrez (2004)                   | S-16 | <b>15,16</b> | -0,5  | 25/11/2017 | Barcelona (Serrahima)      |
| 106 | Sussanna Sabater Alberts (1978)                   | SEN  | <b>15,0</b>  | -1,1  | 20/03/1994 | Mataró                     |
| 107 | Laura Pelegrí Guillemme (1993)                    | S-16 | <b>15,0</b>  | -1' 6 | 27/10/2007 | Barcelona (Serrahima)      |
| 108 | Emma Olsz Ambient (1965)                          | F55  | <b>15,29</b> | 0,0   | 29/07/2020 | Gavà                       |
| 109 | Tania García Eslava (1993)                        | S-16 | <b>15,1</b>  | -2' 2 | 20/09/2008 | El Prat                    |
| 110 | Nathalie Delphine Mendes (1997)                   | S-16 | <b>15,34</b> | -2' 3 | 15/05/2011 | El Prat                    |
| 111 | Gisela Carrera Pérez (1990)                       | S-16 | <b>15,2</b>  | -1' 0 | 01/05/2005 | El Prat                    |
| 112 | María Mas Bermejo (1994)                          | S-16 | <b>15,3</b>  | 0' 0  | 25/10/2008 | Barcelona (Serrahima)      |
| 113 | Aixa Chougrani Zuriaga (1995)                     | S-16 | <b>15,3</b>  | -2' 2 | 24/04/2010 | Mataró                     |
| 114 | Rosa M <sup>a</sup> Floris Doñate (1955)          | SEN  | <b>15,4</b>  | <2    | 01/01/1969 | Mataró                     |
| 115 | Mireia Fortúnez Santos (1972)                     | SEN  | <b>15,4</b>  | <2    | 19/03/1988 | Mataró                     |
| 116 | Carmen Bosch Palacios (1955)                      | SEN  | <b>15,5</b>  | <2    | 01/01/1969 | Mataró                     |
| 117 | Verónica Martínez Romo (1979)                     | SEN  | <b>15,5</b>  | -0,9  | 26/03/1994 | Mataró                     |
| 118 | Vanessa Rodríguez Gómez (1979)                    | SEN  | <b>15,5</b>  | -2' 8 | 22/05/1995 | Barcelona (Universitàries) |
| 119 | Olivia Llevat Pascual (2004)                      | S-16 | <b>15,96</b> | +0,1  | 05/05/2018 | Barcelona (Serrahima)      |
| 120 | Itziar Olivera Salas (2005)                       | S-16 | <b>15,98</b> | +0,6  | 13/04/2019 | Sant Celoni                |
| 121 | Beatriz Domínguez Ruiz (1965)                     | F50  | <b>16,07</b> | +0' 7 | 19/06/2016 | Manresa (C.CAT)            |
| 122 | Natalia Jiménez (1973)                            | SEN  | <b>15,9</b>  | <2    | 04/02/1989 | Mataró                     |
| 123 | Mari Cruz Hernández Fernández (1970)              | SEN  | <b>16,0</b>  | <2    | 11/09/1986 | Mataró                     |
| 124 | Lara Ballesteros García (2000)                    | S-18 | <b>16,32</b> | -1,1  | 29/04/2017 | Sant Celoni                |
| 125 | Laura González Fernández (2005)                   | S-16 | <b>16,36</b> | -0,4  | 13/04/2019 | Sant Celoni                |
| 126 | Vanessa Belmonte Moreno (1978)                    | SEN  | <b>16,37</b> | -0' 7 | 10/09/1995 | Mataró                     |
| 127 | Sarah Bax (2005)                                  | S-16 | <b>16,42</b> | -0,4  | 13/04/2019 | Sant Celoni                |
| 128 | Mónica Silva Bonito (1990)                        | SEN  | <b>16,3</b>  | -2' 9 | 16/04/2005 | Mollet                     |
| 129 | Mari Carmen Carmona ()                            | SEN  | <b>16,4</b>  | <2    | 01/01/1968 | Mataró                     |
| 130 | Cristina Manglano Pallarès (1976)                 | SEN  | <b>16,6</b>  | -4' 3 | 10/04/1994 | Granollers                 |
| 131 | Margarita Alzaga ()                               | SEN  | <b>17,4</b>  | <2    | 01/01/1968 | Mataró                     |

|     |                                             |     |             |       |            |         |
|-----|---------------------------------------------|-----|-------------|-------|------------|---------|
| 132 | M <sup>a</sup> Asunción Agustí Vives (1955) | SEN | <b>17,5</b> | <2    | 18/03/1972 | Calella |
| 133 | Encarnación Llerena Serrano (1955)          | SEN | <b>17,6</b> | <2    | 18/03/1972 | Calella |
| 134 | Laura Pineda Godas (1985)                   | SEN | <b>17,6</b> | -1' 8 | 17/05/2008 | Calella |

### (AL) 150 II

***Mínima 21"5***

|   |                                          |      | MARCA        | T_Real | V          |                       |
|---|------------------------------------------|------|--------------|--------|------------|-----------------------|
| 1 | Alba Grau Subirats (1996)                | SEN  | <b>19,49</b> | +0,6   | 22/09/2020 | Barcelona (Serrahima) |
| 2 | María Luisa Novo Ureña (1960)            | S-18 | <b>19,8</b>  | <2     | 31/03/1975 | Cornellà              |
| 3 | Marina Polo Leonard (2007)               | S-14 | <b>20,31</b> | -0,4   | 21/12/2019 | Barcelona (Serrahima) |
| 4 | Beatriz Delgado Castro (1967)            | S-20 | <b>20,5</b>  | <2     | 16/03/1986 | Granollers            |
| 5 | Mar Espartero Polino (2007)              | S-14 | <b>21,0</b>  |        | 11/05/2019 | Rubí                  |
| 6 | Maribel Trinidad Piñeiro Castilla (1965) | S-14 | <b>21,2</b>  | <2     | 15/10/1977 | Mataró                |
| 7 | Esmeralda Arriscado García (1976)        | S-14 | <b>21,2</b>  | <2     | 21/10/1989 | Barcelona (Serrahima) |
| 8 | Ariadna Martí Montes (2009)              | S-14 | <b>21,47</b> |        | 21/02/2021 | Granollers            |

### (AL) 200 II

|    |                                   |      | MARCA        | T_Real | V          |                       |
|----|-----------------------------------|------|--------------|--------|------------|-----------------------|
| 1  | Esmeralda Arriscado García (1976) | S-18 | <b>26,29</b> | -0' 3  | 03/07/1993 | Mataró                |
| 2  | Betania Duarte Candau (1979)      | S-20 | <b>26,33</b> | -0' 1  | 09/07/1997 | Barcelona (Serrahima) |
| 3  | Sara Dorda Sans (1997)            | S-18 | <b>26,44</b> | +1' 4  | 09/07/2014 | Barcelona (Serrahima) |
| 4  | Katinka Rosés Bécker (1973)       | S-18 | <b>26,3</b>  | -1' 3  | 18/02/1990 | Barcelona (Serrahima) |
| 5  | Alba Grau Subirats (1996)         | SEN  | <b>26,71</b> | +0,1   | 15/06/2019 | Gavà                  |
| 6  | María Luisa Novo Ureña (1960)     | S-18 | <b>26,5</b>  | <2     | 03/07/1976 | Manresa               |
| 7  | Jana Hanackova (1978)             | SEN  | <b>26,5</b>  | -0' 5  | 01/05/2005 | Mollet                |
| 8  | Esther Ruiz Boix (1959)           | S-18 | <b>26,6</b>  | <2     | 12/06/1976 | Zaragoza              |
| 9  | Laura Sabater Alberts (1976)      | S-18 | <b>26,7</b>  | -0' 3  | 31/01/1993 | Lloret                |
| 10 | Anna Boixet Moner (2004)          | S-18 | <b>27,01</b> | 0,0    | 29/07/2020 | Gavà                  |
| 11 | Edith Godoy Martínez (2004)       | S-16 | <b>27,19</b> | -0,7   | 14/04/2019 | Sant Celoni           |
| 12 | Joaquina Palma Culebras (1971)    | S-18 | <b>27,0</b>  | <2     | 03/05/1987 | Mataró                |
| 13 | Manuela Reboredo Donato (1995)    | S-18 | <b>27,39</b> | 0' 0   | 08/06/2011 | Barcelona (Serrahima) |
| 14 | Ursula Soetekou (1964)            | S-23 | <b>27,3</b>  | <2     | 25/05/1985 | Barcelona (Serrahima) |
| 15 | Carme Bruguera Busquets (1972)    | S-18 | <b>27,3</b>  | <2     | 29/05/1988 | Badalona              |
| 16 | Judith Adalid Casado (1976)       | S-18 | <b>27,4</b>  | 0' 0   | 26/04/1992 | Sant Boi              |
| 17 | Meritxell Filbà Estrader (1971)   | S-23 | <b>27,68</b> | -1' 6  | 11/07/1992 | Alcorcón              |
| 18 | Franzi Rosés Bécker (1975)        | S-18 | <b>27,6</b>  | 0' 0   | 26/04/1992 | Sant Boi              |
| 19 | Elena Villasur Millán (1972)      | S-18 | <b>27,7</b>  | <2     | 30/04/1989 | Sant Celoni           |
| 20 | Laia Garcés Ballester (2003)      | S-16 | <b>28,00</b> | +0,5   | 21/04/2018 | Sant Celoni           |
| 21 | Eugenia García Sánchez (1968)     | S-18 | <b>27,9</b>  | <2     | 23/05/1985 | Barcelona (Serrahima) |
| 22 | Marina Bardají Puig (1986)        | S-20 | <b>28,20</b> | -1' 5  | 06/06/2004 | Sabadell              |
| 23 | Vanessa Vivas Lirola (1979)       | S-18 | <b>28,30</b> | +1' 7  | 16/06/1996 | Barcelona (Serrahima) |
| 24 | Ruth Díaz Calaf (1999)            | S-16 | <b>28,30</b> | +1' 3  | 05/05/2013 | Barcelona (Can Dragó) |
| 25 | Sofía Sanz Fidalgo (1999)         | S-18 | <b>28,42</b> | +0' 7  | 29/05/2016 | Mataró                |
| 26 | Encarna Serrano de Maya (1967)    | S-20 | <b>28,2</b>  | <2     | 17/08/1985 | Sant Celoni           |
| 27 | Ester González Gálvez (1978)      | S-18 | <b>28,2</b>  | -2' 8  | 09/04/1995 | Mataró                |
| 28 | Montse Capel Hernández (1958)     | F40  | <b>28,67</b> | 1,4    | 07/06/2003 | Cornellà              |
| 29 | Neus Aran Planas (1980)           | SEN  | <b>28,5</b>  | -1' 3  | 15/06/2003 | Mataró                |

|    |                                                   |      |              |       |            |                       |
|----|---------------------------------------------------|------|--------------|-------|------------|-----------------------|
| 30 | Maite Villaverde Pastor (1970)                    | S-16 | <b>28,6</b>  | <2    | 20/04/1985 | Barcelona (Serrahima) |
| 31 | Sonia Torres Notario (1991)                       | S-18 | <b>28,86</b> | +0' 2 | 20/05/2007 | El Prat               |
| 32 | Ariadna Ollé Rovira (2000)                        | S-18 | <b>28,95</b> | +0' 1 | 16/04/2016 | Mataró                |
| 33 | Yolanda Guerrero Serrano (1967)                   | S-20 | <b>28,8</b>  | <2    | 25/05/1986 | Mataró                |
| 34 | Consuelo López Rodríguez (1969)                   | S-23 | <b>28,8</b>  | 0' 0  | 14/04/1991 | Lloret                |
| 35 | M <sup>a</sup> del Pilar Alvarez Ciendones (1978) | S-18 | <b>28,8</b>  | +1' 9 | 05/06/1994 | Lleida                |
| 36 | Carla Alfonso Mihi (2002)                         | S-18 | <b>29,08</b> | +1,9  | 27/05/2018 | Barcelona (Serrahima) |
| 37 | Laura Serrano Encinas (1984)                      | S-23 | <b>29,11</b> | -0' 4 | 08/04/2006 | l' Hospitalet         |
| 38 | Vanessa Lozano Álvarez (1979)                     | S-20 | <b>28,9</b>  | -0' 8 | 25/05/1997 | Barcelona (Serrahima) |
| 39 | Beatriz Delgado Castro (1967)                     | S-20 | <b>29,1</b>  | <2    | 13/04/1986 | Cornellà              |
| 40 | Laila Ruth Vivas Glaser (1995)                    | S-20 | <b>29,38</b> | -1' 4 | 14/04/2013 | Palafrugell           |
| 41 | Mercè Sánchez Oller (2002)                        | S-16 | <b>29,43</b> | +1,6  | 07/05/2017 | Santa Coloma Gramanet |
| 42 | Mercè Boixet Pujalt (1946)                        | S-23 | <b>29,2</b>  | <2    | 01/06/1966 | Barcelona (Montjuic)  |
| 43 | Carla Rodríguez Roca (1999)                       | S-16 | <b>29,54</b> | 0' 0  | 04/05/2014 | Rubí                  |
| 44 | M <sup>a</sup> Isabel Pozo Martínez (1978)        | S-20 | <b>29,70</b> | -1' 8 | 06/04/1997 | Sant Celoni           |
| 45 | Yolanda Agulló Burgi (1968)                       | S-18 | <b>29,6</b>  | <2    | 23/04/1984 | Badalona              |
| 46 | Eva Navarro Cruañas (1970)                        | S-16 | <b>29,6</b>  | <2    | 25/05/1985 | Barcelona (Serrahima) |
| 47 | Lauren Baker Iguaz (1996)                         | S-18 | <b>29,91</b> | -2' 8 | 31/03/2012 | Palafrugell           |
| 48 | Núria Andrés Bonnin (1991)                        | S-18 | <b>30,07</b> | +0' 5 | 27/05/2007 | Barcelona (Serrahima) |
| 49 | Xènia Pelegrí Guilleme (1988)                     | S-18 | <b>29,9</b>  | +1' 7 | 25/04/2004 | Lloret                |
| 50 | M <sup>a</sup> Helena Gaeta Monleón (1971)        | F40  | <b>30,21</b> | 1,9   | 08/06/2014 | Mollet                |
| 51 | Montserrat Bravo Ortiz (1968)                     | S-23 | <b>30,0</b>  | <2    | 31/01/1988 | Barcelona (Serrahima) |
| 52 | Maribel González Madueño (1978)                   | S-20 | <b>30,0</b>  | +0' 3 | 22/06/1996 | Lloret                |
| 53 | Natalia Millán Ríos (1976)                        | F40  | <b>30,27</b> | -0,1  | 08/04/2017 | Vic                   |
| 54 | Laura Martínez Vera (1975)                        | S-20 | <b>30,29</b> | -0' 8 | 03/07/1993 | Mataró                |
| 55 | María del Valle Alcaide Pardal (1957)             | S-18 | <b>30,2</b>  | <2    | 01/01/1974 | s/d                   |
| 56 | Anna Parella Comas (1967)                         | S-20 | <b>30,2</b>  | <2    | 20/01/1985 | Barcelona (Serrahima) |
| 57 | Rosario Rodríguez Joyas (1967)                    | S-20 | <b>30,2</b>  | <2    | 20/04/1985 | Barcelona (Serrahima) |
| 58 | Yolanda Guerrero González (1967)                  | S-23 | <b>30,4</b>  | <2    | 15/02/1987 | Barcelona (Serrahima) |
| 59 | Esther Castro Muñoz (1991)                        | S-20 | <b>30,6</b>  | +1' 9 | 17/04/2010 | Barcelona (Can Dragó) |
| 60 | Laura Pelegrí Guilleme (1993)                     | S-18 | <b>30,6</b>  | -0' 6 | 16/05/2010 | Barcelona (Can Dragó) |
| 61 | Eva Sans Cruces (1976)                            | F40  | <b>30,94</b> | 0,0   | 13/09/2020 | Reus                  |
| 62 | Raquel Pérez Pérez (1989)                         | S-20 | <b>31,00</b> | -1' 0 | 20/05/2007 | El Prat               |
| 63 | Montserrat Lleont Vila (1949)                     | S-23 | <b>30,9</b>  | <2    | 25/03/1969 | Calella               |
| 64 | M <sup>a</sup> Dolores Montoro Gómez (1978)       | S-18 | <b>31,36</b> | -3' 2 | 10/09/1995 | Mataró                |
| 65 | Sandra Alonso Ruiz (1980)                         | SEN  | <b>31,40</b> | +0' 7 | 12/02/2006 | Barcelona (Serrahima) |
| 66 | Emma Olsz Ambit (1965)                            | F45  | <b>31,41</b> | -4,2  | 10/05/2014 | Barcelona (Mar Bella) |
| 67 | María Mas Bermejo (1994)                          | S-20 | <b>31,50</b> | -0' 6 | 15/04/2012 | Granollers            |
| 68 | Carmen Rodríguez Gómez (1970)                     | S-16 | <b>31,3</b>  | <2    | 23/03/1985 | Mataró                |
| 69 | Vanessa Lancho Corcobado (1979)                   | S-20 | <b>31,6</b>  | -2' 6 | 31/05/1998 | Mataró                |
| 70 | Gemma Lladó Obón (1990)                           | S-18 | <b>32,06</b> | -2' 5 | 08/04/2006 | l' Hospitalet         |
| 71 | Judit Fernández Vila (2001)                       | S-18 | <b>32,25</b> | -2,6  | 29/04/2017 | Sant Celoni           |
| 72 | Rosa M <sup>a</sup> Floris Doñate (1955)          | S-16 | <b>32,2</b>  | <2    | 25/03/1969 | Calella               |
| 73 | Encarnación Llerena Serrano (1955)                | S-18 | <b>32,2</b>  | <2    | 21/05/1972 | Cornellà              |
| 74 | Susana Pagès Marzo (1975)                         | F40  | <b>32,53</b> | -2,4  | 02/06/2019 | Barberà (C.CAT)       |

|    |                                    |      |              |       |            |                       |
|----|------------------------------------|------|--------------|-------|------------|-----------------------|
| 75 | Imma Villaverde Pastor (1968)      | S-18 | <b>32,4</b>  | <2    | 23/03/1985 | Mataró                |
| 76 | Dunia Jiménez Vela (1972)          | SEN  | <b>32,4</b>  | -2' 0 | 02/04/1995 | Tarragona             |
| 77 | Xantal Oller Soler (1968)          | F45  | <b>32,67</b> | -1' 4 | 19/06/2016 | Manresa (C.CAT)       |
| 78 | Maravillas Sánchez Martínez (1971) | SEN  | <b>32,5</b>  | <2    | 12/02/1989 | Barcelona (Serrahima) |
| 79 | Paula Amézaga Sisquella (1995)     | S-18 | <b>32,75</b> | -5' 3 | 15/05/2011 | El Prat               |
| 80 | Cristina Manglano Pallarès (1976)  | SEN  | <b>32,7</b>  | +1,9  | 05/06/1994 | Lleida                |
| 81 | Montserrat Carles Xapelli (1955)   | S-18 | <b>33,0</b>  | <2    | 11/05/1972 | Girona                |
| 82 | Anna Soles Suso (1969)             | S-18 | <b>33,3</b>  | <2    | 23/03/1985 | Mataró                |
| 83 | Begoña Blanco Martínez (1971)      | S-18 | <b>33,8</b>  | <2    | 02/07/1988 | Canet                 |
| 84 | Trini Torres Estella (1957)        | SEN  | <b>34,0</b>  | <2    | 04/04/1975 | Cornellà              |
| 85 | Beatriz Domínguez Ruiz (1965)      | F50  | <b>34,92</b> | +0,2  | 02/07/2017 | Barcelona (Can Dragó) |
| 86 | Marta Martínez Perich (1981)       | SEN  | <b>36,08</b> | -4' 2 | 17/04/1999 | Barcelona (Serrahima) |
| 87 | Immaculada Grau Borràs (1956)      | S-14 | <b>36,0</b>  | <2    | 25/03/1969 | Calella               |
| 88 | Paula Moreno Jurado (1997)         | S-20 | <b>36,26</b> | -1' 5 | 24/04/2016 | Mataró                |
| 89 | Carme Dalmau Fort (1952)           | S-18 | <b>36,6</b>  | <2    | 25/03/1969 | Calella               |
| 90 | Laura Pineda Godas (1985)          | SEN  | <b>37,75</b> | +1' 1 | 20/06/2007 | Barcelona (Serrahima) |

### **(AL) 300 II**

***Mínima 47"***

|    |                                                   |      | MARCA        | T_Real | V          |                       |
|----|---------------------------------------------------|------|--------------|--------|------------|-----------------------|
| 1  | Edith Godoy Martínez (2004)                       | S-16 | <b>41,67</b> |        | 06/07/2019 | Gijón (C.ESP)         |
| 2  | María Luisa Novo Ureña (1960)                     | S-16 | <b>42,2</b>  |        | 28/06/1975 | Toledo                |
| 3  | Katinka Rosés Bécker (1973)                       | S-18 | <b>42,2</b>  |        | 27/05/1989 | Barcelona (Serrahima) |
| 4  | Sara Dorda Sans (1997)                            | S-16 | <b>42,47</b> |        | 01/05/2012 | El Prat               |
| 5  | Esmeralda Arriscado García (1976)                 | S-18 | <b>42,6</b>  |        | 14/03/1992 | Mataró                |
| 6  | Ester González Gálvez (1978)                      | S-16 | <b>42,8</b>  |        | 03/04/1993 | Barcelona (Serrahima) |
| 7  | Judith Adalid Casado (1976)                       | S-18 | <b>43,0</b>  |        | 29/02/1992 | Mataró                |
| 8  | Franzi Rosés Bécker (1975)                        | S-16 | <b>43,3</b>  |        | 10/03/1990 | Mataró                |
| 9  | Laura Sabater Alberts (1976)                      | S-18 | <b>43,7</b>  |        | 08/06/1992 | Barcelona (Can Dragó) |
| 10 | Anna Boixet Moner (2004)                          | S-16 | <b>44,10</b> |        | 25/05/2019 | Mollet                |
| 11 | Carme Bruguera Busquets (1972)                    | S-16 | <b>44,2</b>  |        | 11/07/1987 | Sant Celoni           |
| 12 | Esther Ruiz Boix (1959)                           | S-16 | <b>44,7</b>  |        | 01/01/1974 | s/d                   |
| 13 | Oumaima Blal Lahlimi (1997)                       | S-16 | <b>45,04</b> |        | 31/03/2012 | Terrassa              |
| 14 | Laia Garcés Ballester (2003)                      | S-16 | <b>45,3</b>  |        | 23/09/2017 | Rubí                  |
| 15 | Ruth Díaz Calaf (1999)                            | S-16 | <b>45,58</b> |        | 12/05/2013 | El Prat               |
| 16 | Irene Reboredo Donato (1999)                      | S-16 | <b>45,61</b> |        | 13/04/2013 | El Prat               |
| 17 | Eva Prieto Jiménez (1973)                         | S-16 | <b>45,9</b>  |        | 28/02/1988 | Barcelona (Serrahima) |
| 18 | Sonia Torres Notario (1991)                       | S-16 | <b>45,9</b>  |        | 20/05/2006 | Mataró                |
| 19 | M <sup>a</sup> del Pilar Alvarez Ciendones (1978) | S-16 | <b>46,1</b>  |        | 06/02/1993 | Mataró                |
| 20 | Teresa Valero Martínez (1976)                     | S-16 | <b>46,3</b>  |        | 04/05/1991 | Mataró                |
| 21 | Alba Torrejón García (1993)                       | S-16 | <b>46,3</b>  |        | 19/05/2007 | Mataró                |
| 22 | Selene Urbano Navarro (1992)                      | S-16 | <b>46,53</b> |        | 27/05/2007 | El Prat               |
| 23 | Vanessa Vivas Lirola (1979)                       | S-16 | <b>46,4</b>  |        | 11/06/1994 | Sabadell              |
| 24 | Mercè Estivill Pascual (1964)                     | S-14 | <b>46,6</b>  |        | 01/01/1977 | s/d                   |
| 25 | Rocío Moreno Jiménez (1992)                       | S-16 | <b>46,8</b>  |        | 20/05/2006 | Mataró                |
| 26 | Anna Cano Moure (2001)                            | S-16 | <b>46,8</b>  |        | 22/11/2014 | Mataró                |



**(AL) 400 II**

|    |                                                   |      | MARCA           | T_Real | V                                     |
|----|---------------------------------------------------|------|-----------------|--------|---------------------------------------|
| 1  | Sara Dorda Sans (1997)                            | S-18 | <b>56,44</b>    |        | 20/07/2014 Valladolid                 |
| 2  | Esmeralda Arriscado García (1976)                 | S-18 | <b>59,4</b>     |        | 17/07/1993 Barcelona (Serrahima)      |
| 3  | Judith Marín Alcoverro (1977)                     | S-23 | <b>01:00,11</b> |        | 12/06/1999 Barcelona (Serrahima)      |
| 4  | Encarna Serrano de Maya (1967)                    | S-20 | <b>01:00,4</b>  |        | 16/06/1985 Badalona                   |
| 5  | Ariadna Ollé Rovira (2000)                        | S-18 | <b>01:00,62</b> |        | 03/06/2017 Lloret (C.CAT)             |
| 6  | Anna Boixet Moner (2004)                          | S-18 | <b>01:00,67</b> |        | 26/09/2020 Igualada (C.CAT)           |
| 7  | Ester González Gálvez (1978)                      | S-16 | <b>01:00,8</b>  |        | 06/06/1993 Barcelona (Can Dragó)      |
| 8  | Oumaima Blal Lahlimi (1997)                       | S-18 | <b>01:01,13</b> |        | 19/06/2013 Barcelona (Serrahima)      |
| 9  | Beatriz Delgado Castro (1967)                     | S-20 | <b>01:01,3</b>  |        | 20/04/1985 Sant Celoni                |
| 10 | Vanessa Vivas Lirola (1979)                       | S-20 | <b>01:01,47</b> |        | 12/07/1997 Barcelona (Serrahima)      |
| 11 | María Luisa Novo Ureña (1960)                     | S-18 | <b>01:01,4</b>  |        | 10/07/1976 Manresa                    |
| 12 | Jana Hanackova (1978)                             | SEN  | <b>01:01,4</b>  |        | 22/05/2005 Calella                    |
| 13 | Elisabeth Martínez Montesinos (1980)              | SEN  | <b>01:01,60</b> |        | 18/12/2004 Barcelona (Can Dragó)      |
| 14 | Judith Adalid Casado (1976)                       | S-18 | <b>01:01,8</b>  |        | 11/04/1992 Terrassa                   |
| 15 | Elena Villasur Millán (1972)                      | S-20 | <b>01:02,0</b>  |        | 25/02/1990 Barcelona (Serrahima)      |
| 16 | Laila Ruth Vivas Glaser (1995)                    | S-20 | <b>01:02,44</b> |        | 13/04/2014 Mataró                     |
| 17 | Katinka Rosés Bécker (1973)                       | S-18 | <b>01:02,5</b>  |        | 04/02/1990 Barcelona (Serrahima)      |
| 18 | Laura Sabater Alberts (1976)                      | S-18 | <b>01:02,7</b>  |        | 11/04/1992 Terrassa                   |
| 19 | Imma Pinto Salinas (1967)                         | S-20 | <b>01:03,4</b>  |        | 13/04/1986 Cornellà                   |
| 20 | Ursula Soetekou (1964)                            | S-23 | <b>01:03,7</b>  |        | 10/03/1985 Granollers                 |
| 21 | Betania Duarte Candau (1979)                      | S-20 | <b>01:03,93</b> |        | 13/04/1997 Granollers                 |
| 22 | Laura Martín Ortiz (1978)                         | S-18 | <b>01:03,9</b>  |        | 20/05/1995 Manresa                    |
| 23 | Mercè Macià Armengol (1956)                       | S-16 | <b>01:04,3</b>  |        | 24/10/1971 Barcelona (Universitàries) |
| 24 | M <sup>a</sup> Isabel Pozo Martínez (1978)        | S-18 | <b>01:04,6</b>  |        | 24/02/1995 Mataró                     |
| 25 | Laura Pelegrí Guilleme (1993)                     | S-23 | <b>01:05,09</b> |        | 10/07/2013 Barcelona (Serrahima)      |
| 26 | María del Valle Alcaide Pardal (1957)             | S-16 | <b>01:05,4</b>  |        | 30/06/1971 Barcelona (Universitàries) |
| 27 | Neus Aran Planas (1980)                           | SEN  | <b>01:05,67</b> |        | 22/04/2007 Mataró                     |
| 28 | Carme Bruguera Busquets (1972)                    | S-18 | <b>01:05,7</b>  |        | 30/04/1989 Sant Celoni                |
| 29 | Esther Castro Muñoz (1991)                        | S-23 | <b>01:05,88</b> |        | 15/05/2011 El Prat                    |
| 30 | Eva Navarro Cruañas (1970)                        | S-16 | <b>01:06,0</b>  |        | 29/06/1985 Granollers                 |
| 31 | Carmen Pérez Merino (1964)                        | SEN  | <b>01:06,7</b>  |        | 15/05/1988 Mataró                     |
| 32 | Montse Capel Hernández (1958)                     | F40  | <b>01:06,88</b> |        | 20/06/2003 Tarragona                  |
| 33 | M <sup>a</sup> del Pilar Alvarez Ciendones (1978) | S-16 | <b>01:07,0</b>  |        | 25/04/1993 Manresa                    |
| 34 | M <sup>a</sup> Helena Gaeta Monleón (1971)        | F40  | <b>01:07,17</b> |        | 13/04/2014 Mataró                     |
| 35 | Mercè Sánchez Oller (2002)                        | S-18 | <b>01:07,52</b> |        | 11/05/2019 Barcelona (Can Dragó)      |
| 36 | Eva Sans Cruces (1976)                            | F40  | <b>01:08,22</b> |        | 06/04/2019 Sant Celoni                |
| 37 | Yolanda Agulló Burgi (1968)                       | S-18 | <b>01:08,5</b>  |        | 26/05/1984 Sant Celoni                |
| 38 | Sandra Graupera Padrós (1974)                     | S-18 | <b>01:08,8</b>  |        | 20/05/1990 Badalona                   |
| 39 | Sandra Alonso Ruiz (1980)                         | SEN  | <b>01:08,8</b>  |        | 09/05/2004 Granollers                 |
| 40 | Maribel González Madueño (1978)                   | S-20 | <b>01:09,0</b>  |        | 14/04/1996 Mataró                     |
| 41 | Rut Coll Serra (1974)                             | F40  | <b>01:09,36</b> |        | 02/06/2019 Barberà (C.CAT)            |
| 42 | Montserrat Bravo Ortiz (1968)                     | S-23 | <b>01:09,4</b>  |        | 29/05/1988 Badalona                   |



|    |                                               |      |                 |            |                       |
|----|-----------------------------------------------|------|-----------------|------------|-----------------------|
| 43 | Eva Cabeza Sabatell (1972)                    | S-16 | <b>01:09,8</b>  | 26/04/1987 | Granollers            |
| 44 | Begoña Blanco Martínez (1971)                 | S-20 | <b>01:09,9</b>  | 09/04/1989 | Badalona              |
| 45 | Meritxell Bach Codina (1969)                  | S-18 | <b>01:10,1</b>  | 14/04/1985 | Granollers            |
| 46 | Sussanna Sabater Alberts (1978)               | S-16 | <b>01:10,1</b>  | 18/10/1992 | Mataró                |
| 47 | Anna Marín León (1986)                        | S-18 | <b>01:10,2</b>  | 04/05/2003 | Barcelona (Can Dragó) |
| 48 | Lidia Santiago Acién (1983)                   | S-18 | <b>01:10,45</b> | 17/04/1999 | Barcelona (Serrahima) |
| 49 | Teresa Valero Martínez (1976)                 | S-16 | <b>01:10,4</b>  | 08/06/1991 | Mollet                |
| 50 | Eugenia García Sánchez (1968)                 | S-16 | <b>01:10,6</b>  | 29/05/1983 | Calella               |
| 51 | María Mas Bermejo (1994)                      | SEN  | <b>01:10,84</b> | 23/04/2017 | Mataró                |
| 52 | Carmen Bosch Palacios (1955)                  | S-18 | <b>01:11,5</b>  | 19/03/1975 | Calella               |
| 53 | Mariana Martínez de Sanjosé (1973)            | S-16 | <b>01:11,7</b>  | 29/05/1988 | Badalona              |
| 54 | Carmen Martínez de Sanjosé (1975)             | S-16 | <b>01:11,7</b>  | 01/05/1990 | Sant Celoni           |
| 55 | Dolores Pinsach Elías (1946)                  | S-20 | <b>01:12,0</b>  | 24/06/1965 | Barcelona             |
| 56 | Montserrat Lluís Rodríguez (1959)             | S-14 | <b>01:12,0</b>  | 08/10/1972 | Mataró                |
| 57 | Lidia Solé Pérez (1974)                       | S-16 | <b>01:12,0</b>  | 21/05/1989 | Mataró                |
| 58 | Mónica Requena Navarro (1976)                 | S-18 | <b>01:12,2</b>  | 06/06/1992 | Mataró                |
| 59 | Esther Bonilla Ciller (1976)                  | S-23 | <b>01:12,4</b>  | 31/05/1998 | Mataró                |
| 60 | Dunia Jiménez Vela (1972)                     | SEN  | <b>01:12,8</b>  | 14/05/1995 | Granollers            |
| 61 | Encarnación Llerena Serrano (1955)            | S-18 | <b>01:13,2</b>  | 04/06/1972 | Barcelona (Serrahima) |
| 62 | Clara Hernández Cortés (1976)                 | F40  | <b>01:14,27</b> | 10/06/2018 | Mollet (C.CAT)        |
| 63 | Carina Viñuela Pastor (1968)                  | S-18 | <b>01:14,4</b>  | 24/02/1985 | Barcelona (Serrahima) |
| 64 | Aida Artigas Tizón (1984)                     | SEN  | <b>01:14,8</b>  | 18/04/2004 | Lloret                |
| 65 | Mar Margarit Ríos (1993)                      | S-20 | <b>01:15,02</b> | 13/05/2012 | Barcelona (Serrahima) |
| 66 | Silvia Girona Brugal (1972)                   | SEN  | <b>01:15,87</b> | 16/05/1998 | Granollers            |
| 67 | Carme Dalmau Fort (1952)                      | SEN  | <b>01:17,7</b>  | 08/10/1972 | Granollers            |
| 68 | Rosa M <sup>a</sup> Rubio Abella (1961)       | F45  | <b>01:18,0</b>  | 19/06/2008 | Barcelona (Can Dragó) |
| 69 | Paula Moreno Jurado (1997)                    | S-23 | <b>01:18,15</b> | 21/06/2017 | Barcelona (Serrahima) |
| 70 | Montserrat Carles Xapelli (1955)              | S-18 | <b>01:18,1</b>  | 18/06/1972 | Vic                   |
| 71 | Maria Esther Muñoz Donoso (1991)              | S-18 | <b>01:18,1</b>  | 12/05/2007 | Mataró                |
| 72 | M <sup>a</sup> Angels Alabarce Ledesma (1969) | S-16 | <b>01:19,2</b>  | 27/05/1984 | Mataró                |
| 73 | Anna Soles Suso (1969)                        | S-18 | <b>01:20,0</b>  | 08/06/1985 | Barcelona (Serrahima) |
| 74 | Marina Agís Meca (1962)                       | F35  | <b>01:25,61</b> | 17/04/1999 | Barcelona (Serrahima) |
| 75 | Mireia Monago Fernández (1980)                | S-12 | <b>01:26,6</b>  | 18/10/1991 | Mataró                |
| 76 | Natalia Calvache Álvarez (2010)               | S-8F | <b>01:27,5</b>  | 19/11/2016 | Barcelona (Can Dragó) |
| 77 | Sara Lobato Durán (2012)                      | S-8F | <b>01:33,21</b> | 28/09/2019 | Barcelona (Serrahima) |
| 78 | Ariadna Sánchez Corominas (2012)              | S-8F | <b>01:33,54</b> | 28/09/2019 | Barcelona (Serrahima) |
| 79 | Gloria Monreal Gallego (1940)                 | F50  | <b>01:34,0</b>  | 18/10/1992 | Mataró                |
| 80 | Júlia García Rico (2011)                      | S-8F | <b>01:35,04</b> | 25/11/2017 | Barcelona (Serrahima) |
| 81 | María Fonseca Borreguero (1948)               | F40  | <b>01:35,4</b>  | 18/10/1992 | Mataró                |
| 82 | Martina Galeote Carro (2010)                  | S-8F | <b>01:37,1</b>  | 19/11/2016 | Barcelona (Can Dragó) |
| 83 | Khloe Pereira Sánchez (2014)                  | S-6F | <b>01:44,42</b> | 28/09/2019 | Barcelona (Serrahima) |
| 84 | Sara Palomino Amores (2010)                   | S-8F | <b>01:49,3</b>  | 19/11/2016 | Barcelona (Can Dragó) |
| 85 | Laia Ruiz-Ruano Morgado (2013)                | S-8F | <b>01:49,67</b> | 28/09/2019 | Barcelona (Serrahima) |
| 86 | Susana Cabanillas Fonseca (1981)              | SEN  | <b>01:49,8</b>  | 18/10/1992 | Mataró                |
| 87 | Marina Tavares Llorens (2012)                 | S-8F | <b>01:51,69</b> | 25/11/2017 | Barcelona (Serrahima) |

|    |                                 |      |                 |            |                       |
|----|---------------------------------|------|-----------------|------------|-----------------------|
| 88 | Abril Ruiz-Ruano Morgado (2010) | S-8F | <b>02:00,0</b>  | 19/11/2016 | Barcelona (Can Dragó) |
| 89 | Águeda Lastras Radresa (2010)   | S-8F | <b>02:00,1</b>  | 19/11/2016 | Barcelona (Can Dragó) |
| 90 | Anabel Romero García (2012)     | S-8F | <b>02:24,38</b> | 25/11/2017 | Barcelona (Serrahima) |

### **(AL) 500 II**

***Mínima 1'35"***

|    |                                                   |      | MARCA           | T_Real     | V                     |
|----|---------------------------------------------------|------|-----------------|------------|-----------------------|
| 1  | Elisabet Vivas Lirola (1981)                      | S-14 | <b>01:23,9</b>  | 26/03/1994 | Mataró                |
| 2  | Betania Duarte Candau (1979)                      | S-16 | <b>01:24,0</b>  | 13/03/1993 | Mataró                |
| 3  | M <sup>a</sup> del Pilar Alvarez Ciendones (1978) | S-16 | <b>01:25,73</b> | 30/05/1992 | El Prat               |
| 4  | Vanessa Vivas Lirola (1979)                       | S-16 | <b>01:25,8</b>  | 28/03/1993 | Mataró                |
| 5  | Vanessa González Gálvez (1980)                    | S-16 | <b>01:26,3</b>  | 26/03/1994 | Mataró                |
| 6  | Elena González Laguna (1978)                      | S-16 | <b>01:28,7</b>  | 07/03/1992 | Mataró                |
| 7  | Sussanna Sabater Alberts (1978)                   | S-16 | <b>01:30,4</b>  | 04/04/1992 | Mataró                |
| 8  | Verónica Fernández Lirola (1978)                  | S-16 | <b>01:31,1</b>  | 04/04/1992 | Mataró                |
| 9  | Sonia Pozo Martínez (1978)                        | S-16 | <b>01:31,5</b>  | 07/03/1992 | Mataró                |
| 10 | M <sup>a</sup> Isabel Pozo Martínez (1978)        | S-16 | <b>01:32,2</b>  | 15/02/1992 | Mataró                |
| 11 | Vanessa Lancho Corcobado (1979)                   | S-16 | <b>01:33,8</b>  | 09/10/1993 | Barcelona (Serrahima) |
| 12 | M <sup>a</sup> Victoria Calvache López (1978)     | S-16 | <b>01:34,3</b>  | 25/01/1992 | Mataró                |

### **(AL) 600 II**

***Mínima 1'50"***

|    |                                                   |      | MARCA           | T_Real     | V                     |
|----|---------------------------------------------------|------|-----------------|------------|-----------------------|
| 1  | Sara Dorda Sans (1997)                            | S-16 | <b>01:38,32</b> | 01/07/2012 | Castelló              |
| 2  | Vanessa Vivas Lirola (1979)                       | S-18 | <b>01:39,5</b>  | 22/04/1995 | l' Hospitalet         |
| 3  | Laura Martín Ortiz (1978)                         | S-18 | <b>01:41,0</b>  | 21/05/1994 | El Prat               |
| 4  | Oumaima Blal Lahlimi (1997)                       | S-23 | <b>01:41,73</b> | 21/04/2012 | Gavà                  |
| 5  | Ester González Gálvez (1978)                      | S-16 | <b>01:42,0</b>  | 20/02/1993 | Barcelona (Serrahima) |
| 6  | Sara Adjar Najjaoui (2004)                        | S-16 | <b>01:42,06</b> | 28/04/2018 | Barcelona (Serrahima) |
| 7  | Esmeralda Arriscado García (1976)                 | S-18 | <b>01:42,30</b> | 24/05/1992 | Sant Boi              |
| 8  | Betania Duarte Candau (1979)                      | S-18 | <b>01:43,1</b>  | 20/05/1995 | Barcelona (Serrahima) |
| 9  | Sussanna Sabater Alberts (1978)                   | S-16 | <b>01:45,60</b> | 24/04/1993 | Terrassa              |
| 10 | Vanessa González Gálvez (1980)                    | S-16 | <b>01:46,0</b>  | 01/04/1995 | Mataró                |
| 11 | Mercè Sánchez Oller (2002)                        | S-16 | <b>01:46,08</b> | 29/04/2017 | Sant Celoni           |
| 12 | Alana Ordoyo Conroy (2005)                        | S-16 | <b>01:46,95</b> | 25/05/2019 | Mollet                |
| 13 | Martina Collet Bertran (2004)                     | S-16 | <b>01:47,65</b> | 27/04/2019 | Barcelona (Serrahima) |
| 14 | M <sup>a</sup> del Pilar Alvarez Ciendones (1978) | S-16 | <b>01:48,0</b>  | 03/04/1993 | Mataró                |
| 15 | Esther Castro Muñoz (1991)                        | S-16 | <b>01:48,7</b>  | 20/05/2006 | Mataró                |
| 16 | Verónica Fernández Lirola (1978)                  | S-18 | <b>01:48,8</b>  | 30/04/1994 | Mataró                |
| 17 | Alba Torrejón García (1993)                       | S-16 | <b>01:48,94</b> | 27/05/2007 | El Prat               |
| 18 | Elisabet Vivas Lirola (1981)                      | S-14 | <b>01:49,3</b>  | 05/06/1993 | El Prat               |
| 19 | Mar Espartero Polino (2007)                       | S-16 | <b>01:49,39</b> | 20/02/2021 | Castellar del Vallès  |
| 20 | Noelia Valencia Rodríguez (1992)                  | S-16 | <b>01:49,6</b>  | 20/05/2006 | Mataró                |
| 21 | Laia Garcés Ballester (2003)                      | S-16 | <b>01:49,7</b>  | 21/10/2017 | Manresa               |
| 22 | Ariadna Rovira González (2006)                    | S-14 | <b>01:49,8</b>  | 15/12/2018 | Santa Coloma Gramanet |
| 23 | Judith Adalid Casado (1976)                       | S-14 | <b>01:50,0</b>  | 23/05/1988 | Barcelona (Serrahima) |

**(AL) 800 II**

|    |                                            |      | MARCA           | T_Real | V                                     |
|----|--------------------------------------------|------|-----------------|--------|---------------------------------------|
| 1  | Encarna Serrano de Maya (1967)             | S-20 | <b>02:16,48</b> |        | 27/07/1985 Granollers                 |
| 2  | Judith Marín Alcoverro (1977)              | S-23 | <b>02:16,63</b> |        | 05/06/1999 Barcelona (Can Dragó)      |
| 3  | Oumaima Blal Lahlimi (1997)                | S-18 | <b>02:18,27</b> |        | 11/05/2013 Mollet                     |
| 4  | Imma Pinto Salinas (1967)                  | S-20 | <b>02:18,8</b>  |        | 03/05/1986 Barcelona (Serrahima)      |
| 5  | Laila Ruth Vivas Glaser (1995)             | S-20 | <b>02:18,88</b> |        | 26/06/2013 Barcelona (Serrahima)      |
| 6  | Laura Pelegrí Guilleme (1993)              | SEN  | <b>02:20,43</b> |        | 16/07/2017 Lloret                     |
| 7  | Vanessa Vivas Lirola (1979)                | S-18 | <b>02:21,2</b>  |        | 02/06/1996 Barcelona (Serrahima)      |
| 8  | Mònica Espinàs Martínez (1967)             | S-23 | <b>02:22,3</b>  |        | 03/05/1987 Mataró                     |
| 9  | Maria Tió Batllori (1958)                  | SEN  | <b>02:23,5</b>  |        | 16/06/1985 Badalona                   |
| 10 | Laura Martín Ortiz (1978)                  | S-18 | <b>02:24,7</b>  |        | 24/04/1994 Mataró                     |
| 11 | Esmeralda Arriscado García (1976)          | S-18 | <b>02:24,9</b>  |        | 07/03/1993 Barcelona (Serrahima)      |
| 12 | Verónica Fernández Lirola (1978)           | S-23 | <b>02:24,91</b> |        | 14/06/1998 Barcelona (Serrahima)      |
| 13 | Mercè Sánchez Oller (2002)                 | S-18 | <b>02:25,49</b> |        | 26/06/2019 Barcelona (Serrahima)      |
| 14 | Ariadna Ollé Rovira (2000)                 | S-18 | <b>02:25,65</b> |        | 29/04/2017 Sant Celoni                |
| 15 | Betania Duarte Candau (1979)               | S-18 | <b>02:25,82</b> |        | 01/06/1996 Barcelona (Serrahima)      |
| 16 | M <sup>a</sup> Helena Gaeta Monleón (1971) | F35  | <b>02:28,87</b> |        | 29/05/2010 Barcelona (Can Dragó)      |
| 17 | Meritxell Filbà Estrader (1971)            | S-23 | <b>02:29,26</b> |        | 14/07/1991 Sant Boi                   |
| 18 | Beatriz Delgado Castro (1967)              | S-23 | <b>02:29,6</b>  |        | 04/04/1987 Barcelona (Universitàries) |
| 19 | Ester González Gálvez (1978)               | S-16 | <b>02:29,7</b>  |        | 25/04/1993 Manresa                    |
| 20 | Esther Castro Muñoz (1991)                 | S-23 | <b>02:31,35</b> |        | 03/05/2012 Barcelona (Can Dragó)      |
| 21 | Encarnación Duro Cantero (1962)            | S-16 | <b>02:31,6</b>  |        | 14/07/1977 Barcelona (Serrahima)      |
| 22 | Joana Filbà Estrader (1973)                | S-16 | <b>02:32,1</b>  |        | 15/05/1988 Mataró                     |
| 23 | Elena Villasur Millán (1972)               | SEN  | <b>02:32,10</b> |        | 22/01/1995 Barcelona (Serrahima)      |
| 24 | Sussanna Sabater Alberts (1978)            | S-16 | <b>02:32,2</b>  |        | 06/06/1993 Barcelona (Can Dragó)      |
| 25 | María Luisa Novo Ureña (1960)              | S-18 | <b>02:32,3</b>  |        | 01/11/1975 Mataró                     |
| 26 | Sandra Alonso Ruiz (1980)                  | SEN  | <b>02:32,83</b> |        | 04/07/2007 Barcelona (Serrahima)      |
| 27 | M <sup>a</sup> Isabel Pozo Martínez (1978) | S-18 | <b>02:32,90</b> |        | 22/01/1995 Barcelona (Serrahima)      |
| 28 | Vanessa Lancho Corcobado (1979)            | S-18 | <b>02:33,60</b> |        | 21/04/1996 Sant Celoni                |
| 29 | Antonia Novo Ureña (1957)                  | S-18 | <b>02:35,5</b>  |        | 01/01/1974 s/d                        |
| 30 | Mercè Macià Armengol (1956)                | S-16 | <b>02:36,6</b>  |        | 10/10/1971 Barcelona (Universitàries) |
| 31 | Sandra Riera Castillo (1975)               | S-16 | <b>02:38,2</b>  |        | 08/04/1990 Badalona                   |
| 32 | Carmen Rodríguez Gómez (1970)              | S-16 | <b>02:38,7</b>  |        | 08/06/1985 Barcelona (Serrahima)      |
| 33 | Manoli Gordillo Arias (1969)               | S-16 | <b>02:40,4</b>  |        | 08/04/1984 Mataró                     |
| 34 | Begoña Blanco Martínez (1971)              | S-20 | <b>02:40,7</b>  |        | 16/06/1989 Lloret                     |
| 35 | Yolanda Agulló Burgi (1968)                | S-18 | <b>02:41,0</b>  |        | 10/06/1984 Sant Celoni                |
| 36 | Marina Adalid Serrano (1998)               | S-20 | <b>02:41,16</b> |        | 18/03/2017 Barcelona (Serrahima)      |
| 37 | Encarnación Llerena Serrano (1955)         | S-23 | <b>02:41,2</b>  |        | 16/03/1975 Vic                        |
| 38 | Meritxell Bach Codina (1969)               | S-18 | <b>02:41,3</b>  |        | 08/06/1985 Barcelona (Serrahima)      |
| 39 | Sara Adjar Najjaoui (2004)                 | S-18 | <b>02:41,72</b> |        | 15/02/2020 Barcelona (Serrahima)      |
| 40 | María Mas Bermejo (1994)                   | S-23 | <b>02:41,92</b> |        | 14/07/2016 Barcelona (Serrahima)      |
| 41 | Lambra Sáinz Vidal (1976)                  | S-18 | <b>02:42,2</b>  |        | 28/02/1993 Mataró                     |
| 42 | Vanessa Salgado Lavado (1976)              | S-18 | <b>02:42,8</b>  |        | 26/04/1992 Sant Boi                   |

|    |                                                   |      |                 |            |                       |
|----|---------------------------------------------------|------|-----------------|------------|-----------------------|
| 43 | Núria Nieves Esteba (1980)                        | S-18 | <b>02:43,3</b>  | 25/05/1997 | Barcelona (Serrahima) |
| 44 | Ana Esther Fidalgo Álvarez (1969)                 | F45  | <b>02:44,52</b> | 17/06/2018 | Castellar del Vallès  |
| 45 | Soraya Santiago Acién (1981)                      | S-16 | <b>02:44,8</b>  | 01/05/1996 | Granollers            |
| 46 | Rut Coll Serra (1974)                             | F40  | <b>02:44,83</b> | 16/06/2019 | Castellar del Vallès  |
| 47 | Laura Sabater Alberts (1976)                      | S-18 | <b>02:45,5</b>  | 17/01/1993 | Palafrugell           |
| 48 | Dolores Pinsach Elías (1946)                      | S-20 | <b>02:45,6</b>  | 26/06/1965 | Barcelona             |
| 49 | Teresa Valero Martínez (1976)                     | S-16 | <b>02:45,7</b>  | 01/05/1991 | Sant Boi              |
| 50 | Mariana Martínez de Sanjosé (1973)                | S-16 | <b>02:45,9</b>  | 29/05/1988 | Badalona              |
| 51 | Lidia Santiago Acién (1983)                       | S-16 | <b>02:45,9</b>  | 31/05/1998 | Mataró                |
| 52 | Adelina Pérez Merino (1967)                       | S-23 | <b>02:48,1</b>  | 17/04/1988 | Granollers            |
| 53 | Gemma Camacho Arroyo (1975)                       | S-16 | <b>02:48,1</b>  | 01/04/1990 | Sant Celoni           |
| 54 | Laura Serrano Encinas (1984)                      | S-20 | <b>02:48,6</b>  | 27/04/2003 | Mataró                |
| 55 | Anna Parella Comas (1967)                         | S-20 | <b>02:49,2</b>  | 27/01/1986 | Barcelona (Serrahima) |
| 56 | Carme Dalmau Fort (1952)                          | S-23 | <b>02:50,5</b>  | 11/05/1972 | Girona                |
| 57 | M <sup>a</sup> del Pilar Alvarez Ciendones (1978) | S-18 | <b>02:51,5</b>  | 26/03/1995 | Granollers            |
| 58 | Montserrat Bravo Ortiz (1968)                     | S-20 | <b>02:52,6</b>  | 10/05/1987 | Mataró                |
| 59 | Rosa M <sup>a</sup> Rubio Abella (1961)           | F45  | <b>02:54,48</b> | 15/06/2008 | Lloret                |
| 60 | Montserrat Martí Pañella (1974)                   | S-18 | <b>02:55,8</b>  | 02/06/1990 | Mataró                |
| 61 | Asunción Cordero Tapia (1956)                     | S-20 | <b>02:56,0</b>  | 15/03/1975 | Cornellà              |
| 62 | Dunia Jiménez Vela (1972)                         | SEN  | <b>02:56,29</b> | 03/02/1996 | Girona                |
| 63 | Paula Moreno Jurado (1997)                        | S-23 | <b>02:57,13</b> | 19/05/2018 | Barcelona (Serrahima) |
| 64 | Anna Marín León (1986)                            | S-18 | <b>02:59,4</b>  | 27/04/2003 | Mataró                |
| 65 | Noelia Valencia Rodríguez (1992)                  | S-18 | <b>03:01,0</b>  | 02/02/2008 | Calella               |
| 66 | Patricia Ventura Arriaga (1989)                   | S-18 | <b>03:01,7</b>  | 17/04/2005 | Barcelona (Can Dragó) |
| 67 | Ángela Pareja Bermejo (1967)                      | F50  | <b>03:01,73</b> | 30/01/2021 | Granollers            |
| 68 | Laura Palma Gudiel (1983)                         | S-18 | <b>03:02,44</b> | 17/04/1999 | Barcelona (Serrahima) |
| 69 | Xantal Oller Soler (1968)                         | F50  | <b>03:03,01</b> | 10/06/2018 | Mollet (C.CAT)        |
| 70 | Adelina Filbà Avellana (1946)                     | SEN  | <b>03:03,5</b>  | 15/03/1975 | Cornellà              |
| 71 | Emma Olasz Ambit (1965)                           | F50  | <b>03:05,74</b> | 18/09/2016 | Palafrugell (C.CAT)   |
| 72 | Mónica Requena Navarro (1976)                     | S-16 | <b>03:06,1</b>  | 08/06/1991 | Mollet                |
| 73 | Lauren Baker Iguaz (1996)                         | S-18 | <b>03:07,33</b> | 01/04/2012 | Palafrugell           |
| 74 | Teresa Jiménez Cantalejo (1963)                   | F40  | <b>03:07,5</b>  | 01/05/2005 | Mollet                |
| 75 | Eva Riera Rueda (1973)                            | F45  | <b>03:13,67</b> | 30/01/2021 | Granollers            |
| 76 | Maravillas Sánchez Martínez (1971)                | SEN  | <b>03:13,7</b>  | 09/04/1989 | Badalona              |
| 77 | Esmeralda Riera Castillo (1976)                   | S-18 | <b>03:14,4</b>  | 06/06/1993 | Barcelona (Can Dragó) |
| 78 | Laura Pineda Godas (1985)                         | SEN  | <b>04:03,8</b>  | 17/05/2008 | Calella               |

### (AL) 1000 II

***Mínima 3'25"***

|   |                                | MARCA | T_Real          | V |                        |
|---|--------------------------------|-------|-----------------|---|------------------------|
| 1 | Oumaima Blal Lahlimi (1997)    | S-16  | <b>03:00,84</b> |   | 01/07/2012 Castelló    |
| 2 | Encarna Serrano de Maya (1967) | S-20  | <b>03:02,4</b>  |   | 17/08/1985 Sant Celoni |
| 3 | Vanessa Vivas Lirola (1979)    | S-18  | <b>03:03,3</b>  |   | 07/06/1995 Lloret      |
| 4 | Laura Pelegrí Guillemé (1993)  | S-23  | <b>03:05,5</b>  |   | 28/06/2013 Granollers  |
| 5 | Judith Adalid Casado (1976)    | S-14  | <b>03:07,9</b>  |   | 24/07/1989 Pontevedra  |
| 6 | Laila Ruth Vivas Glaser (1995) | S-23  | <b>03:09,01</b> |   | 01/04/2017 Manresa     |

|    |                                   |      |                 |            |                            |
|----|-----------------------------------|------|-----------------|------------|----------------------------|
| 7  | Mercè Sánchez Oller (2002)        | S-16 | <b>03:09,23</b> | 11/06/2017 | El Prat                    |
| 8  | Cristina Vico Marín (1973)        | S-16 | <b>03:09,9</b>  | 25/07/1987 | Sant Celoni                |
| 9  | Verónica Fernández Lirola (1978)  | S-18 | <b>03:11,6</b>  | 26/03/1994 | Mataró                     |
| 10 | Betania Duarte Candau (1979)      | S-18 | <b>03:12,6</b>  | 20/05/1995 | Barcelona (Serrahima)      |
| 11 | Laura Martín Ortiz (1978)         | S-16 | <b>03:14,0</b>  | 23/10/1993 | Barcelona (Serrahima)      |
| 12 | Elena González Laguna (1978)      | S-16 | <b>03:14,9</b>  | 08/06/1992 | Barcelona (Can Dragó)      |
| 13 | Joana Filbà Estrader (1973)       | S-16 | <b>03:15,2</b>  | 21/05/1988 | Barcelona (Serrahima)      |
| 14 | Esther Castro Muñoz (1991)        | S-16 | <b>03:16,06</b> | 18/06/2006 | El Prat                    |
| 15 | Ester González Gálvez (1978)      | S-16 | <b>03:16,9</b>  | 27/03/1993 | Mataró                     |
| 16 | Martina Collet Bertran (2004)     | S-16 | <b>03:17,34</b> | 10/06/2018 | Lleida                     |
| 17 | Immaculada Comas del Amo (1965)   | S-14 | <b>03:17,4</b>  | 25/09/1977 | Barcelona (Universitàries) |
| 18 | Vanessa González Gálvez (1980)    | S-16 | <b>03:18,1</b>  | 04/06/1994 | Barcelona (Serrahima)      |
| 19 | Sara Adjar Najjaoui (2004)        | S-16 | <b>03:19,03</b> | 25/11/2017 | Barcelona (Serrahima)      |
| 20 | Mireia Monago Fernández (1980)    | S-16 | <b>03:20,1</b>  | 12/02/1994 | Mataró                     |
| 21 | Carmen Rodríguez Gómez (1970)     | S-16 | <b>03:20,5</b>  | 21/07/1984 | Sant Celoni                |
| 22 | Esmeralda Arriscado García (1976) | S-16 | <b>03:20,8</b>  | 24/03/1990 | Lloret                     |
| 23 | Sonia Pozo Martínez (1978)        | S-18 | <b>03:21,7</b>  | 16/04/1994 | Mataró                     |
| 24 | Marina Roselló Otero (2004)       | S-16 | <b>03:23,23</b> | 05/05/2018 | Barcelona (Serrahima)      |
| 25 | Sandra Riera Castillo (1975)      | S-14 | <b>03:23,4</b>  | 22/10/1988 | Barcelona (Serrahima)      |
| 26 | Vanessa Lancho Corcobado (1979)   | S-18 | <b>03:23,5</b>  | 07/06/1995 | Lloret                     |
| 27 | Sussanna Sabater Alberts (1978)   | S-16 | <b>03:23,8</b>  | 26/09/1992 | Barcelona (Serrahima)      |
| 28 | Bárbara Gutiérrez Saucedo (1988)  | S-14 | <b>03:24,24</b> | 15/07/2001 | Mataró                     |
| 29 | Manoli Gordillo Arias (1969)      | S-14 | <b>03:24,6</b>  | 16/10/1982 | Barcelona (Serrahima)      |

### **(AL) 1500 II**

|    |                                            |      | MARCA           | T_Real     | V                          |
|----|--------------------------------------------|------|-----------------|------------|----------------------------|
| 1  | Encarna Serrano de Maya (1967)             | S-20 | <b>04:39,6</b>  | 29/06/1985 | Sant Celoni                |
| 2  | Laura Pelegrí Guilleme (1993)              | SEN  | <b>04:42,44</b> | 07/06/2017 | Barcelona (Serrahima)      |
| 3  | Mònica Espinàs Martínez (1967)             | S-20 | <b>04:43,70</b> | 23/06/1985 | Barcelona (Universitàries) |
| 4  | Judith Marín Alcoverro (1977)              | S-23 | <b>04:47,10</b> | 01/07/1998 | Mataró                     |
| 5  | Verónica Fernández Lirola (1978)           | S-18 | <b>04:47,8</b>  | 15/07/1995 | Barcelona (Serrahima)      |
| 6  | Imma Pinto Salinas (1967)                  | S-20 | <b>04:50,2</b>  | 31/05/1986 | Sant Celoni                |
| 7  | Maria Tió Batllori (1958)                  | SEN  | <b>04:51,41</b> | 27/07/1985 | Granollers                 |
| 8  | Mercè Sánchez Oller (2002)                 | S-18 | <b>05:00,46</b> | 19/06/2019 | Barcelona (Serrahima)      |
| 9  | Laura Martín Ortiz (1978)                  | S-18 | <b>05:03,09</b> | 12/02/1995 | Barcelona (Serrahima)      |
| 10 | Sonia Pozo Martínez (1978)                 | S-18 | <b>05:03,92</b> | 12/02/1995 | Barcelona (Serrahima)      |
| 11 | Joana Filbà Estrader (1973)                | S-16 | <b>05:05,3</b>  | 25/06/1988 | Lloret                     |
| 12 | Laila Ruth Vivas Glaser (1995)             | S-18 | <b>05:05,65</b> | 22/04/2012 | Castellar del Vallès       |
| 13 | Esther Castro Muñoz (1991)                 | S-20 | <b>05:08,0</b>  | 02/05/2010 | Mataró                     |
| 14 | Oumaima Blal Lahlimi (1997)                | S-18 | <b>05:09,31</b> | 05/06/2013 | Barcelona (Serrahima)      |
| 15 | M <sup>a</sup> Helena Gaeta Monleón (1971) | SEN  | <b>05:10,2</b>  | 24/04/2005 | Calella                    |
| 16 | Betania Duarte Candau (1979)               | S-18 | <b>05:12,0</b>  | 28/04/1996 | Sabadell                   |
| 17 | Sandra Alonso Ruiz (1980)                  | SEN  | <b>05:12,10</b> | 22/04/2007 | Mataró                     |
| 18 | Vanessa Lancho Corcobado (1979)            | S-18 | <b>05:12,9</b>  | 14/04/1996 | Mataró                     |
| 19 | Vanessa Vivas Lirola (1979)                | S-16 | <b>05:13,3</b>  | 22/05/1994 | Sant Boi                   |



|    |                                         |      |                 |            |                            |
|----|-----------------------------------------|------|-----------------|------------|----------------------------|
| 20 | Judith Adalid Casado (1976)             | S-16 | <b>05:17,1</b>  | 01/05/1991 | Sant Boi                   |
| 21 | Antonia Novo Ureña (1957)               | S-18 | <b>05:17,3</b>  | 30/06/1974 | Barcelona (Universitàries) |
| 22 | Encarnación Duro Cantero (1962)         | S-16 | <b>05:18,5</b>  | 01/01/1977 | s/d                        |
| 23 | Elena González Laguna (1978)            | S-16 | <b>05:21,1</b>  | 25/04/1993 | Manresa                    |
| 24 | Cristina Fernández Molina (1982)        | S-18 | <b>05:21,53</b> | 12/06/1999 | Barcelona (Serrahima)      |
| 25 | Carmen Rodríguez Gómez (1970)           | S-16 | <b>05:21,6</b>  | 16/06/1985 | Badalona                   |
| 26 | María Mas Bermejo (1994)                | SEN  | <b>05:23,67</b> | 12/07/2017 | Barcelona (Serrahima)      |
| 27 | Ana Esther Fidalgo Álvarez (1969)       | F45  | <b>05:29,23</b> | 11/06/2017 | Mollet (C.CAT)             |
| 28 | Marina Adalid Serrano (1998)            | S-20 | <b>05:34,33</b> | 29/04/2017 | Sant Celoni                |
| 29 | Mariana Martínez de Sanjosé (1973)      | S-16 | <b>05:38,4</b>  | 17/04/1988 | Granollers                 |
| 30 | Rosa M <sup>a</sup> Rubio Abella (1961) | F40  | <b>05:38,84</b> | 22/04/2006 | l' Hospitalet              |
| 31 | Herminia Castro Díaz (1963)             | SEN  | <b>05:40,4</b>  | 07/06/1987 | Barcelona (Serrahima)      |
| 32 | Sandra Riera Castillo (1975)            | S-16 | <b>05:40,6</b>  | 08/04/1990 | Badalona                   |
| 33 | Carme Dalmau Fort (1952)                | S-20 | <b>05:41,7</b>  | 18/10/1970 | Barcelona (Universitàries) |
| 34 | Judith Artigas Dalmau (1979)            | S-16 | <b>05:43,2</b>  | 24/04/1994 | Mataró                     |
| 35 | Laura Serrano Encinas (1984)            | S-20 | <b>05:44,1</b>  | 18/05/2003 | Mataró                     |
| 36 | Begoña Blanco Martínez (1971)           | S-20 | <b>05:44,5</b>  | 14/07/1989 | Lloret                     |
| 37 | Imma Villaverde Pastor (1968)           | S-18 | <b>05:45,30</b> | 14/04/1985 | Badalona                   |
| 38 | Soraya Santiago Ación (1981)            | S-18 | <b>05:46,31</b> | 13/04/1997 | Granollers                 |
| 39 | Mar Margarit Ríos (1993)                | S-18 | <b>05:46,33</b> | 04/04/2009 | Manresa                    |
| 40 | Xantal Oller Soler (1968)               | F45  | <b>05:48,11</b> | 17/06/2015 | Barcelona (Serrahima)      |
| 41 | Eva Molina Olivencia (1997)             | S-18 | <b>05:49,02</b> | 04/06/2014 | Barcelona (Serrahima)      |
| 42 | Eva Riera Rueda (1973)                  | F40  | <b>05:50,01</b> | 17/06/2015 | Barcelona (Serrahima)      |
| 43 | Encarnación Llerena Serrano (1955)      | S-23 | <b>05:55,1</b>  | 04/04/1975 | Cornellà                   |
| 44 | Loli Lozano Reche (1961)                | F35  | <b>05:59,39</b> | 17/04/1999 | Barcelona (Serrahima)      |
| 45 | Gemma Camacho Arroyo (1975)             | S-16 | <b>05:59,5</b>  | 01/04/1990 | Sant Celoni                |
| 46 | Sandra Graupera Padrós (1974)           | S-16 | <b>06:04,4</b>  | 09/04/1989 | Badalona                   |
| 47 | Meritxell Salvador Lladó (1973)         | F45  | <b>06:09,84</b> | 03/07/2019 | Barcelona (Serrahima)      |
| 48 | Laura Ballesterio Trias (1990)          | S-18 | <b>06:11,19</b> | 18/03/2006 | Barcelona (Serrahima)      |
| 49 | Montserrat Martí Pañella (1974)         | S-20 | <b>06:11,3</b>  | 05/07/1992 | Mataró                     |
| 50 | Beatriz Domínguez Ruiz (1965)           | F50  | <b>06:13,93</b> | 18/06/2017 | Barcelona (Mar Bella)      |
| 51 | Ángela Pareja Bermejo (1967)            | F50  | <b>06:25,42</b> | 27/12/2020 | Sabadell                   |
| 52 | Immaculada Gómez Escobedo (1970)        | F45  | <b>06:37,5</b>  | 18/07/2019 | Sant Celoni                |
| 53 | Esmeralda Riera Castillo (1976)         | S-18 | <b>06:42,4</b>  | 09/05/1993 | Tarragona                  |
| 54 | Paula Moreno Jurado (1997)              | S-20 | <b>06:49,0</b>  | 25/04/2015 | Granollers                 |
| 55 | Encarna González Muñoz (1955)           | F35  | <b>07:39,7</b>  | 23/05/1993 | Reus                       |

### (AL) Milla

|   |                                               | MARCA | T_Real         | V          |                       |
|---|-----------------------------------------------|-------|----------------|------------|-----------------------|
| 1 | M <sup>a</sup> Helena Gaeta Monleón (1971)    | F40   | <b>06:08,1</b> | 10/06/2015 | Santa Coloma Gramanet |
| 2 | Ana Esther Fidalgo Álvarez (1969)             | F50   | <b>06:20,0</b> | 26/09/2020 | Granollers            |
| 3 | Raquel González Campos (1989)                 | S-14  | <b>06:28,0</b> | 06/04/2002 | Barcelona (Serrahima) |
| 4 | Ángela Pareja Bermejo (1967)                  | F50   | <b>06:50,0</b> | 26/09/2020 | Granollers            |
| 5 | M <sup>a</sup> Angels Alabarce Ledesma (1969) | S-16  | <b>07:04,4</b> | 21/07/1984 | Sant Celoni           |
| 6 | Eva Riera Rueda (1973)                        | F45   | <b>07:06,0</b> | 20/12/2020 | Barcelona (Serrahima) |



|   |                               |      |                |            |                       |
|---|-------------------------------|------|----------------|------------|-----------------------|
| 7 | Sandra Torrejón García (1991) | S-12 | <b>07:11,0</b> | 06/04/2002 | Barcelona (Serrahima) |
| 8 | Helena Palma Gudiel (1991)    | S-12 | <b>07:59,0</b> | 06/04/2002 | Barcelona (Serrahima) |

### **(AL) 2000 II**

***Mínima 8'***

|    |                                               |      | MARCA           | T_Real     | V                     |
|----|-----------------------------------------------|------|-----------------|------------|-----------------------|
| 1  | Judith Adalid Casado (1976)                   | S-14 | <b>06:44,6</b>  | 13/05/1989 | Barcelona (Serrahima) |
| 2  | Maria Tió Batllori (1958)                     | SEN  | <b>06:53,2</b>  | 12/10/1985 | Malgrat               |
| 3  | Cristina Vico Marín (1973)                    | S-16 | <b>07:03,7</b>  | 25/04/1987 | Barcelona (Serrahima) |
| 4  | Sara Adjar Najjaoui (2004)                    | S-12 | <b>07:11,70</b> | 17/05/2015 | El Prat (C.CAT)       |
| 5  | Esmeralda Riera Castillo (1976)               | S-14 | <b>07:21,7</b>  | 18/03/1989 | Barcelona (Serrahima) |
| 6  | Sandra Riera Castillo (1975)                  | S-16 | <b>07:24,3</b>  | 04/02/1989 | Mataró                |
| 7  | Vanessa Lancho Corcobado (1979)               | S-14 | <b>07:33,40</b> | 27/04/1991 | Barcelona (Serrahima) |
| 8  | Elena González Laguna (1978)                  | S-14 | <b>07:40,1</b>  | 31/03/1990 | Mataró                |
| 9  | Sussanna Sabater Alberts (1978)               | S-14 | <b>07:41,6</b>  | 05/10/1991 | Cornellà              |
| 10 | Manoli Gordillo Arias (1969)                  | S-16 | <b>07:42,0</b>  | 09/04/1983 | Barcelona (Serrahima) |
| 11 | Zulema Romano Álvarez (1977)                  | S-14 | <b>07:42,0</b>  | 03/03/1990 | Mataró                |
| 12 | Verónica Fernández Lirola (1978)              | S-14 | <b>07:43,2</b>  | 05/10/1991 | Cornellà              |
| 13 | Melani Ballesta Sánchez (1991)                | S-14 | <b>07:45,3</b>  | 10/05/2003 | Cornellà              |
| 14 | M <sup>a</sup> Victoria Calvache López (1978) | S-14 | <b>07:51,0</b>  | 29/09/1990 | Barcelona (Serrahima) |
| 15 | Noelia Valencia Rodríguez (1992)              | S-14 | <b>07:51,4</b>  | 22/01/2005 | Calella               |
| 16 | Jordina Julià Codina (1983)                   | S-12 | <b>07:52,0</b>  | 11/06/1994 | Badalona              |
| 17 | Elisabet Vivas Lirola (1981)                  | S-12 | <b>07:52,4</b>  | 20/03/1993 | Sant Boi              |
| 18 | Mercè Sánchez Oller (2002)                    | S-14 | <b>07:54,0</b>  | 31/01/2015 | El Prat               |
| 19 | Alba Torrejón García (1993)                   | S-14 | <b>07:54,4</b>  | 22/01/2005 | Calella               |
| 20 | Lauren Baker Iguaz (1996)                     | S-14 | <b>07:56,5</b>  | 01/12/2007 | I' Hospitalet         |
| 21 | Lidia Santiago Acién (1983)                   | S-14 | <b>07:58,1</b>  | 22/04/1995 | I' Hospitalet         |
| 22 | Esmeralda Arriscado García (1976)             | S-14 | <b>07:58,5</b>  | 07/10/1989 | Barcelona (Serrahima) |
| 23 | Alana Ordoyo Conroy (2005)                    | S-12 | <b>07:59,13</b> | 02/04/2016 | El Prat (C.CAT)       |

### **(AL) 3000 II**

|    |                                  |      | MARCA           | T_Real     | V                     |
|----|----------------------------------|------|-----------------|------------|-----------------------|
| 1  | Imma Pinto Salinas (1967)        | S-23 | <b>09:46,36</b> | 12/08/1987 | Barcelona (Serrahima) |
| 2  | Maria Tió Batllori (1958)        | SEN  | <b>10:09,04</b> | 02/05/1985 | Gijón                 |
| 3  | Mònica Espinàs Martínez (1967)   | S-20 | <b>10:12,9</b>  | 19/07/1985 | Manresa               |
| 4  | Verónica Fernández Lirola (1978) | S-18 | <b>10:18,0</b>  | 28/05/1994 | I' Hospitalet         |
| 5  | Vanessa González Gálvez (1980)   | S-16 | <b>10:47,8</b>  | 06/05/1995 | Cornellà              |
| 6  | Sonia Pozo Martínez (1978)       | S-18 | <b>10:51,2</b>  | 07/06/1995 | Lloret                |
| 7  | Encarna Serrano de Maya (1967)   | SEN  | <b>10:53,4</b>  | 02/06/1991 | Barcelona (Serrahima) |
| 8  | Joana Filbà Estrader (1973)      | S-18 | <b>11:02,0</b>  | 30/04/1989 | Sant Celoni           |
| 9  | Vanessa Vivas Lirola (1979)      | S-18 | <b>11:11,6</b>  | 25/02/1995 | Mataró                |
| 10 | Betania Duarte Candau (1979)     | S-18 | <b>11:13,0</b>  | 10/02/1996 | Mataró                |
| 11 | Elena González Laguna (1978)     | S-16 | <b>11:14,9</b>  | 28/03/1992 | Mataró                |
| 12 | Laura Pelegrí Guilleme (1993)    | SEN  | <b>11:16,24</b> | 12/08/2020 | Sabadell              |
| 13 | Gloria Mongay Vidal (1961)       | SEN  | <b>11:23,1</b>  | 16/06/1985 | Badalona              |
| 14 | Judith Adalid Casado (1976)      | S-16 | <b>11:23,1</b>  | 25/05/1991 | Barcelona (Serrahima) |
| 15 | Mireia Monago Fernández (1980)   | S-16 | <b>11:24,0</b>  | 16/04/1994 | Mataró                |

|    |                                                   |      |                 |            |                       |
|----|---------------------------------------------------|------|-----------------|------------|-----------------------|
| 16 | Nerea Costal Cruz (1987)                          | S-18 | <b>11:26,3</b>  | 05/04/2003 | Calella               |
| 17 | Sandra Alonso Ruiz (1980)                         | SEN  | <b>11:29,74</b> | 12/02/2006 | Barcelona (Serrahima) |
| 18 | Sussanna Sabater Alberts (1978)                   | S-16 | <b>11:32,2</b>  | 22/03/1992 | Mataró                |
| 19 | Esther Castro Muñoz (1991)                        | S-14 | <b>11:32,58</b> | 12/06/2004 | El Prat               |
| 20 | Clara Hernández Cortés (1976)                     | F40  | <b>11:34,06</b> | 10/06/2018 | Mollet (C.CAT)        |
| 21 | Laila Ruth Vivas Glaser (1995)                    | S-23 | <b>11:34,38</b> | 02/04/2016 | Manresa (C.CAT)       |
| 22 | Mariana Martínez de Sanjosé (1973)                | S-16 | <b>11:41,0</b>  | 28/02/1988 | Sant Celoni           |
| 23 | Sara Adjar Najjaoui (2004)                        | S-14 | <b>11:42,62</b> | 02/04/2016 | El Prat (C.CAT)       |
| 24 | Vanessa Lancho Corcobado (1979)                   | S-18 | <b>11:43,9</b>  | 10/02/1996 | Mataró                |
| 25 | Lidia Santiago Acién (1983)                       | S-14 | <b>11:44,6</b>  | 18/05/1996 | Barcelona (Serrahima) |
| 26 | Laura Martín Ortiz (1978)                         | S-16 | <b>11:46,1</b>  | 09/10/1993 | Barcelona (Serrahima) |
| 27 | Noelia Valencia Rodríguez (1992)                  | SEN  | <b>11:50,84</b> | 07/05/2006 | El Prat               |
| 28 | Marina Roselló Otero (2004)                       | S-16 | <b>11:53,97</b> | 13/05/2018 | El Prat               |
| 29 | M <sup>a</sup> del Pilar Alvarez Ciendones (1978) | S-16 | <b>11:55,2</b>  | 23/01/1993 | Mataró                |
| 30 | Soraya Santiago Acién (1981)                      | S-14 | <b>11:56,6</b>  | 26/03/1994 | Mataró                |
| 31 | Mercè Sánchez Oller (2002)                        | S-16 | <b>11:58,80</b> | 26/06/2016 | El Prat (C.CAT)       |
| 32 | Tania García Eslava (1993)                        | S-14 | <b>12:06,63</b> | 19/03/2005 | Mataró                |
| 33 | Oumaima Blal Lahlimi (1997)                       | S-16 | <b>12:11,20</b> | 02/04/2011 | Calella               |
| 34 | Emilia Ponce García (1942)                        | F45  | <b>12:12,0</b>  | 01/05/1988 | Mataró                |
| 35 | Raquel González Campos (1989)                     | S-16 | <b>12:12,1</b>  | 14/03/2003 | Mataró                |
| 36 | Rosa M <sup>a</sup> Rubio Abella (1961)           | F40  | <b>12:14,56</b> | 07/05/2006 | El Prat               |
| 37 | Laura Pérez del Valle (1985)                      | S-14 | <b>12:15,7</b>  | 07/02/1998 | Mataró                |
| 38 | Alba Torrejón García (1993)                       | S-14 | <b>12:17,31</b> | 19/03/2005 | Mataró                |
| 39 | Laura Ballester Trias (1990)                      | S-16 | <b>12:18,88</b> | 19/03/2005 | Mataró                |
| 40 | Ana Esther Fidalgo Álvarez (1969)                 | F45  | <b>12:22,41</b> | 16/06/2019 | Castellar del Vallès  |
| 41 | Mariona Mas Gallemí (2003)                        | S-14 | <b>12:25,3</b>  | 28/03/2015 | El Prat               |
| 42 | Alana Ordoyo Conroy (2005)                        | S-14 | <b>12:26,8</b>  | 22/04/2017 | Sant Celoni           |
| 43 | Vanessa Salgado Lavado (1976)                     | S-18 | <b>12:31,5</b>  | 28/03/1992 | Mataró                |
| 44 | Judith Artigas Dalmau (1979)                      | S-16 | <b>12:31,8</b>  | 09/10/1993 | Barcelona (Serrahima) |
| 45 | Sandra Riera Castillo (1975)                      | S-16 | <b>12:31,9</b>  | 25/03/1990 | Lloret                |
| 46 | M <sup>a</sup> Helena Gaeta Monleón (1971)        | F45  | <b>12:32,21</b> | 30/01/2021 | Granollers            |
| 47 | Imma Villaverde Pastor (1968)                     | S-18 | <b>12:35,0</b>  | 20/04/1985 | Barcelona (Serrahima) |
| 48 | Nuria Reina Martínez (1999)                       | S-20 | <b>12:38,58</b> | 12/05/2013 | El Prat               |
| 49 | Montserrat Martí Pañella (1974)                   | S-18 | <b>12:40,8</b>  | 25/03/1990 | Lloret                |
| 50 | Herminia Castro Díaz (1963)                       | SEN  | <b>12:41,3</b>  | 26/04/1987 | Granollers            |
| 51 | Margarita Gordillo Arias (1958)                   | SEN  | <b>12:43,00</b> | 29/03/1981 | Cornellà              |
| 52 | Laura Palma Gudiel (1983)                         | S-16 | <b>12:46,4</b>  | 01/03/1997 | Mataró                |
| 53 | Mar Margarit Ríos (1993)                          | S-16 | <b>12:55,8</b>  | 10/05/2008 | Sabadell              |
| 54 | Eva Molina Olivencia (1997)                       | S-20 | <b>12:58,41</b> | 02/05/2015 | El Prat               |
| 55 | Martina Collet Bertran (2004)                     | S-14 | <b>13:02,2</b>  | 22/04/2017 | Sant Celoni           |
| 56 | Carla Castellà Altayó (2005)                      | S-14 | <b>13:04,6</b>  | 23/09/2017 | Rubí                  |
| 57 | Montserrat Parull Díaz (1953)                     | S-23 | <b>13:23,4</b>  | 31/03/1974 | Sabadell              |
| 58 | Gemma Camacho Arroyo (1975)                       | S-16 | <b>13:23,4</b>  | 25/03/1990 | Lloret                |
| 59 | Begoña Blanco Martínez (1971)                     | S-20 | <b>13:47,9</b>  | 01/04/1990 | Sant Celoni           |
| 60 | Eva Riera Rueda (1973)                            | F45  | <b>13:58,14</b> | 30/01/2021 | Granollers            |

|    |                                  |      |                 |            |            |
|----|----------------------------------|------|-----------------|------------|------------|
| 61 | Nathalie Delphine Mendes (1997)  | S-14 | <b>14:10,7</b>  | 13/03/2010 | Calella    |
| 62 | Laia Garcia Cardona (2004)       | S-14 | <b>14:19,7</b>  | 07/05/2016 | Badalona   |
| 63 | Immaculada Gómez Escobedo (1970) | F50  | <b>14:20,38</b> | 30/01/2021 | Granollers |
| 64 | Silvia Marquet Colls (2006)      | S-14 | <b>14:21,8</b>  | 04/05/2019 | Calella    |
| 65 | Júlia Junoy Morales (1999)       | S-14 | <b>14:29,5</b>  | 17/03/2012 | El Prat    |
| 66 | Aida Suitino Cavanillas (2001)   | S-18 | <b>14:46,10</b> | 06/05/2017 | Cornellà   |
| 67 | Helena Palma Gudiel (1991)       | S-14 | <b>14:49,4</b>  | 06/03/2004 | Calella    |
| 68 | Noelia de Gea Nistal (1985)      | S-16 | <b>14:51,6</b>  | 13/02/1999 | Mataró     |
| 69 | Anna Fernández Garcia (1998)     | S-14 | <b>15:01,5</b>  | 17/09/2011 | Mataró     |
| 70 | Claudia Grajera Piqué (2005)     | S-14 | <b>16:12,4</b>  | 23/09/2017 | Rubí       |
| 71 | Alba Sans Xarles (1998)          | S-14 | <b>17:40,5</b>  | 17/09/2011 | Mataró     |

### **(AL) 5000 II**

|    |                                            |      | MARCA           | T_Real     | V                          |
|----|--------------------------------------------|------|-----------------|------------|----------------------------|
| 1  | Laura Pelegrí Guilleme (1993)              | SEN  | <b>17:44,93</b> | 08/06/2019 | Los Corrales de Buelna     |
| 2  | Mònica Espinàs Martínez (1967)             | S-20 | <b>18:06,6</b>  | 23/03/1986 | Barcelona (Universitàries) |
| 3  | Maria Tió Batllori (1958)                  | SEN  | <b>18:11,9</b>  | 23/03/1986 | Barcelona (Universitàries) |
| 4  | Verónica Fernández Lirola (1978)           | S-18 | <b>18:12,0</b>  | 08/07/1995 | Barcelona (Serrahima)      |
| 5  | Sonia Pozo Martínez (1978)                 | S-23 | <b>18:58,97</b> | 06/06/1998 | Barcelona (Serrahima)      |
| 6  | Natalia Rodríguez Grajera (1976)           | SEN  | <b>19:30,09</b> | 17/06/2009 | Barcelona (Serrahima)      |
| 7  | Judith Marín Alcoverro (1977)              | S-23 | <b>19:35,76</b> | 06/04/1997 | Sant Celoni                |
| 8  | M <sup>a</sup> Helena Gaeta Monleón (1971) | F45  | <b>19:45,9</b>  | 11/03/2017 | Sant Celoni                |
| 9  | Sandra Alonso Ruiz (1980)                  | SEN  | <b>20:18,30</b> | 08/04/2006 | I' Hospitalet              |
| 10 | Esther Tomás Sánchez (1970)                | F45  | <b>20:43,44</b> | 14/04/2019 | Sant Celoni                |
| 11 | Ana Esther Fidalgo Álvarez (1969)          | F45  | <b>21:04,59</b> | 10/06/2018 | Mollet (C.CAT)             |
| 12 | Eva Riera Rueda (1973)                     | F40  | <b>21:10,76</b> | 10/06/2018 | Mollet (C.CAT)             |
| 13 | Teresa Jiménez Cantalejo (1963)            | SEN  | <b>21:16,5</b>  | 25/05/1997 | Barcelona (Serrahima)      |
| 14 | Beatriz Domínguez Ruiz (1965)              | F50  | <b>21:21,56</b> | 16/04/2016 | Mataró                     |
| 15 | Rosa M <sup>a</sup> Rubio Abella (1961)    | F40  | <b>21:37,64</b> | 08/04/2006 | I' Hospitalet              |
| 16 | María Mas Bermejo (1994)                   | S-20 | <b>22:08,75</b> | 05/05/2013 | Barcelona (Can Dragó)      |
| 17 | Mar Margarit Ríos (1993)                   | S-18 | <b>22:14,0</b>  | 17/04/2010 | Barcelona (Can Dragó)      |
| 18 | Esther Bonilla Ciller (1976)               | F35  | <b>22:28,24</b> | 13/05/2012 | Barcelona (Serrahima)      |
| 19 | Xantal Oller Soler (1968)                  | F45  | <b>22:29,49</b> | 16/04/2016 | Mataró                     |
| 20 | Loli Lozano Reche (1961)                   | F40  | <b>22:33,4</b>  | 23/05/2004 | El Prat                    |
| 21 | Silvia Martínez Benito (1970)              | F40  | <b>23:30,0</b>  | 09/07/2014 | Mataró                     |
| 22 | Meritxell Salvador Lladó (1973)            | F45  | <b>23:37,0</b>  | 28/06/2019 | Mataró                     |
| 23 | Laia Salvador Lladó (1972)                 | F45  | <b>23:38,0</b>  | 28/06/2019 | Mataró                     |
| 24 | Yolanda Mirón Herruzo (1973)               | F40  | <b>23:40,0</b>  | 08/07/2015 | Mataró                     |
| 25 | Immaculada Gómez Escobedo (1970)           | F45  | <b>23:59,2</b>  | 09/03/2019 | Sant Celoni                |
| 26 | Alana Ordoyo Conroy (2005)                 | S-14 | <b>24:08,2</b>  | 05/07/2017 | Mataró                     |
| 27 | Laura Serrano Encinas (1984)               | S-20 | <b>24:20,03</b> | 08/06/2003 | Manresa                    |
| 28 | Laila Ruth Vivas Glaser (1995)             | S-18 | <b>24:20,99</b> | 10/04/2011 | Terrassa                   |
| 29 | Montse Prats Montenegro (1973)             | F40  | <b>24:23,0</b>  | 09/07/2014 | Mataró                     |
| 30 | Ángela Pareja Bermejo (1967)               | F50  | <b>24:42,6</b>  | 05/07/2017 | Mataró                     |
| 31 | Evelyn Rodríguez Bermúdez (1989)           | SEN  | <b>24:59,0</b>  | 08/07/2015 | Mataró                     |

|    |                                  |      |                 |            |             |
|----|----------------------------------|------|-----------------|------------|-------------|
| 32 | Elisabet Cortés Hidalgo (1983)   | F35  | <b>25:58,1</b>  | 09/03/2019 | Sant Celoni |
| 33 | Miriam Berrocal Rodríguez (1975) | F40  | <b>26:59,0</b>  | 28/06/2019 | Mataró      |
| 34 | Aida Suitino Cavanillas (2001)   | S-18 | <b>27:16,64</b> | 29/04/2017 | Sant Celoni |
| 35 | Esther Molina Olivencia (1991)   | SEN  | <b>27:17,0</b>  | 09/07/2014 | Mataró      |
| 36 | Sonia Martín Contreras (1991)    | SEN  | <b>27:35,0</b>  | 13/07/2016 | Mataró      |
| 37 | Paqui Cavanillas López (1967)    | F45  | <b>30:11,0</b>  | 08/07/2015 | Mataró      |

### **(AL) 10.000 II**

|   |                                  |      | MARCA           | T_Real | V                              |
|---|----------------------------------|------|-----------------|--------|--------------------------------|
| 1 | Laura Pelegrí Guillemé (1993)    | SEN  | <b>38:51,23</b> |        | 18/03/2018 Sant Celoni (C.CAT) |
| 2 | Sonia Pozo Martínez (1978)       | S-23 | <b>40:05,5</b>  |        | 18/06/1998 Vic                 |
| 3 | Natalia Rodríguez Grajera (1976) | SEN  | <b>42:59,0</b>  |        | 06/06/2009 Mataró              |
| 4 | Verónica Fernández Lirola (1978) | F35  | <b>45:05,67</b> |        | 20/03/2016 Lloret (C.CAT)      |
| 5 | Eva Riera Rueda (1973)           | F40  | <b>45:19,19</b> |        | 20/03/2016 Lloret (C.CAT)      |
| 6 | Xantal Oller Soler (1968)        | F45  | <b>45:20,32</b> |        | 20/03/2016 Lloret (C.CAT)      |
| 7 | Montse Prats Montenegro (1973)   | F40  | <b>48:31,79</b> |        | 20/03/2016 Lloret (C.CAT)      |
| 8 | Ángela Pareja Bermejo (1967)     | F45  | <b>50:15,0</b>  |        | 20/02/2016 Vilafranca          |

### **(AL) 60 tanques (0' 84)**

|   |                              |      | MARCA        | T_Real | V                                |
|---|------------------------------|------|--------------|--------|----------------------------------|
| 1 | Elena Villasur Millán (1972) | SEN  | <b>10,11</b> | +1' 0  | 12/02/1995 Barcelona (Serrahima) |
| 2 | Lambra Sáinz Vidal (1976)    | S-18 | <b>10,1</b>  | +1' 9  | 28/02/1993 Mataró                |

### **(AL) 100 tanques (0' 84)**

|    |                                                   |      | MARCA        | T_Real | V                                |
|----|---------------------------------------------------|------|--------------|--------|----------------------------------|
| 1  | Esmeralda Arriscado García (1976)                 | S-23 | <b>15,23</b> | -0' 6  | 24/06/1997 Barcelona (Can Dragó) |
| 2  | Meritxell Filbà Estrader (1971)                   | S-23 | <b>15,88</b> | -0' 5  | 11/07/1992 Alcorcón              |
| 3  | Elena Villasur Millán (1972)                      | S-23 | <b>16,1</b>  | -0' 8  | 22/05/1994 Sant Boi              |
| 4  | Lauren Baker Iguaz (1996)                         | S-18 | <b>16,68</b> | +0' 8  | 13/05/2012 Barcelona (Serrahima) |
| 5  | Sara Dorda Sans (1997)                            | S-18 | <b>17,02</b> | -2' 9  | 20/04/2013 Mataró                |
| 6  | M <sup>a</sup> Isabel Pozo Martínez (1978)        | S-20 | <b>16,9</b>  | -0' 4  | 03/05/1997 Mataró                |
| 7  | Maite Villaverde Pastor (1970)                    | S-18 | <b>17,0</b>  | <2     | 26/04/1987 Granollers            |
| 8  | Laura Sabater Alberts (1976)                      | S-18 | <b>17,1</b>  | -1' 5  | 06/06/1993 Barcelona (Can Dragó) |
| 9  | Laura Ortiz Tejada (1965)                         | F45  | <b>17,61</b> | +0' 2  | 13/05/2012 Barcelona (Serrahima) |
| 10 | Katinka Rosés Bécker (1973)                       | S-18 | <b>17,5</b>  | <2     | 10/06/1989 Mataró                |
| 11 | Eva Carpintero Sánchez (1973)                     | S-16 | <b>17,7</b>  | <2     | 01/05/1988 Mataró                |
| 12 | Maite Ruiz Arias (1970)                           | S-20 | <b>17,7</b>  | <2     | 30/04/1989 Sant Celoni           |
| 13 | Ursula Soetekou (1964)                            | S-23 | <b>17,9</b>  | <2     | 16/06/1985 Badalona              |
| 14 | M <sup>a</sup> del Pilar Álvarez Ciendones (1978) | S-18 | <b>18,2</b>  | +1' 6  | 09/04/1995 Mataró                |
| 15 | Neus Sala Hernández (1986)                        | S-18 | <b>18,2</b>  | -2' 6  | 18/05/2003 Mataró                |
| 16 | Yolanda Guerrero González (1967)                  | S-23 | <b>18,59</b> | <2     | 21/06/1987 Barcelona (Serrahima) |
| 17 | Aida Artigas Tizón (1984)                         | S-20 | <b>18,5</b>  | -1' 4  | 18/05/2003 Mataró                |
| 18 | Myriam Fernández Castillo (1987)                  | S-20 | <b>19,39</b> | -0' 5  | 07/05/2006 El Prat               |
| 19 | Carina Viñuela Pastor (1968)                      | S-18 | <b>19,8</b>  | <2     | 20/04/1985 Barcelona (Serrahima) |
| 20 | Carmen Pérez Merino (1964)                        | SEN  | <b>19,8</b>  | <2     | 25/06/1989 Badalona              |
| 21 | Adelina Pérez Merino (1967)                       | S-23 | <b>19,9</b>  | <2     | 29/05/1988 Badalona              |

|    |                                  |      |              |       |            |             |
|----|----------------------------------|------|--------------|-------|------------|-------------|
| 22 | Carina Rojo Diume (1988)         | S-18 | <b>19,9</b>  | -0' 5 | 24/04/2005 | Calella     |
| 23 | Mercè Macià Armengol (1956)      | S-18 | <b>20,0</b>  | <2    | 03/06/1973 | Reus        |
| 24 | Maria M. Gallandia Santos ()     | SEN  | <b>20,2</b>  | <2    | 20/04/1986 | Sant Celoni |
| 25 | Xènia Mas Garcia (2000)          | S-18 | <b>20,63</b> | -2' 4 | 10/04/2016 | Mataró      |
| 26 | Nuri Solé Pérez (1972)           | S-18 | <b>20,4</b>  | <2    | 09/04/1989 | Badalona    |
| 27 | Carla Alfonso Mihi (2002)        | S-18 | <b>20,64</b> | +0,5  | 06/04/2019 | Sant Celoni |
| 28 | Núria Andrés Bonnin (1991)       | S-18 | <b>21,59</b> | -2' 5 | 20/05/2007 | El Prat     |
| 29 | Conchita Bandera Guerrero (1955) | S-18 | <b>21,8</b>  | <2    | 21/05/1972 | Cornellà    |
| 30 | Montserrat Colomé Viñolas (1986) | S-20 | <b>21,8</b>  | -0' 4 | 24/04/2005 | Calella     |
| 31 | Alba Sans Xarles (1998)          | S-20 | <b>22,10</b> | -2' 1 | 24/04/2016 | Mataró      |
| 32 | Adelina Ruiz Mateo (1952)        | S-23 | <b>23,5</b>  | <2    | 20/05/1973 | Igualada    |

### **(AL) 200 tanques (0' 762)**

|   |                                                   |      | MARCA       | T_Real | V          |                       |
|---|---------------------------------------------------|------|-------------|--------|------------|-----------------------|
| 1 | M <sup>a</sup> Isabel Pozo Martínez (1978)        | S-14 | <b>34,5</b> |        | 27/04/1991 | Barcelona (Serrahima) |
| 2 | Elena González Laguna (1978)                      | S-14 | <b>38,1</b> |        | 09/03/1991 | Barcelona (Serrahima) |
| 3 | Sandra Riera Castillo (1975)                      | S-14 | <b>38,4</b> |        | 01/10/1988 | Barcelona (Serrahima) |
| 4 | Dunia González Lladó (1980)                       | S-14 | <b>38,4</b> |        | 16/10/1993 | Barcelona (Serrahima) |
| 5 | M <sup>a</sup> Victoria Calvache López (1978)     | S-14 | <b>40,0</b> |        | 19/01/1991 | Cornellà              |
| 6 | Cristina Garcia González (1977)                   | S-14 | <b>42,2</b> |        | 17/03/1990 | Calella               |
| 7 | M <sup>a</sup> del Pilar Alvarez Ciendones (1978) | S-14 | <b>42,5</b> |        | 28/09/1991 | Barcelona (Can Dragó) |
| 8 | Carmen Martínez de Sanjosé (1975)                 | S-14 | <b>45,0</b> |        | 01/10/1988 | Barcelona (Serrahima) |
| 9 | Mireia Monago Fernández (1980)                    | S-14 | <b>45,0</b> |        | 16/10/1993 | Barcelona (Serrahima) |

### **(AL) 400 tanques (0' 762)**

|    |                                            |      | MARCA           | T_Real | V          |                       |
|----|--------------------------------------------|------|-----------------|--------|------------|-----------------------|
| 1  | Esmeralda Arriscado García (1976)          | S-23 | <b>01:02,58</b> |        | 21/06/1997 | Palafrugell           |
| 2  | Sara Dorda Sans (1997)                     | S-18 | <b>01:02,91</b> |        | 07/06/2014 | Barcelona (Serrahima) |
| 3  | Laura Sabater Alberts (1976)               | S-18 | <b>01:06,28</b> |        | 31/07/1993 | Barcelona (Serrahima) |
| 4  | M <sup>a</sup> Isabel Pozo Martínez (1978) | S-18 | <b>01:07,1</b>  |        | 07/05/1995 | Mataró                |
| 5  | Beatriz Delgado Castro (1967)              | S-20 | <b>01:07,3</b>  |        | 20/04/1986 | Sant Celoni           |
| 6  | Elena Villasur Millán (1972)               | S-23 | <b>01:08,28</b> |        | 10/06/1994 | l' Hospitalet         |
| 7  | Ester González Gálvez (1978)               | S-18 | <b>01:09,4</b>  |        | 19/03/1995 | Barcelona (Can Dragó) |
| 8  | Anna Boixet Moner (2004)                   | S-18 | <b>01:10,75</b> |        | 27/09/2020 | Igualada (C.CAT)      |
| 9  | Mònica Espinàs Martínez (1967)             | S-20 | <b>01:11,7</b>  |        | 16/06/1985 | Badalona              |
| 10 | Jana Hanackova (1978)                      | SEN  | <b>01:12,50</b> |        | 07/05/2006 | El Prat               |
| 11 | Ursula Soetekou (1964)                     | S-23 | <b>01:12,4</b>  |        | 14/04/1985 | Badalona              |
| 12 | Katinka Rosés Bécker (1973)                | S-18 | <b>01:13,0</b>  |        | 03/06/1990 | Mataró                |
| 13 | Vanessa Vivas Lirola (1979)                | S-20 | <b>01:13,97</b> |        | 18/06/1997 | Barcelona (Serrahima) |
| 14 | Maite Villaverde Pastor (1970)             | S-18 | <b>01:14,4</b>  |        | 26/04/1987 | Granollers            |
| 15 | Carmen Pérez Merino (1964)                 | SEN  | <b>01:15,3</b>  |        | 17/04/1988 | Granollers            |
| 16 | Esther Castro Muñoz (1991)                 | S-23 | <b>01:15,91</b> |        | 10/04/2011 | Terrassa              |
| 17 | Joana Filbà Estrader (1973)                | S-16 | <b>01:16,0</b>  |        | 29/05/1988 | Badalona              |
| 18 | Adelina Pérez Merino (1967)                | S-23 | <b>01:17,5</b>  |        | 29/05/1988 | Badalona              |
| 19 | Yolanda Guerrero González (1967)           | S-20 | <b>01:18,3</b>  |        | 16/06/1985 | Badalona              |
| 20 | Myriam Fernández Castillo (1987)           | S-20 | <b>01:19,5</b>  |        | 01/05/2005 | Mollet                |

|    |                               |      |                 |            |          |
|----|-------------------------------|------|-----------------|------------|----------|
| 21 | Aida Artigas Tizón (1984)     | S-23 | <b>01:20,7</b>  | 25/04/2004 | Lloret   |
| 22 | Mar Margarit Ríos (1993)      | S-20 | <b>01:22,77</b> | 10/04/2011 | Terrassa |
| 23 | Emma Olasz Ambit (1965)       | F50  | <b>01:23,39</b> | 06/05/2018 | Mataró   |
| 24 | Begoña Blanco Martínez (1971) | SEN  | <b>01:23,7</b>  | 24/04/1994 | Mataró   |
| 25 | Xènia Mas Garcia (2000)       | S-18 | <b>01:24,98</b> | 30/04/2016 | Mollet   |
| 26 | Núria Andrés Bonnin (1991)    | S-18 | <b>01:27,38</b> | 20/05/2007 | El Prat  |
| 27 | Neus Sala Hernández (1986)    | S-20 | <b>01:35,0</b>  | 23/05/2004 | El Prat  |
| 28 | Gisela Carrera Pérez (1990)   | S-18 | <b>01:36,77</b> | 07/05/2006 | El Prat  |

### **(AL) 2000 obstacles (0' 914, amb ria)**

|   |                                  |      | MARCA           | T_Real     | V              |
|---|----------------------------------|------|-----------------|------------|----------------|
| 1 | Verónica Fernández Lirola (1978) | S-20 | <b>07:59,4</b>  | 28/09/1996 | Sabadell       |
| 2 | Eva Riera Rueda (1973)           | F40  | <b>09:13,60</b> | 12/06/2016 | Mollet (C.CAT) |

### **(AL) 3000 obstacles**

|   |                                   |      | MARCA           | T_Real     | V                     |
|---|-----------------------------------|------|-----------------|------------|-----------------------|
| 1 | Laila Ruth Vivas Glaser (1995)    | S-23 | <b>11:56,72</b> | 07/06/2017 | Barcelona (Serrahima) |
| 2 | Esther Castro Muñoz (1991)        | S-23 | <b>12:25,35</b> | 20/04/2013 | Mataró                |
| 3 | Sandra Alonso Ruiz (1980)         | SEN  | <b>13:11,81</b> | 20/05/2007 | El Prat               |
| 4 | Ana Esther Fidalgo Álvarez (1969) | F40  | <b>15:38,69</b> | 22/04/2012 | Castellar del Vallès  |
| 5 | Neus Aran Planas (1980)           | SEN  | <b>15:53,02</b> | 07/05/2006 | El Prat               |

### **(AL) Alçada**

***Mínima 1,05m***

|    |                                            |      | MARCA        | T_Real     | V                          |
|----|--------------------------------------------|------|--------------|------------|----------------------------|
| 1  | Elena González Laguna (1978)               | S-20 | <b>1,64m</b> | 21/07/1996 | Barcelona (Estadi Olímpic) |
| 2  | Lambra Sáinz Vidal (1976)                  | S-18 | <b>1,56m</b> | 28/02/1993 | Mataró                     |
| 3  | Lauren Baker Iguaz (1996)                  | S-16 | <b>1,55m</b> | 04/06/2011 | Barcelona (Serrahima)      |
| 4  | Myriam Fernández Castillo (1987)           | S-20 | <b>1,53m</b> | 05/06/2005 | Barcelona (Serrahima)      |
| 5  | Montserrat Font Llinés (1959)              | S-18 | <b>1,50m</b> | 19/06/1976 | Barcelona (Universitàries) |
| 6  | Esmeralda Arriscado García (1976)          | S-23 | <b>1,49m</b> | 20/04/1996 | Mollet                     |
| 7  | Meritxell Filbà Estrader (1971)            | S-23 | <b>1,48m</b> | 13/07/1991 | Sant Boi                   |
| 8  | Irene Reboredo Donato (1999)               | S-14 | <b>1,47m</b> | 17/03/2012 | El Prat                    |
| 9  | Maribel Trinidad Piñeiro Castilla (1965)   | S-14 | <b>1,45m</b> | 28/05/1977 | Vic                        |
| 10 | Elena Villasur Millán (1972)               | S-18 | <b>1,45m</b> | 25/06/1989 | Badalona                   |
| 11 | Sussanna Hoffen Visa (1968)                | S-18 | <b>1,43m</b> | 02/06/1985 | Calella                    |
| 12 | Laura Sabater Alberts (1976)               | S-16 | <b>1,42m</b> | 04/05/1991 | Barcelona (Serrahima)      |
| 13 | Montserrat Calafell Alsina (1964)          | S-16 | <b>1,40m</b> | 08/07/1978 | Mataró                     |
| 14 | M <sup>a</sup> Isabel Pozo Martínez (1978) | S-16 | <b>1,40m</b> | 22/02/1992 | Mataró                     |
| 15 | Cristina Fernández Molina (1982)           | S-18 | <b>1,40m</b> | 20/06/1999 | Barcelona (Serrahima)      |
| 16 | Mireia Bonjoch Freginals (1991)            | S-16 | <b>1,40m</b> | 27/11/2004 | Calella                    |
| 17 | Anna Fernández Garcia (1998)               | S-16 | <b>1,40m</b> | 22/04/2012 | Castellar del Vallès       |
| 18 | Alba Randolí Ferrando (2003)               | S-16 | <b>1,40m</b> | 23/04/2017 | Mataró                     |
| 19 | Ruth Díaz Calaf (1999)                     | S-14 | <b>1,38m</b> | 12/05/2012 | El Prat                    |
| 20 | Daniela Elvira Gutiérrez (2004)            | S-16 | <b>1,36m</b> | 25/11/2018 | Gavà                       |
| 21 | Sonia Pozo Martínez (1978)                 | S-16 | <b>1,35m</b> | 05/07/1992 | Mataró                     |
| 22 | Vanessa González Gálvez (1980)             | S-16 | <b>1,35m</b> | 01/04/1995 | Mataró                     |



|    |                                                   |      |              |            |                             |
|----|---------------------------------------------------|------|--------------|------------|-----------------------------|
| 23 | Sara Dorda Sans (1997)                            | S-14 | <b>1,35m</b> | 25/09/2010 | Mataró                      |
| 24 | Emma Palà Lorente (1999)                          | S-16 | <b>1,35m</b> | 14/09/2013 | Mataró                      |
| 25 | Alana Ordoyo Conroy (2005)                        | S-16 | <b>1,35m</b> | 06/04/2019 | Sant Celoni                 |
| 26 | Paula Lobato Durán (2008)                         | S-14 | <b>1,35m</b> | 01/02/2020 | Santa Coloma Gramanet       |
| 27 | Maria M. Gallandia Santos ()                      | SEN  | <b>1,33m</b> | 13/04/1986 | Cornellà                    |
| 28 | M <sup>a</sup> Antonia Calle Morgado ()           | SEN  | <b>1,33m</b> | 13/04/1986 | Cornellà                    |
| 29 | Maite Villaverde Pastor (1970)                    | S-20 | <b>1,33m</b> | 09/04/1989 | Badalona                    |
| 30 | Joana Filbà Estrader (1973)                       | S-18 | <b>1,33m</b> | 21/05/1989 | Mataró                      |
| 31 | Ursula Soetekou (1964)                            | S-23 | <b>1,32m</b> | 20/04/1985 | Barcelona (Serrahima)       |
| 32 | Marina Rodríguez Grajera (1990)                   | S-16 | <b>1,32m</b> | 06/03/2004 | Calella                     |
| 33 | Carme Bruguera Busquets (1972)                    | S-18 | <b>1,30m</b> | 09/04/1989 | Badalona                    |
| 34 | M <sup>a</sup> del Pilar Alvarez Ciendones (1978) | S-18 | <b>1,30m</b> | 17/06/1995 | Mataró                      |
| 35 | Montserrat Colomé Viñolas (1986)                  | S-20 | <b>1,30m</b> | 24/04/2005 | Calella                     |
| 36 | Manuela Reboredo Donato (1995)                    | S-16 | <b>1,30m</b> | 06/03/2010 | Mataró                      |
| 37 | Laila Ruth Vivas Glaser (1995)                    | S-16 | <b>1,30m</b> | 06/03/2010 | Mataró                      |
| 38 | Carla Alfonso Mihi (2002)                         | S-14 | <b>1,30m</b> | 13/12/2014 | El Prat                     |
| 39 | Mercè Sánchez Oller (2002)                        | S-16 | <b>1,30m</b> | 10/04/2016 | Mataró                      |
| 40 | Carla Alfonso Mihi (2002)                         | S-16 | <b>1,30m</b> | 30/04/2016 | Mollet                      |
| 41 | Martina Collet Bertran (2004)                     | S-16 | <b>1,30m</b> | 15/04/2018 | Granollers                  |
| 42 | Andrea Pérez Granado (2007)                       | S-14 | <b>1,30m</b> | 01/02/2020 | Santa Coloma Gramanet       |
| 43 | Mercè Macià Armengol (1956)                       | S-16 | <b>1,28m</b> | 31/10/1971 | Mataró                      |
| 44 | Emma Olasz Ambit (1965)                           | F50  | <b>1,27m</b> | 18/09/2016 | Palafrugell (C.CAT)         |
| 45 | Marina Polo Leonard (2007)                        | S-12 | <b>1,27m</b> | 11/03/2017 | l' Hospitalet               |
| 46 | Meritxell Bach Codina (1969)                      | S-18 | <b>1,26m</b> | 16/06/1985 | Badalona                    |
| 47 | Yolanda García Fernández (1982)                   | S-14 | <b>1,25m</b> | 09/04/1994 | Mataró                      |
| 48 | Nathalie Delphine Mendes (1997)                   | S-14 | <b>1,25m</b> | 24/04/2010 | Mataró                      |
| 49 | Kori Camara Camara (1998)                         | S-14 | <b>1,25m</b> | 24/04/2010 | Mataró                      |
| 50 | Edith Godoy Martínez (2004)                       | S-16 | <b>1,24m</b> | 02/12/2017 | Gavà                        |
| 51 | Cristina Garcia González (1977)                   | S-16 | <b>1,23m</b> | 18/10/1992 | Mataró                      |
| 52 | Berta Playà Soler (2003)                          | S-16 | <b>1,21m</b> | 27/12/2017 | Palafrugell                 |
| 53 | Natalia Millán Ríos (1976)                        | F40  | <b>1,21m</b> | 12/10/2020 | San Fernando (Cádiz) (C.ES) |
| 54 | María Luisa Novo Ureña (1960)                     | S-16 | <b>1,20m</b> | 16/02/1974 | s/d                         |
| 55 | Mercedes Ortega Vinuesa (1964)                    | S-14 | <b>1,20m</b> | 05/07/1977 | Mataró                      |
| 56 | Dorotea Silveira Boronat (1967)                   | S-12 | <b>1,20m</b> | 08/07/1978 | Mataró                      |
| 57 | Eva Cabeza Sabatell (1972)                        | S-16 | <b>1,20m</b> | 12/04/1987 | Igualada                    |
| 58 | M <sup>a</sup> Victoria Calvache López (1978)     | S-16 | <b>1,20m</b> | 15/02/1992 | Mataró                      |
| 59 | Sussanna Sabater Alberts (1978)                   | S-16 | <b>1,20m</b> | 28/02/1993 | Mataró                      |
| 60 | Dunia Jiménez Vela (1972)                         | SEN  | <b>1,20m</b> | 31/05/1998 | Mataró                      |
| 61 | Bárbara Gutiérrez Saucedo (1988)                  | S-14 | <b>1,20m</b> | 03/03/2001 | Mataró                      |
| 62 | Sonia Vázquez Bayo (1987)                         | S-16 | <b>1,20m</b> | 16/03/2002 | Mataró                      |
| 63 | Silvia Fernández Vázquez (1986)                   | S-18 | <b>1,20m</b> | 04/05/2003 | Barcelona (Can Dragó)       |
| 64 | Neus Aran Planas (1980)                           | SEN  | <b>1,20m</b> | 18/05/2003 | Mataró                      |
| 65 | Montse López Mata (1988)                          | S-16 | <b>1,20m</b> | 18/05/2003 | Mataró                      |
| 66 | Raquel Pérez Pérez (1989)                         | S-16 | <b>1,20m</b> | 18/04/2004 | Lloret                      |
| 67 | Sonia Torres Notario (1991)                       | S-16 | <b>1,20m</b> | 27/11/2004 | Calella                     |

|     |                                                |      |              |            |                       |
|-----|------------------------------------------------|------|--------------|------------|-----------------------|
| 68  | Laura Ballester Trias (1990)                   | S-16 | <b>1,20m</b> | 27/11/2004 | Calella               |
| 69  | Laura Canal Esteve (1993)                      | S-14 | <b>1,20m</b> | 23/04/2005 | Mataró                |
| 70  | Rocío Moreno Jiménez (1992)                    | S-16 | <b>1,20m</b> | 17/12/2005 | Mataró                |
| 71  | Carla Fernández García (1994)                  | S-14 | <b>1,20m</b> | 07/10/2007 | Barcelona (Serrahima) |
| 72  | Alba Grau Subirats (1996)                      | S-14 | <b>1,20m</b> | 27/09/2008 | Tarragona             |
| 73  | Ariadna Rovira González (2006)                 | S-12 | <b>1,20m</b> | 06/05/2017 | Vilafranca            |
| 74  | Carlota Colomer Labutova (2008)                | S-14 | <b>1,20m</b> | 01/02/2020 | Santa Coloma Gramanet |
| 75  | Immaculada Comas del Amo (1965)                | S-14 | <b>1,15m</b> | 05/07/1977 | Mataró                |
| 76  | Melani Ballesta Sánchez (1991)                 | S-14 | <b>1,15m</b> | 01/03/2003 | Mataró                |
| 77  | Gisela Carrera Pérez (1990)                    | S-16 | <b>1,15m</b> | 01/05/2004 | El Prat               |
| 78  | Sandra Torrejón García (1991)                  | S-16 | <b>1,15m</b> | 27/11/2004 | Calella               |
| 79  | Sonia Martín Contreras (1991)                  | S-16 | <b>1,15m</b> | 27/11/2004 | Calella               |
| 80  | Patricia Muñoz Doblás (1991)                   | S-16 | <b>1,15m</b> | 27/11/2004 | Calella               |
| 81  | Selene Urbano Navarro (1992)                   | S-16 | <b>1,15m</b> | 20/05/2007 | El Prat               |
| 82  | Patricia Mas Bermejo (1997)                    | S-14 | <b>1,15m</b> | 24/04/2010 | Mataró                |
| 83  | Sarah Bax (2005)                               | S-12 | <b>1,15m</b> | 02/04/2016 | El Prat (C.CAT)       |
| 84  | Georgina Meulenkamp (2005)                     | S-12 | <b>1,15m</b> | 01/10/2016 | Castellar del Vallès  |
| 85  | Ainhoa Perona Tarragó (2003)                   | S-16 | <b>1,15m</b> | 02/12/2017 | Gavà                  |
| 86  | Anna Boixet Moner (2004)                       | S-16 | <b>1,15m</b> | 25/11/2018 | Gavà                  |
| 87  | Naia Rubiales Pertegaz (2009)                  | S-12 | <b>1,15m</b> | 18/01/2020 | Mataró                |
| 88  | Alba Torrejón García (1993)                    | S-14 | <b>1,14m</b> | 21/01/2006 | Mataró                |
| 89  | Clara Sanz Fidalgo (1996)                      | S-14 | <b>1,12m</b> | 21/03/2009 | Mataró                |
| 90  | Aixa Chougrani Zuriaga (1995)                  | SEN  | <b>1,12m</b> | 04/04/2009 | Mataró                |
| 91  | Mercè Estivill Pascual (1964)                  | S-14 | <b>1,10m</b> | 05/07/1977 | Mataró                |
| 92  | Paula García González (1982)                   | S-14 | <b>1,10m</b> | 09/04/1994 | Mataró                |
| 93  | Teresa Jiménez Cantalejo (1963)                | SEN  | <b>1,10m</b> | 16/05/1998 | Granollers            |
| 94  | Xènia Pelegrí Guilleme (1988)                  | SEN  | <b>1,10m</b> | 16/03/2002 | Mataró                |
| 95  | Raquel González Campos (1989)                  | S-14 | <b>1,10m</b> | 22/06/2002 | Mataró                |
| 96  | Berta Creus Olivart (1988)                     | SEN  | <b>1,10m</b> | 18/04/2004 | Lloret                |
| 97  | Gemma Lladó Obón (1990)                        | SEN  | <b>1,10m</b> | 01/05/2004 | El Prat               |
| 98  | Tania García Eslava (1993)                     | S-14 | <b>1,10m</b> | 30/09/2006 | Barcelona (Serrahima) |
| 99  | Alexandra López Borrego (1996)                 | S-14 | <b>1,10m</b> | 03/11/2007 | Mataró                |
| 100 | Laura Pelegrí Guilleme (1993)                  | SEN  | <b>1,10m</b> | 03/11/2007 | Mataró                |
| 101 | Claudia Balló Verges (1996)                    | S-14 | <b>1,10m</b> | 03/11/2007 | Mataró                |
| 102 | Paula Sánchez Pió (1998)                       | S-14 | <b>1,10m</b> | 29/05/2010 | Mataró                |
| 103 | Oumaima Blal Lahlimi (1997)                    | S-14 | <b>1,10m</b> | 25/09/2010 | Mataró                |
| 104 | Nadia Roncero Domínguez (2002)                 | S-12 | <b>1,10m</b> | 01/06/2013 | El Prat               |
| 105 | Leyre Lozano León (2009)                       | S-12 | <b>1,10m</b> | 10/11/2018 | Barcelona (Serrahima) |
| 106 | Adelina Ruiz Mateo (1952)                      | SEN  | <b>1,08m</b> | 13/05/1973 | Girona                |
| 107 | Lidia Mas Martínez (1992)                      | S-14 | <b>1,08m</b> | 13/03/2004 | Mataró                |
| 108 | M <sup>a</sup> del Mar Espartero Poyato (1980) | S-14 | <b>1,05m</b> | 27/02/1993 | Mataró                |
| 109 | Jordina Tubau Candau (1984)                    | SEN  | <b>1,05m</b> | 28/02/1998 | Mataró                |
| 110 | Esther Castro Muñoz (1991)                     | S-14 | <b>1,05m</b> | 14/12/2003 | Mataró                |
| 111 | Noelia Valencia Rodríguez (1992)               | S-14 | <b>1,05m</b> | 20/12/2003 | Mataró                |
| 112 | Lydia Gaspar y López de la Nieta (1996)        | S-12 | <b>1,05m</b> | 15/09/2007 | Barcelona (Serrahima) |

|     |                                      |      |              |            |                       |
|-----|--------------------------------------|------|--------------|------------|-----------------------|
| 113 | Alba Sánchez Borrego (1997)          | S-14 | <b>1,05m</b> | 26/09/2009 | Mataró                |
| 114 | Mariona Murcia Isarn (1998)          | S-14 | <b>1,05m</b> | 27/03/2010 | Mataró                |
| 115 | Laura Jiménez Martí (2000)           | S-12 | <b>1,05m</b> | 26/03/2011 | Terrassa              |
| 116 | Aina Manrique Vera (2004)            | S-14 | <b>1,05m</b> | 12/12/2015 | Terrassa              |
| 117 | Isabel Molina Quiñones (2005)        | S-14 | <b>1,05m</b> | 17/12/2016 | El Prat               |
| 118 | Blanca Fernández Vila (2006)         | S-12 | <b>1,05m</b> | 11/03/2017 | l' Hospitalet         |
| 119 | Bruna Gilabert González (2007)       | S-14 | <b>1,05m</b> | 15/12/2018 | Santa Coloma Gramanet |
| 120 | Alejandra Cunillera Fernández (2007) | S-14 | <b>1,05m</b> | 01/02/2020 | Santa Coloma Gramanet |

### (AL) Perxa

|    |                                                   |      | MARCA        | T_Real     | V                     |
|----|---------------------------------------------------|------|--------------|------------|-----------------------|
| 1  | Mireia Bonjoch Freginals (1991)                   | S-16 | <b>3,42m</b> | 03/08/2006 | Mataró                |
| 2  | M <sup>a</sup> Isabel Pozo Martínez (1978)        | S-20 | <b>2,50m</b> | 13/07/1996 | Barcelona (Serrahima) |
| 3  | Carina Rojo Diume (1988)                          | S-20 | <b>2,40m</b> | 07/05/2006 | El Prat               |
| 4  | M <sup>a</sup> del Pilar Alvarez Ciendones (1978) | S-20 | <b>2,30m</b> | 14/07/1996 | Barcelona (Serrahima) |
| 5  | Montse López Mata (1988)                          | S-18 | <b>2,30m</b> | 23/05/2004 | El Prat               |
| 6  | Lauren Baker Iguaz (1996)                         | S-16 | <b>2,30m</b> | 16/05/2010 | Barcelona (Can Dragó) |
| 7  | Sara Dorda Sans (1997)                            | S-16 | <b>2,25m</b> | 15/09/2012 | Manresa               |
| 8  | Carla Alfonso Mihi (2002)                         | S-18 | <b>2,20m</b> | 06/05/2018 | Mataró                |
| 9  | Laura Sabater Alberts (1976)                      | S-20 | <b>2,11m</b> | 02/06/1995 | Barcelona (Serrahima) |
| 10 | Irene Reboredo Donato (1999)                      | S-16 | <b>2,10m</b> | 12/05/2013 | El Prat               |
| 11 | Silvia Fernández Vázquez (1986)                   | S-18 | <b>2,00m</b> | 27/04/2003 | Mataró                |
| 12 | Clara Sanz Fidalgo (1996)                         | S-18 | <b>2,00m</b> | 15/04/2012 | Granollers            |
| 13 | Tania García Eslava (1993)                        | S-14 | <b>1,90m</b> | 04/03/2006 | Calella               |
| 14 | Ainhoa Perona Tarragó (2003)                      | S-16 | <b>1,70m</b> | 29/04/2017 | Sant Celoni           |
| 15 | Daniela Elvira Gutiérrez (2004)                   | S-16 | <b>1,70m</b> | 05/05/2019 | Barcelona (Serrahima) |
| 16 | Ruth Díaz Calaf (1999)                            | S-12 | <b>1,30m</b> | 29/05/2010 | Mataró                |

### (AL) Llargada

***Mínima 3,8m***

|    |                                            |      | MARCA        | T_Real | V                                |
|----|--------------------------------------------|------|--------------|--------|----------------------------------|
| 1  | Esmeralda Arriscado García (1976)          | S-20 | <b>5,47m</b> | +1' 8  | 04/06/1995 Barcelona (Serrahima) |
| 2  | Lambra Sáinz Vidal (1976)                  | S-18 | <b>5,29m</b> | +1' 2  | 28/02/1993 Mataró                |
| 3  | Meritxell Filbà Estrader (1971)            | S-23 | <b>5,25m</b> | -0' 5  | 12/07/1992 Alcorcón              |
| 4  | María Luisa Novo Ureña (1960)              | S-18 | <b>4,98m</b> | <2     | 26/09/1976 Mataró                |
| 5  | Lauren Baker Iguaz (1996)                  | S-18 | <b>4,96m</b> | +1' 3  | 29/05/2013 Barcelona (Serrahima) |
| 6  | Laia Sans Martínez (1988)                  | S-16 | <b>4,95m</b> | +0' 8  | 14/05/2003 Barcelona (Can Dragó) |
| 7  | Emma Palà Lorente (1999)                   | S-16 | <b>4,94m</b> | -1' 4  | 28/09/2013 Castellar del Vallès  |
| 8  | M <sup>a</sup> Amparo González Vera (1983) | S-23 | <b>4,92m</b> | 0' 0   | 24/04/2005 Calella               |
| 9  | Laura Sabater Alberts (1976)               | S-20 | <b>4,84m</b> | +1' 7  | 16/01/1994 Palafrugell           |
| 10 | Raquel Pérez Pérez (1989)                  | S-18 | <b>4,84m</b> | +0' 4  | 21/06/2006 Barcelona (Serrahima) |
| 11 | Sara Dorda Sans (1997)                     | S-16 | <b>4,82m</b> | +1' 1  | 13/10/2012 El Prat               |
| 12 | Jessica León Olmos (1982)                  | F35  | <b>4,81m</b> | 0,0    | 06/04/2019 Sant Celoni           |
| 13 | Mónica Yoldi González (1970)               | S-18 | <b>4,77m</b> | <2     | 10/05/1987 Mataró                |
| 14 | Irene Reboredo Donato (1999)               | S-16 | <b>4,70m</b> | 0' 0   | 27/09/2014 Mataró                |
| 15 | Anna Boixet Moner (2004)                   | S-16 | <b>4,69m</b> | +1,1   | 06/04/2019 Sant Celoni           |
| 16 | Carmen Tosas Fuentes (1953)                | S-18 | <b>4,68m</b> | <2     | 17/05/1970 Barcelona (Montjuic)  |

|    |                                            |      |              |       |            |                              |
|----|--------------------------------------------|------|--------------|-------|------------|------------------------------|
| 17 | Carla Alfonso Mihi (2002)                  | S-18 | <b>4,67m</b> | +1,5  | 15/04/2018 | Granollers                   |
| 18 | Ursula Soetekou (1964)                     | S-23 | <b>4,63m</b> | <2    | 14/04/1985 | Granollers                   |
| 19 | Laura Ortiz Tejada (1965)                  | F40  | <b>4,63m</b> | 0' 0  | 11/07/2009 | Barcelona (Can Dragó)        |
| 20 | Elena González Laguna (1978)               | S-20 | <b>4,62m</b> | -1' 5 | 14/04/1996 | Mataró                       |
| 21 | Núria Andrés Bonnin (1991)                 | S-18 | <b>4,59m</b> | +1' 3 | 04/07/2007 | Barcelona (Serrahima)        |
| 22 | M <sup>a</sup> Isabel Pozo Martínez (1978) | S-18 | <b>4,56m</b> | +1' 6 | 10/04/1994 | Granollers                   |
| 23 | Sussanna Sabater Alberts (1978)            | S-18 | <b>4,55m</b> | +0' 9 | 14/05/1995 | Granollers                   |
| 24 | Nuri Solé Pérez (1972)                     | S-18 | <b>4,50m</b> | <2    | 09/04/1989 | Badalona                     |
| 25 | Martina Kidane Prades (2005)               | S-16 | <b>4,49m</b> | 0,0   | 04/05/2019 | I' Hospitalet                |
| 26 | Maribel Trinidad Piñeiro Castilla (1965)   | S-14 | <b>4,48m</b> | <2    | 16/02/1977 | Mataró                       |
| 27 | Daniela Elvira Gutiérrez (2004)            | S-16 | <b>4,45m</b> | +0,9  | 04/05/2019 | I' Hospitalet                |
| 28 | Raquel Palacios Cerdà (1981)               | SEN  | <b>4,40m</b> | -2' 7 | 18/04/2004 | Lloret                       |
| 29 | Rocío Moreno Jiménez (1992)                | S-16 | <b>4,38m</b> | +1' 0 | 03/12/2005 | Mataró                       |
| 30 | Laia Garcés Ballester (2003)               | S-16 | <b>4,37m</b> | +0'7  | 05/05/2018 | Barcelona (Serrahima)        |
| 31 | Eva Carpintero Sánchez (1973)              | S-18 | <b>4,35m</b> | <2    | 09/04/1989 | Badalona                     |
| 32 | Mercè Macià Armengol (1956)                | S-18 | <b>4,34m</b> | <2    | 24/09/1972 | Badalona                     |
| 33 | Sonia Pozo Martínez (1978)                 | S-16 | <b>4,34m</b> | +0' 9 | 22/07/1992 | Mataró                       |
| 34 | Sandra Torrejón García (1991)              | S-16 | <b>4,34m</b> | -1' 0 | 16/04/2005 | Mollet                       |
| 35 | Berta Playà Soler (2003)                   | S-16 | <b>4,34m</b> | +0,6  | 25/11/2017 | Barcelona (Serrahima)        |
| 36 | Sandra Graupera Padrós (1974)              | S-16 | <b>4,32m</b> | <2    | 01/01/1989 | s/d                          |
| 37 | Maria Tió Batllori (1958)                  | SEN  | <b>4,31m</b> | <2    | 20/04/1986 | Sant Celoni                  |
| 38 | Carina Viñuela Pastor (1968)               | S-20 | <b>4,31m</b> | <2    | 20/04/1986 | Sant Celoni                  |
| 39 | Edith Godoy Martínez (2004)                | S-16 | <b>4,30m</b> | +0,6  | 25/11/2017 | Barcelona (Serrahima)        |
| 40 | Laia Ramia Pallàs (1988)                   | S-16 | <b>4,25m</b> | 0' 0  | 04/05/2003 | Barcelona (Can Dragó)        |
| 41 | Eugenia García Sánchez (1968)              | S-18 | <b>4,24m</b> | <2    | 14/04/1985 | Badalona                     |
| 42 | Montserrat Lluís Rodríguez (1959)          | S-14 | <b>4,23m</b> | <2    | 01/10/1972 | Mataró                       |
| 43 | Meritxell Ribé Rabascall (1989)            | S-16 | <b>4,22m</b> | +1' 7 | 21/06/2003 | I' Hospitalet                |
| 44 | Emma Olasz Ambit (1965)                    | F45  | <b>4,22m</b> | 0' 0  | 13/04/2014 | Mataró                       |
| 45 | Rosa M <sup>a</sup> Floris Doñate (1955)   | S-18 | <b>4,20m</b> | <2    | 27/07/1969 | Barcelona (Universitàries)   |
| 46 | Oumaima Blal Lahlimi (1997)                | S-16 | <b>4,19m</b> | -1' 7 | 22/04/2012 | Castellar del Vallès         |
| 47 | Anna Briansó Cendra (1956)                 | S-18 | <b>4,17m</b> | <2    | 01/10/1972 | Mataró                       |
| 48 | Carmen Bosch Palacios (1955)               | S-18 | <b>4,16m</b> | <2    | 27/05/1972 | Barcelona (Serrahima)        |
| 49 | Ruth Díaz Calaf (1999)                     | S-16 | <b>4,16m</b> | -0' 6 | 28/09/2013 | Castellar del Vallès         |
| 50 | Mar Espartero Polino (2007)                | S-12 | <b>4,16m</b> |       | 09/06/2018 | Castellar del Vallès (C.CAT) |
| 51 | Sara García Gázquez (2005)                 | S-16 | <b>4,16m</b> | -1,1  | 13/04/2019 | Sant Celoni                  |
| 52 | Cristina Garcia González (1977)            | S-16 | <b>4,15m</b> | +0' 3 | 14/04/1991 | Lloret                       |
| 53 | Diana Boiko (2005)                         | S-16 | <b>4,13m</b> | +0,1  | 10/11/2018 | Barcelona (Serrahima)        |
| 54 | Alana Ordoyo Conroy (2005)                 | S-16 | <b>4,13m</b> | 0,0   | 04/05/2019 | I' Hospitalet                |
| 55 | Alba Randolí Ferrando (2003)               | S-16 | <b>4,12m</b> | +0,7  | 05/05/2018 | Barcelona (Serrahima)        |
| 56 | Eva Sans Cruces (1976)                     | F40  | <b>4,12m</b> | +1,9  | 31/07/2020 | Vilafranca                   |
| 57 | Mercedes Ortega Vinuesa (1964)             | S-14 | <b>4,09m</b> | <2    | 14/05/1977 | Mataró                       |
| 58 | Marta Venega Gago (1978)                   | S-16 | <b>4,08m</b> | +0' 8 | 09/05/1993 | Tarragona                    |
| 59 | Lidia Cornellàs Ruzafa (1960)              | S-18 | <b>4,07m</b> | <2    | 04/04/1975 | Cornellà                     |
| 60 | Esther Castro Muñoz (1991)                 | S-18 | <b>4,07m</b> | +0' 5 | 28/04/2007 | Mataró                       |
| 61 | Bárbara Gutiérrez Saucedo (1988)           | S-16 | <b>4,04m</b> | +0' 6 | 18/05/2003 | Mataró                       |

|    |                                                   |      |              |       |            |                       |
|----|---------------------------------------------------|------|--------------|-------|------------|-----------------------|
| 62 | Mireia Bonjoch Freginals (1991)                   | S-16 | <b>4,03m</b> | +0' 8 | 13/11/2004 | Mataró                |
| 63 | Vanessa Lozano Álvarez (1979)                     | S-20 | <b>4,02m</b> | +0' 7 | 16/05/1998 | Granollers            |
| 64 | Clara Sanz Fidalgo (1996)                         | S-18 | <b>4,01m</b> | -2' 0 | 22/04/2012 | Castellar del Vallès  |
| 65 | Aina Anso Cabré (1988)                            | S-16 | <b>4,00m</b> | -1' 0 | 13/04/2003 | Mataró                |
| 66 | Immaculada Comas del Amo (1965)                   | S-14 | <b>3,98m</b> | <2    | 14/05/1977 | Mataró                |
| 67 | Laura Martínez Vera (1975)                        | S-18 | <b>3,96m</b> | +1' 3 | 22/07/1992 | Mataró                |
| 68 | Meritxell Bach Codina (1969)                      | S-18 | <b>3,95m</b> | <2    | 16/06/1985 | Badalona              |
| 69 | Sofía Sanz Fidalgo (1999)                         | S-18 | <b>3,91m</b> | +1' 8 | 10/04/2016 | Mataró                |
| 70 | Xènia Pelegrí Guilleme (1988)                     | S-16 | <b>3,90m</b> | -1' 2 | 23/03/2002 | Mataró                |
| 71 | M.C. Maltas ()                                    | SEN  | <b>3,89m</b> | <2    | 01/01/1966 | s/d                   |
| 72 | M <sup>a</sup> Victoria Calvache López (1978)     | S-16 | <b>3,89m</b> | +0' 9 | 14/03/1992 | Mataró                |
| 73 | Manuela Reboredo Donato (1995)                    | S-16 | <b>3,89m</b> | +1' 1 | 25/09/2010 | Mataró                |
| 74 | Laura Ballester Trias (1990)                      | S-16 | <b>3,88m</b> | -1' 1 | 05/06/2004 | Castellar del Vallès  |
| 75 | Anna Fernández Garcia (1998)                      | S-16 | <b>3,86m</b> | 0' 0  | 28/09/2013 | Castellar del Vallès  |
| 76 | Montserrat Calafell Alsina (1964)                 | S-16 | <b>3,85m</b> | <2    | 07/05/1978 | Barcelona (Serrahima) |
| 77 | Julia Mumbauer (2004)                             | S-14 | <b>3,83m</b> | -0' 2 | 07/05/2016 | Badalona              |
| 78 | M <sup>a</sup> del Pilar Alvarez Ciendones (1978) | S-16 | <b>3,82m</b> | +0' 1 | 17/10/1993 | Barcelona (Serrahima) |
| 79 | Laila Ruth Vivas Glaser (1995)                    | S-16 | <b>3,82m</b> | -1' 4 | 26/09/2009 | Mataró                |
| 80 | Anna Cano Moure (2001)                            | S-16 | <b>3,81m</b> | -1' 0 | 22/11/2014 | Mataró                |
| 81 | Sonia Vázquez Bayo (1987)                         | S-16 | <b>3,80m</b> | -1' 1 | 23/03/2002 | Mataró                |

### (AL) Triple salt

***Mínima 7,55m***

|    |                                            |      | MARCA         | T_Real | V          |                       |
|----|--------------------------------------------|------|---------------|--------|------------|-----------------------|
| 1  | Lauren Baker Iguaz (1996)                  | S-18 | <b>11,22m</b> | +0' 8  | 01/06/2013 | Igualada              |
| 2  | M <sup>a</sup> Amparo González Vera (1983) | S-23 | <b>11,04m</b> | +1' 9  | 17/04/2005 | Barcelona (Can Dragó) |
| 3  | Alba Grau Subirats (1996)                  | SEN  | <b>10,67m</b> | -0,6   | 14/04/2019 | Sant Celoni           |
| 4  | Elena Villasur Millán (1972)               | S-23 | <b>10,59m</b> | -2' 2  | 23/05/1993 | Reus                  |
| 5  | Raquel Palacios Cerdà (1981)               | SEN  | <b>10,57m</b> | -0' 6  | 23/05/2004 | El Prat               |
| 6  | Laia Garcés Ballester (2003)               | S-16 | <b>10,49m</b> | +2,0   | 10/06/2018 | Lleida                |
| 7  | Sara Dorda Sans (1997)                     | S-16 | <b>10,42m</b> | +1' 3  | 17/06/2012 | Vic                   |
| 8  | Myriam Fernández Castillo (1987)           | S-20 | <b>10,35m</b> | -0' 4  | 01/05/2005 | Mollet                |
| 9  | Elena González Laguna (1978)               | S-20 | <b>10,02m</b> | -0' 2  | 02/03/1996 | Mataró                |
| 10 | Meritxell Filbà Estrader (1971)            | S-23 | <b>10,01m</b> | +0' 2  | 26/04/1992 | Sant Boi              |
| 11 | Berta Playà Soler (2003)                   | S-16 | <b>9,98m</b>  | +1,7   | 08/04/2017 | Vic                   |
| 12 | Eugenia García Sánchez (1968)              | SEN  | <b>9,92m</b>  | +0,1   | 23/05/1993 | Reus                  |
| 13 | Laia Sans Martínez (1988)                  | S-18 | <b>9,75m</b>  | +1' 1  | 25/04/2004 | Lloret                |
| 14 | Sandra Torrejón García (1991)              | S-16 | <b>9,69m</b>  | -2' 4  | 01/05/2005 | El Prat               |
| 15 | Irene Reboredo Donato (1999)               | S-16 | <b>9,63m</b>  | 0' 0   | 26/04/2014 | Mataró                |
| 16 | Carla Alfonso Mihi (2002)                  | S-16 | <b>9,60m</b>  | +0,9   | 29/04/2017 | Sant Celoni           |
| 17 | Edith Godoy Martínez (2004)                | S-16 | <b>9,57m</b>  | +1,9   | 27/04/2019 | Barcelona (Serrahima) |
| 18 | Daniela Elvira Gutiérrez (2004)            | S-16 | <b>9,54m</b>  | +0,8   | 21/04/2018 | Sant Celoni           |
| 19 | Laura Martínez Vera (1975)                 | S-20 | <b>9,45m</b>  | -1' 4  | 24/04/1994 | Mataró                |
| 20 | Laura Sabater Alberts (1976)               | S-23 | <b>9,40m</b>  | -0' 2  | 21/04/1996 | Sant Celoni           |
| 21 | Eva Sans Cruces (1976)                     | F40  | <b>9,40m</b>  | -0,7   | 12/08/2020 | Sabadell              |
| 22 | Nazaret Cardona Mendoza (1982)             | S-16 | <b>9,33m</b>  | -0' 3  | 17/05/1997 | Lleida                |

|    |                                   |      |              |       |            |                       |
|----|-----------------------------------|------|--------------|-------|------------|-----------------------|
| 23 | Sussanna Sabater Alberts (1978)   | S-18 | <b>9,29m</b> | +1' 5 | 07/05/1995 | Mataró                |
| 24 | Laura Ortiz Tejada (1965)         | F45  | <b>9,24m</b> | +0' 7 | 15/04/2012 | Granollers            |
| 25 | Sandra Alonso Ruiz (1980)         | SEN  | <b>9,12m</b> | -1' 5 | 23/05/2004 | El Prat               |
| 26 | Meritxell Ribé Rabascall (1989)   | SEN  | <b>9,10m</b> | -1' 2 | 15/06/2003 | Mataró                |
| 27 | Emma Palà Lorente (1999)          | S-16 | <b>9,08m</b> | -1' 9 | 25/05/2013 | Castellar del Vallès  |
| 28 | Alba Randolí Ferrando (2003)      | S-18 | <b>9,07m</b> | -1,9  | 14/04/2019 | Sant Celoni           |
| 29 | Bárbara Gutiérrez Saucedo (1988)  | S-16 | <b>9,00m</b> | -2' 8 | 27/04/2003 | Mataró                |
| 30 | Alana Ordoyo Conroy (2005)        | S-16 | <b>8,95m</b> | -2,5  | 27/04/2019 | Barcelona (Serrahima) |
| 31 | Carina Viñuela Pastor (1968)      | SEN  | <b>8,91m</b> | +0' 7 | 14/04/1991 | Lloret                |
| 32 | Rocío Moreno Jiménez (1992)       | S-16 | <b>8,91m</b> | +0' 5 | 22/04/2006 | l' Hospitalet         |
| 33 | Raquel Pérez Pérez (1989)         | S-18 | <b>8,91m</b> | -0' 3 | 07/05/2006 | El Prat               |
| 34 | Manuela Reboredo Donato (1995)    | S-16 | <b>8,86m</b> | -2' 0 | 07/03/2009 | Mataró                |
| 35 | Tania García Eslava (1993)        | S-16 | <b>8,70m</b> | +1' 6 | 20/09/2008 | El Prat               |
| 36 | Nathalie Delphine Mendes (1997)   | S-16 | <b>8,70m</b> | 0' 0  | 21/05/2011 | Calella               |
| 37 | Núria Andrés Bonnin (1991)        | S-18 | <b>8,63m</b> | +1' 0 | 15/04/2007 | Barcelona (Serrahima) |
| 38 | Laila Ruth Vivas Glaser (1995)    | S-16 | <b>8,60m</b> | -1' 4 | 20/03/2010 | Calella               |
| 39 | Laura Ballester Trias (1990)      | S-16 | <b>8,59m</b> | +1' 5 | 23/04/2005 | Mataró                |
| 40 | Patricia Muñoz Doblás (1991)      | S-18 | <b>8,57m</b> | +1' 2 | 23/04/2005 | Mataró                |
| 41 | Marina Rodríguez Grajera (1990)   | S-16 | <b>8,56m</b> | -1' 2 | 22/05/2004 | Calella               |
| 42 | Cristina Manglano Pallarès (1976) | S-20 | <b>8,46m</b> | +1' 7 | 14/05/1995 | Granollers            |
| 43 | Gisela Carrera Pérez (1990)       | S-16 | <b>8,23m</b> | +1' 7 | 23/04/2005 | Mataró                |
| 44 | Ainhoa Perona Tarragó (2003)      | S-16 | <b>8,16m</b> | +0,3  | 18/03/2017 | Barcelona (Serrahima) |
| 45 | Xènia Pelegrí Guillemé (1988)     | S-16 | <b>8,06m</b> | -2' 4 | 27/04/2003 | Mataró                |
| 46 | Aixa Chougrani Zuriaga (1995)     | S-16 | <b>8,05m</b> | -0' 8 | 09/10/2010 | Terrassa              |
| 47 | Mercè Sánchez Oller (2002)        | S-16 | <b>8,04m</b> | +0' 5 | 16/04/2016 | Mataró                |
| 48 | Emma Olsz Ambit (1965)            | F45  | <b>7,96m</b> | 0' 0  | 26/04/2014 | Mataró                |
| 49 | Clara Sanz Fidalgo (1996)         | S-16 | <b>7,91m</b> | -1' 4 | 20/03/2010 | Calella               |
| 50 | Laura Pelegrí Guillemé (1993)     | S-16 | <b>7,85m</b> | +1' 7 | 20/09/2008 | El Prat               |
| 51 | Soraya Santiago Acién (1981)      | S-16 | <b>7,55m</b> | -0' 7 | 18/05/1996 | Manresa               |

### (AL) Pes (4 kg)

|    |                                   |      | MARCA         | T_Real | V          |                       |
|----|-----------------------------------|------|---------------|--------|------------|-----------------------|
| 1  | Meritxell Filbà Estrader (1971)   | S-23 | <b>14,16m</b> |        | 10/07/1992 | Alcorcón              |
| 2  | Marta Sala Ramos (1957)           | S-18 | <b>10,36m</b> |        | 27/03/1976 | Barcelona (Serrahima) |
| 3  | Cristina Garcia González (1977)   | S-23 | <b>10,07m</b> |        | 06/04/1997 | Sant Celoni           |
| 4  | Eugenia García Sánchez (1968)     | SEN  | <b>9,70m</b>  |        | 14/04/1991 | Lloret                |
| 5  | Laura Sabater Alberts (1976)      | S-23 | <b>9,64m</b>  |        | 25/05/1997 | Barcelona (Serrahima) |
| 6  | Nazaret Cardona Mendoza (1982)    | S-23 | <b>9,50m</b>  |        | 18/04/2004 | Lloret                |
| 7  | Raquel Pallarès Expósito (1986)   | S-18 | <b>8,88m</b>  |        | 01/06/2003 | Barcelona (Serrahima) |
| 8  | Esmeralda Arriscado García (1976) | S-23 | <b>8,76m</b>  |        | 14/04/1996 | Lleida                |
| 9  | Marta Duran Beltran (1966)        | S-23 | <b>8,75m</b>  |        | 03/05/1987 | Mataró                |
| 10 | Myriam Fernández Castillo (1987)  | S-20 | <b>8,68m</b>  |        | 04/06/2005 | Barcelona (Serrahima) |
| 11 | Montserrat Colomé Viñolas (1986)  | S-23 | <b>8,55m</b>  |        | 07/05/2006 | El Prat               |
| 12 | Carme Muñoz Alvarez (1964)        | SEN  | <b>7,98m</b>  |        | 12/04/1987 | Igualada              |
| 13 | Carina Viñuela Pastor (1968)      | S-18 | <b>7,89m</b>  |        | 24/03/1985 | Badalona              |



|    |                                                   |      |              |            |                       |
|----|---------------------------------------------------|------|--------------|------------|-----------------------|
| 14 | Marta García Díaz (1974)                          | S-20 | <b>7,89m</b> | 11/04/1992 | Terrassa              |
| 15 | Mercè Valero Mateo (1964)                         | S-23 | <b>7,67m</b> | 20/04/1985 | Barcelona (Serrahima) |
| 16 | Maite Villaverde Pastor (1970)                    | S-20 | <b>7,62m</b> | 30/04/1989 | Sant Celoni           |
| 17 | Carolina Moya Mateo (1978)                        | S-18 | <b>7,26m</b> | 28/05/1995 | Cornellà              |
| 18 | Georgina Ramírez Nistal (1977)                    | S-23 | <b>7,21m</b> | 17/04/1999 | Barcelona (Serrahima) |
| 19 | Lambra Sáinz Vidal (1976)                         | S-18 | <b>7,18m</b> | 28/02/1993 | Mataró                |
| 20 | Sussanna Sabater Alberts (1978)                   | S-20 | <b>7,09m</b> | 01/05/1996 | Granollers            |
| 21 | Mari Cruz Hernández Fernández (1970)              | S-20 | <b>7,01m</b> | 01/05/1988 | Mataró                |
| 22 | Jana Hanackova (1978)                             | SEN  | <b>6,99m</b> | 20/05/2007 | El Prat               |
| 23 | Natalia Millán Ríos (1976)                        | F40  | <b>6,93m</b> | 15/08/2020 | Gavà                  |
| 24 | Oumaima Blal Lahlimi (1997)                       | S-23 | <b>6,57m</b> | 23/04/2017 | Mataró                |
| 25 | Mercè Boixet Pujalt (1946)                        | S-23 | <b>6,50m</b> | 01/01/1965 | s/d                   |
| 26 | Carmen Tosas Fuentes (1953)                       | S-18 | <b>6,40m</b> | 25/05/1969 | Mataró                |
| 27 | M <sup>a</sup> del Pilar Alvarez Ciendones (1978) | S-23 | <b>6,28m</b> | 31/05/1998 | Mataró                |
| 28 | Aida Artigas Tizón (1984)                         | S-23 | <b>6,02m</b> | 09/05/2004 | Granollers            |
| 29 | Marta García González (1971)                      | S-20 | <b>5,96m</b> | 09/04/1989 | Badalona              |
| 30 | Eliana Ebri Santamaría (1956)                     | S-18 | <b>5,88m</b> | 04/06/1972 | Barcelona (Serrahima) |
| 31 | Vanessa Belmonte Moreno (1978)                    | S-18 | <b>5,86m</b> | 14/05/1995 | Granollers            |
| 32 | Anna M <sup>a</sup> Jofre Botey (1957)            | S-18 | <b>5,79m</b> | 31/05/1973 | Barcelona (Serrahima) |
| 33 | Silvia Girona Brugal (1972)                       | SEN  | <b>5,78m</b> | 16/05/1998 | Granollers            |
| 34 | Ana Esther Fidalgo Álvarez (1969)                 | F40  | <b>5,66m</b> | 20/04/2013 | Mataró                |
| 35 | Montserrat Bravo Ortiz (1968)                     | S-18 | <b>5,63m</b> | 24/03/1985 | Badalona              |
| 36 | Carme Dalmau Fort (1952)                          | S-23 | <b>5,60m</b> | 13/05/1973 | Girona                |
| 37 | Maria Esther Muñoz Donoso (1991)                  | S-18 | <b>5,49m</b> | 22/04/2007 | Mataró                |
| 38 | Nuri de Sanjosé Cerdà (1952)                      | SEN  | <b>5,42m</b> | 16/06/1985 | Badalona              |
| 39 | Maria Rosa Gracia ()                              | SEN  | <b>5,41m</b> | 01/01/1968 | Mataró                |
| 40 | Mónica Silva Bonito (1990)                        | S-18 | <b>5,32m</b> | 22/04/2006 | l' Hospitalet         |
| 41 | Eulalia López Torres (1955)                       | S-14 | <b>5,23m</b> | 18/06/1972 | Vic                   |
| 42 | Judit Fernández Vila (2001)                       | S-18 | <b>5,23m</b> | 23/04/2017 | Mataró                |
| 43 | Montserrat Lluís Rodríguez (1959)                 | S-14 | <b>5,21m</b> | 18/06/1972 | Vic                   |
| 44 | Begoña Blanco Martínez (1971)                     | SEN  | <b>5,20m</b> | 22/05/1994 | Sant Boi              |
| 45 | Montserrat Martí Pañella (1974)                   | S-23 | <b>5,16m</b> | 14/04/1996 | Mataró                |
| 46 | Eva Riera Rueda (1973)                            | F40  | <b>5,14m</b> | 02/07/2017 | Barcelona (Can Dragó) |
| 47 | Maria Luisa Riera ()                              | SEN  | <b>4,94m</b> | 01/01/1968 | Mataró                |
| 48 | Montserrat Carles Xapelli (1955)                  | S-18 | <b>4,94m</b> | 19/03/1972 | Calella               |
| 49 | Dunia Jiménez Vela (1972)                         | SEN  | <b>4,85m</b> | 28/04/1996 | Sabadell              |
| 50 | Montserrat Leonart Vila (1949)                    | S-23 | <b>4,79m</b> | 25/05/1969 | Mataró                |
| 51 | M <sup>a</sup> Carmen Romaguera Menéndez (1953)   | S-20 | <b>4,70m</b> | 19/03/1972 | Calella               |
| 52 | Laura Martín Ortiz (1978)                         | S-20 | <b>4,41m</b> | 14/07/1996 | Barcelona (Serrahima) |
| 53 | Encarna González Muñoz (1955)                     | F35  | <b>4,30m</b> | 08/05/1994 | Mataró                |

### (AL) Disc (1 kg)

|   |                                 |      | MARCA         | T_Real     | V                     |
|---|---------------------------------|------|---------------|------------|-----------------------|
| 1 | Zaynab Nouali (2003)            | S-18 | <b>35,15m</b> | 18/10/2020 | Tarragona (C.ESP)     |
| 2 | Cristina Garcia González (1977) | S-20 | <b>32,16m</b> | 02/06/1995 | Barcelona (Serrahima) |

|    |                                                   |      |               |            |                       |
|----|---------------------------------------------------|------|---------------|------------|-----------------------|
| 3  | Meritxell Filbà Estrader (1971)                   | S-23 | <b>31,66m</b> | 14/04/1991 | Lloret                |
| 4  | Laura Sabater Alberts (1976)                      | S-18 | <b>31,66m</b> | 01/05/1992 | Vic                   |
| 5  | Marta Sala Ramos (1957)                           | S-18 | <b>29,96m</b> | 01/06/1975 | El Prat               |
| 6  | Montserrat Colomé Viñolas (1986)                  | S-20 | <b>29,93m</b> | 01/05/2005 | Mollet                |
| 7  | Myriam Fernández Castillo (1987)                  | S-23 | <b>28,75m</b> | 15/04/2007 | Barcelona (Serrahima) |
| 8  | Eugenia García Sánchez (1968)                     | SEN  | <b>27,82m</b> | 07/05/1995 | Mataró                |
| 9  | Sandra Pérez Gallego (1984)                       | S-16 | <b>27,26m</b> | 23/01/1999 | Mataró                |
| 10 | Carina Viñuela Pastor (1968)                      | S-18 | <b>26,58m</b> | 14/04/1985 | Badalona              |
| 11 | Nazaret Cardona Mendoza (1982)                    | S-23 | <b>26,30m</b> | 23/05/2004 | El Prat               |
| 12 | Mari Cruz Hernández Fernández (1970)              | S-18 | <b>25,94m</b> | 29/03/1987 | Mataró                |
| 13 | Raquel Pallarès Expósito (1986)                   | SEN  | <b>24,88m</b> | 01/03/2003 | Barcelona (Can Dragó) |
| 14 | Sussanna Sabater Alberts (1978)                   | S-20 | <b>23,80m</b> | 03/05/1997 | Mataró                |
| 15 | Lidia Triguero Pavón (1977)                       | S-16 | <b>23,72m</b> | 25/01/1992 | Mataró                |
| 16 | Marta García Díaz (1974)                          | S-20 | <b>22,64m</b> | 11/04/1992 | Terrassa              |
| 17 | Natalia Millán Ríos (1976)                        | F40  | <b>21,16m</b> | 09/02/2020 | Sabadell (C.CAT)      |
| 18 | Anna M <sup>a</sup> Jofre Botey (1957)            | S-16 | <b>19,70m</b> | 15/10/1972 | Granollers            |
| 19 | Montserrat Bravo Ortiz (1968)                     | S-18 | <b>19,48m</b> | 10/03/1985 | Granollers            |
| 20 | Margarida Carnota Mínguez (1960)                  | S-16 | <b>18,82m</b> | 01/01/1975 | Sabadell              |
| 21 | Marta Duran Beltran (1966)                        | S-23 | <b>18,10m</b> | 20/04/1986 | Sant Celoni           |
| 22 | Ana Esther Fidalgo Álvarez (1969)                 | F45  | <b>17,87m</b> | 06/05/2018 | Mataró                |
| 23 | Carme Dalmau Fort (1952)                          | S-23 | <b>17,55m</b> | 20/05/1973 | Igualada              |
| 24 | Emma Olsz Ambient (1965)                          | F50  | <b>17,28m</b> | 08/04/2017 | Vic                   |
| 25 | M <sup>a</sup> Isabel Pozo Martínez (1978)        | S-18 | <b>17,14m</b> | 10/09/1995 | Mataró                |
| 26 | Cristina Manglano Pallarès (1976)                 | S-20 | <b>16,24m</b> | 09/04/1995 | Mataró                |
| 27 | M <sup>a</sup> del Pilar Alvarez Ciendones (1978) | S-16 | <b>15,88m</b> | 23/01/1993 | Mataró                |
| 28 | Sonia Pozo Martínez (1978)                        | S-23 | <b>14,92m</b> | 17/04/1999 | Barcelona (Serrahima) |
| 29 | Carla Fernández García (1994)                     | S-18 | <b>14,53m</b> | 17/04/2010 | Barcelona (Can Dragó) |
| 30 | Dunia Jiménez Vela (1972)                         | SEN  | <b>13,84m</b> | 25/05/1997 | Barcelona (Serrahima) |
| 31 | Vanessa Belmonte Moreno (1978)                    | S-18 | <b>13,28m</b> | 01/05/1995 | Palafrugell           |
| 32 | Judit Fernández Vila (2001)                       | S-18 | <b>12,87m</b> | 08/04/2017 | Vic                   |
| 33 | Alba Grau Subirats (1996)                         | S-18 | <b>12,69m</b> | 15/04/2012 | Granollers            |
| 34 | Maria Esther Muñoz Donoso (1991)                  | S-20 | <b>12,30m</b> | 16/05/2010 | Barcelona (Can Dragó) |
| 35 | M <sup>a</sup> Helena Gaeta Monleón (1971)        | F40  | <b>12,28m</b> | 26/04/2014 | Mataró                |
| 36 | Montserrat Martí Pañella (1974)                   | S-23 | <b>12,16m</b> | 01/05/1996 | Granollers            |
| 37 | Begoña Blanco Martínez (1971)                     | SEN  | <b>11,94m</b> | 08/05/1994 | Mataró                |
| 38 | Neus Aran Planas (1980)                           | SEN  | <b>11,87m</b> | 20/05/2007 | El Prat               |
| 39 | Mónica Silva Bonito (1990)                        | S-18 | <b>11,81m</b> | 07/05/2006 | El Prat               |
| 40 | Soraya Santiago Acien (1981)                      | S-16 | <b>7,10m</b>  | 01/05/1996 | Granollers            |

### (AL) Javelina (600 gr)

|   |                                  | MARCA | T_Real        | V          |                       |
|---|----------------------------------|-------|---------------|------------|-----------------------|
| 1 | Cristina Garcia González (1977)  | SEN   | <b>35,29m</b> | 22/04/2006 | I' Hospitalet         |
| 2 | Myriam Fernández Castillo (1987) | S-20  | <b>29,99m</b> | 05/06/2005 | Barcelona (Serrahima) |
| 3 | Jana Hanackova (1978)            | SEN   | <b>26,27m</b> | 20/05/2007 | El Prat               |
| 4 | Zaynab Nouali (2003)             | S-18  | <b>24,50m</b> | 06/04/2019 | Sant Celoni           |

|    |                                   |      |               |            |                       |
|----|-----------------------------------|------|---------------|------------|-----------------------|
| 5  | Nazaret Cardona Mendoza (1982)    | S-23 | <b>23,41m</b> | 04/05/2003 | Barcelona (Can Dragó) |
| 6  | Ana Esther Fidalgo Álvarez (1969) | F40  | <b>16,54m</b> | 10/06/2012 | Calella               |
| 7  | Emma Olasz Ambit (1965)           | F50  | <b>15,09m</b> | 15/04/2018 | Granollers            |
| 8  | Mónica Silva Bonito (1990)        | S-18 | <b>11,68m</b> | 07/05/2006 | El Prat               |
| 9  | Oumaima Blal Lahlimi (1997)       | S-18 | <b>10,12m</b> | 13/04/2014 | Mataró                |
| 10 | Maria Esther Muñoz Donoso (1991)  | S-23 | <b>9,40m</b>  | 17/04/2011 | Barberà               |
| 11 | Esther Castro Muñoz (1991)        | S-23 | <b>9,28m</b>  | 22/04/2012 | Castellar del Vallès  |
| 12 | Laura Serrano Encinas (1984)      | S-23 | <b>8,29m</b>  | 09/05/2004 | Granollers            |

### **(AL) Javelina antiga (600 gr)**

|    |                                            |      | MARCA         | T_Real     | V                     |
|----|--------------------------------------------|------|---------------|------------|-----------------------|
| 1  | Cristina García González (1977)            | S-23 | <b>39,76m</b> | 19/07/1997 | Barcelona (Serrahima) |
| 2  | Meritxell Filbà Estrader (1971)            | SEN  | <b>30,32m</b> | 29/05/1994 | Vic                   |
| 3  | Esmeralda Arriscado García (1976)          | S-23 | <b>28,60m</b> | 03/05/1997 | Mataró                |
| 4  | Carina Viñuela Pastor (1968)               | SEN  | <b>27,58m</b> | 23/05/1993 | Reus                  |
| 5  | Carme Muñoz Alvarez (1964)                 | SEN  | <b>26,39m</b> | 10/05/1987 | Mataró                |
| 6  | Sussanna Sabater Alberts (1978)            | S-18 | <b>26,24m</b> | 07/05/1995 | Mataró                |
| 7  | Eugenia García Sánchez (1968)              | SEN  | <b>23,74m</b> | 01/05/1993 | Mataró                |
| 8  | Laura Sabater Alberts (1976)               | S-23 | <b>23,48m</b> | 31/05/1998 | Mataró                |
| 9  | Marta García Díaz (1974)                   | S-20 | <b>21,85m</b> | 16/06/1989 | Lloret                |
| 10 | Trini Torres Estella (1957)                | S-20 | <b>21,52m</b> | 16/03/1975 | Vic                   |
| 11 | M <sup>a</sup> Isabel Pozo Martínez (1978) | S-18 | <b>20,86m</b> | 17/06/1995 | Mataró                |
| 12 | Maite Villaverde Pastor (1970)             | S-16 | <b>20,70m</b> | 24/03/1985 | Badalona              |
| 13 | Marta Duran Beltran (1966)                 | S-23 | <b>20,18m</b> | 25/05/1986 | Mataró                |
| 14 | Sonia Pozo Martínez (1978)                 | S-18 | <b>19,84m</b> | 17/06/1995 | Mataró                |
| 15 | Montserrat Bravo Ortiz (1968)              | S-18 | <b>19,48m</b> | 01/01/1985 | s/d                   |
| 16 | Julia Pérez Jiménez (1962)                 | S-16 | <b>19,28m</b> | 05/06/1977 | Girona                |
| 17 | Marta García González (1971)               | S-18 | <b>18,92m</b> | 15/05/1988 | Mataró                |
| 18 | Anna M <sup>a</sup> Jofre Botey (1957)     | S-16 | <b>18,19m</b> | 08/10/1972 | Mataró                |
| 19 | Adelina Ruiz Mateo (1952)                  | S-23 | <b>17,26m</b> | 31/05/1973 | Barcelona (Serrahima) |
| 20 | Nazaret Cardona Mendoza (1982)             | S-16 | <b>16,98m</b> | 16/07/1997 | Mataró                |
| 21 | Carmen Tosas Fuentes (1953)                | S-18 | <b>16,60m</b> | 25/03/1969 | Calella               |
| 22 | Imma Villaverde Pastor (1968)              | S-18 | <b>15,88m</b> | 23/03/1985 | Mataró                |
| 23 | Carme Dalmau Fort (1952)                   | S-23 | <b>13,85m</b> | 08/10/1972 | Mataró                |
| 24 | Mireia Monago Fernández (1980)             | S-14 | <b>13,76m</b> | 19/09/1993 | Mataró                |
| 25 | Natividad Fernández Sáiz de la Mata (195   | S-16 | <b>13,64m</b> | 18/03/1973 | Calella               |
| 26 | Mercè Macià Armengol (1956)                | S-18 | <b>13,36m</b> | 04/06/1972 | Barcelona (Serrahima) |
| 27 | Montserrat Carles Xapelli (1955)           | SEN  | <b>12,32m</b> | 04/06/1972 | Barcelona (Serrahima) |
| 28 | Betania Duarte Candau (1979)               | S-20 | <b>11,80m</b> | 16/07/1997 | Mataró                |

### **(AL) Martell (4 kg)**

|   |                                 |      | MARCA         | T_Real     | V                     |
|---|---------------------------------|------|---------------|------------|-----------------------|
| 1 | Nazaret Cardona Mendoza (1982)  | SEN  | <b>38,78m</b> | 15/05/2011 | El Prat               |
| 2 | Cristina García González (1977) | SEN  | <b>33,57m</b> | 25/04/2004 | Lloret                |
| 3 | Raquel Pallarès Expósito (1986) | S-18 | <b>27,94m</b> | 16/02/2003 | Barcelona (Serrahima) |
| 4 | Meritxell Filbà Estrader (1971) | S-20 | <b>24,56m</b> | 18/03/1990 | Lloret                |

|    |                                                   |      |               |            |                       |
|----|---------------------------------------------------|------|---------------|------------|-----------------------|
| 5  | Myriam Fernández Castillo (1987)                  | SEN  | <b>19,30m</b> | 05/05/2013 | Barcelona (Can Dragó) |
| 6  | Georgina Ramírez Nistal (1977)                    | S-23 | <b>17,73m</b> | 17/04/1999 | Barcelona (Serrahima) |
| 7  | Montserrat Colomé Viñolas (1986)                  | S-20 | <b>16,27m</b> | 17/04/2005 | Barcelona (Can Dragó) |
| 8  | Emma Olasz Ambit (1965)                           | SEN  | <b>16,09m</b> | 04/05/2014 | Rubí                  |
| 9  | Emma Olasz Ambit (1965)                           | F45  | <b>16,09m</b> | 04/05/2014 | Rubí                  |
| 10 | Dunia Jiménez Vela (1972)                         | SEN  | <b>15,30m</b> | 17/05/1997 | Lleida                |
| 11 | M <sup>a</sup> del Pilar Alvarez Ciendones (1978) | S-23 | <b>14,84m</b> | 31/05/1998 | Mataró                |
| 12 | Aida Suitino Cavanillas (2001)                    | S-18 | <b>14,22m</b> | 08/04/2017 | Vic                   |
| 13 | Oumaima Blal Lahlimi (1997)                       | S-23 | <b>14,20m</b> | 06/05/2018 | Mataró                |
| 14 | Carla Fernández García (1994)                     | S-18 | <b>13,45m</b> | 17/04/2010 | Barcelona (Can Dragó) |

### **(AL) Martell pesat (9' 08 kg)**

|   |                                 | MARCA | T_Real       | V          |                           |
|---|---------------------------------|-------|--------------|------------|---------------------------|
| 1 | Cristina Garcia González (1977) | F40   | <b>8,54m</b> | 10/02/2019 | Santa Coloma Gramanet (C. |

### **(AL) 2000 marxa**

|    |                                      | MARCA | T_Real          | V          |                       |
|----|--------------------------------------|-------|-----------------|------------|-----------------------|
| 1  | Raquel González Campos (1989)        | S-16  | <b>10:28,2</b>  | 29/03/2003 | Mataró                |
| 2  | Laia Venteo Gómez (2009)             | S-12  | <b>11:09,06</b> | 18/05/2019 | El Prat               |
| 3  | Esther Castro Muñoz (1991)           | S-14  | <b>11:58,0</b>  | 04/10/2003 | Barcelona (Serrahima) |
| 4  | Sarah Bax (2005)                     | S-14  | <b>12:32,1</b>  | 03/02/2018 | Castellar del Vallès  |
| 5  | Noa Martínez Prats (2006)            | S-12  | <b>12:33,90</b> | 20/05/2017 | Castellar del Vallès  |
| 6  | Sandra Torrejón García (1991)        | S-14  | <b>12:35,8</b>  | 05/04/2003 | Calella               |
| 7  | Carlota Colomer Labutova (2008)      | S-12  | <b>12:44,29</b> | 08/06/2019 | Castellar del Vallès  |
| 8  | Silvia Marquet Colls (2006)          | S-14  | <b>12:45,1</b>  | 03/02/2018 | Castellar del Vallès  |
| 9  | Mar Espartero Polino (2007)          | S-12  | <b>12:57,4</b>  | 17/03/2018 | Gavà                  |
| 10 | Laura López Martínez (1989)          | S-16  | <b>13:01,1</b>  | 22/03/2003 | Mataró                |
| 11 | Alejandra Cunillera Fernández (2007) | S-12  | <b>13:01,5</b>  | 17/03/2018 | Gavà                  |
| 12 | Leyre Lozano León (2009)             | S-12  | <b>13:09,64</b> | 03/10/2020 | Lleida (C.CAT)        |
| 13 | Sussanna Sabater Alberts (1978)      | S-14  | <b>13:13,0</b>  | 17/03/1990 | Calella               |
| 14 | Abril González Fernández (2008)      | S-12  | <b>13:18,81</b> | 08/06/2019 | Castellar del Vallès  |
| 15 | Nadia Roncero Domínguez (2002)       | S-12  | <b>13:29,92</b> | 19/05/2012 | Mataró                |

### **(AL) 3000 marxa**

|    |                                  | MARCA | T_Real          | V          |                       |
|----|----------------------------------|-------|-----------------|------------|-----------------------|
| 1  | Georgina Delgado Noé (1987)      | S-18  | <b>14:44,0</b>  | 10/05/2003 | Granollers            |
| 2  | Nerea Costal Cruz (1987)         | SEN   | <b>14:48,03</b> | 01/06/2003 | Tarragona             |
| 3  | Raquel González Campos (1989)    | S-16  | <b>15:05,99</b> | 04/07/2004 | Huelva                |
| 4  | Silvia Fernández Vázquez (1986)  | S-20  | <b>15:43,1</b>  | 18/09/2004 | Barcelona (Serrahima) |
| 5  | Sonia Martín Contreras (1991)    | S-16  | <b>17:06,4</b>  | 24/04/2005 | Barcelona (Can Dragó) |
| 6  | Maria Esther Muñoz Donoso (1991) | S-16  | <b>17:46,64</b> | 18/06/2006 | El Prat               |
| 7  | Carla Castellà Altayó (2005)     | S-16  | <b>17:48,81</b> | 04/10/2020 | Lleida (C.CAT)        |
| 8  | Silvia Marquet Colls (2006)      | S-14  | <b>18:24,27</b> | 19/05/2018 | Ascó                  |
| 9  | Laura Cerdà Brazal (1999)        | S-16  | <b>18:39,43</b> | 16/06/2013 | Lloret                |
| 10 | Esther Castro Muñoz (1991)       | S-16  | <b>18:45,1</b>  | 24/04/2005 | Barcelona (Can Dragó) |
| 11 | Oumaima Blal Lahlimi (1997)      | S-14  | <b>19:28,90</b> | 23/05/2009 | El Prat               |

|    |                                   |      |                 |            |                       |
|----|-----------------------------------|------|-----------------|------------|-----------------------|
| 12 | Laura López Martínez (1989)       | S-16 | <b>19:39,8</b>  | 10/05/2003 | Igualada              |
| 13 | Sarah Bax (2005)                  | S-14 | <b>20:11,3</b>  | 17/03/2018 | Gavà                  |
| 14 | Noa Martínez Prats (2006)         | S-14 | <b>20:16,46</b> | 25/11/2017 | Barcelona (Serrahima) |
| 15 | Laia Garcia Cardona (2004)        | S-14 | <b>20:25,62</b> | 02/04/2016 | El Prat (C.CAT)       |
| 16 | Montse de Paco Castaño (1999)     | S-14 | <b>20:33,9</b>  | 19/03/2011 | Mataró                |
| 17 | Marina de las Heras Lucena (2004) | S-16 | <b>20:56,1</b>  | 17/03/2018 | Gavà                  |

### (AL) 5000 marxa

|    |                                  |      | MARCA           | T_Real     | V                     |
|----|----------------------------------|------|-----------------|------------|-----------------------|
| 1  | Raquel González Campos (1989)    | S-18 | <b>24:56,5</b>  | 24/04/2005 | Barcelona (Can Dragó) |
| 2  | Nerea Costal Cruz (1987)         | S-18 | <b>25:24,30</b> | 07/06/2003 | Manresa               |
| 3  | Georgina Delgado Noé (1987)      | S-18 | <b>26:16,83</b> | 29/06/2003 | Zamora                |
| 4  | Silvia Fernández Vázquez (1986)  | S-20 | <b>26:40,84</b> | 03/07/2004 | Zaragoza              |
| 5  | Patricia Ventura Arriaga (1989)  | S-18 | <b>29:25,0</b>  | 17/04/2005 | Barcelona (Can Dragó) |
| 6  | Carla Castellà Altayó (2005)     | S-16 | <b>30:17,36</b> | 14/04/2019 | Sant Celoni           |
| 7  | Maria Esther Muñoz Donoso (1991) | S-18 | <b>30:17,40</b> | 20/05/2007 | El Prat               |
| 8  | Encarna Romero Moreno (1965)     | S-23 | <b>30:49,0</b>  | 21/06/1987 | Barcelona (Serrahima) |
| 9  | Sonia Martín Contreras (1991)    | S-16 | <b>30:53,5</b>  | 01/05/2005 | Mollet                |
| 10 | Maribel González Madueño (1978)  | S-20 | <b>31:03,0</b>  | 25/05/1997 | Barcelona (Serrahima) |
| 11 | Sandra Lobo Bastart (1991)       | S-18 | <b>31:43,70</b> | 21/04/2007 | Barcelona (Can Dragó) |
| 12 | Encarna González Muñoz (1955)    | SEN  | <b>31:59,7</b>  | 15/05/1988 | Mataró                |
| 13 | Esther Castro Muñoz (1991)       | S-16 | <b>32:31,20</b> | 07/05/2006 | El Prat               |
| 14 | Laura Cerdà Brazal (1999)        | S-16 | <b>32:39,48</b> | 04/05/2014 | Rubí                  |
| 15 | Laura Palma Gudiel (1983)        | S-23 | <b>34:04,9</b>  | 27/04/2003 | Mataró                |
| 16 | Montserrat Martí Pañella (1974)  | S-20 | <b>34:23,4</b>  | 06/06/1992 | Mataró                |
| 17 | Montse de Paco Castaño (1999)    | S-16 | <b>34:28,80</b> | 05/05/2013 | Barcelona (Can Dragó) |
| 18 | Elisabet Cortés Hidalgo (1983)   | F35  | <b>34:30,38</b> | 02/06/2019 | Barberà (C.CAT)       |
| 19 | Leonor Godas Soler (1946)        | F35  | <b>35:01,00</b> | 13/12/1981 | Sant Celoni           |
| 20 | Vanessa Lancho Corcobado (1979)  | S-20 | <b>35:18,3</b>  | 25/05/1997 | Barcelona (Serrahima) |
| 21 | Oumaima Blal Lahlimi (1997)      | S-18 | <b>36:01,60</b> | 10/04/2011 | Terrassa              |
| 22 | Loli Lozano Reche (1961)         | F35  | <b>39:18,69</b> | 17/04/1999 | Barcelona (Serrahima) |
| 23 | Yasmin Blal Lahlimi (2003)       | S-16 | <b>40:43,77</b> | 21/04/2018 | Sant Celoni           |
| 24 | Soraya Santiago Acién (1981)     | S-16 | <b>41:33,6</b>  | 21/04/1996 | Sant Celoni           |
| 25 | Nuri de Sanjosé Cerdà (1952)     | SEN  | <b>43:49,7</b>  | 16/06/1985 | Badalona              |
| 26 | Emilia Ponce García (1942)       | F40  | <b>44:22,7</b>  | 20/04/1985 | Barcelona (Serrahima) |

### (AL) Pentatló

|   |                                            |      | MARCA        | T_Real     | V        |
|---|--------------------------------------------|------|--------------|------------|----------|
| 1 | Lambra Sáinz Vidal (1976)                  | S-20 | <b>2874p</b> | 28/02/1993 | Mataró   |
| 2 | Lauren Baker Iguaz (1996)                  | S-14 | <b>2441p</b> | 06/06/2009 | Cambrils |
| 3 | M <sup>a</sup> Isabel Pozo Martínez (1978) | S-14 | <b>2245p</b> | 30/06/1991 | Lloret   |

### (AL) Heptatló

|   |                                   |      | MARCA        | T_Real     | V        |
|---|-----------------------------------|------|--------------|------------|----------|
| 1 | Meritxell Filbà Estrader (1971)   | S-23 | <b>4450p</b> | 11/07/1992 | Alcorcón |
| 2 | Esmeralda Arriscado García (1976) | S-23 | <b>3646p</b> | 20/04/1996 | Mollet   |



## Pista Coberta

### (PC) 60 II

***Mínima 9"50***

|    |                                 |      | MARCA        | T_Real | V |                             |
|----|---------------------------------|------|--------------|--------|---|-----------------------------|
| 1  | Alba Grau Subirats (1996)       | SEN  | <b>08,00</b> |        |   | 22/02/2020 Sabadell         |
| 2  | Sara Dorda Sans (1997)          | S-18 | <b>08,14</b> |        |   | 14/12/2013 Sabadell         |
| 3  | Betania Duarte Candau (1979)    | S-20 | <b>08,16</b> |        |   | 22/02/1998 Vilafranca       |
| 4  | Irene Reboredo Donato (1999)    | S-16 | <b>08,26</b> |        |   | 15/03/2014 Antequera        |
| 5  | Edith Godoy Martínez (2004)     | S-16 | <b>08,30</b> |        |   | 10/03/2019 Sabadell (C.CAT) |
| 6  | Laia Garcés Ballester (2003)    | S-16 | <b>08,48</b> |        |   | 20/01/2018 Sabadell         |
| 7  | Anna Boixet Moner (2004)        | S-16 | <b>08,49</b> |        |   | 16/12/2018 Sabadell         |
| 8  | Manuela Reboredo Donato (1995)  | S-16 | <b>08,59</b> |        |   | 21/02/2009 Vilafranca       |
| 9  | Sofía Sanz Fidalgo (1999)       | S-18 | <b>08,62</b> |        |   | 16/01/2016 Sabadell         |
| 10 | Marina Bardají Puig (1986)      | S-20 | <b>08,65</b> |        |   | 18/01/2004 Vilafranca       |
| 11 | Carla Alfonso Mihi (2002)       | S-18 | <b>08,68</b> |        |   | 16/12/2017 Sabadell         |
| 12 | Lauren Baker Iguaz (1996)       | S-16 | <b>08,72</b> |        |   | 18/12/2010 Sabadell         |
| 13 | Laia Sans Martínez (1988)       | S-16 | <b>08,74</b> |        |   | 18/01/2003 Vilafranca       |
| 14 | Montse Capel Hernández (1958)   | F40  | <b>08,74</b> |        |   | 08/03/2003 San Sebastián    |
| 15 | Laia Sans Martínez (1988)       | SEN  | <b>08,74</b> |        |   | 18/01/2004 Vilafranca       |
| 16 | Vanessa Lozano Álvarez (1979)   | S-20 | <b>08,75</b> |        |   | 25/01/1997 Vilafranca       |
| 17 | Ruth Díaz Calaf (1999)          | S-16 | <b>08,75</b> |        |   | 15/12/2012 Sabadell         |
| 18 | Xènia Pelegrí Guilleme (1988)   | S-16 | <b>08,80</b> |        |   | 18/01/2003 Vilafranca       |
| 19 | Raquel Pérez Pérez (1989)       | S-16 | <b>08,80</b> |        |   | 21/02/2004 Vilafranca       |
| 20 | Emma Palà Lorente (1999)        | S-16 | <b>08,81</b> |        |   | 18/01/2014 Sabadell         |
| 21 | Rocío Moreno Jiménez (1992)     | S-16 | <b>08,82</b> |        |   | 21/01/2006 Vilafranca       |
| 22 | Ainhoa Perona Tarragó (2003)    | S-16 | <b>08,82</b> |        |   | 13/01/2018 Sabadell         |
| 23 | Martina Kidane Prades (2005)    | S-16 | <b>08,83</b> |        |   | 14/12/2019 Sabadell         |
| 24 | Laura Ortiz Tejada (1965)       | F45  | <b>08,84</b> |        |   | 19/02/2012 Sabadell         |
| 25 | Carla Rodríguez Roca (1999)     | S-16 | <b>08,93</b> |        |   | 14/12/2013 Sabadell         |
| 26 | Mireia Bonjoch Freginals (1991) | S-16 | <b>08,94</b> |        |   | 15/01/2005 Vilafranca       |
| 27 | Alba Randolí Ferrando (2003)    | S-16 | <b>08,96</b> |        |   | 28/01/2017 Sabadell         |
| 28 | Consuelo Sendra Manso (2003)    | S-16 | <b>08,97</b> |        |   | 13/01/2018 Sabadell         |
| 29 | Berta Playà Soler (2003)        | S-16 | <b>08,99</b> |        |   | 27/01/2018 Sabadell         |
| 30 | Natalia Millán Ríos (1976)      | F40  | <b>09,02</b> |        |   | 26/02/2017 Sabadell (C.CAT) |
| 31 | Sandra Torrejón García (1991)   | S-16 | <b>09,03</b> |        |   | 15/01/2005 Vilafranca       |
| 32 | Jessica León Olmos (1982)       | F35  | <b>09,05</b> |        |   | 09/03/2019 Ourense (C.ESP)  |
| 33 | Núria Andrés Bonnin (1991)      | S-18 | <b>09,09</b> |        |   | 03/02/2007 Vilafranca       |
| 34 | Alana Ordoyo Conroy (2005)      | S-16 | <b>09,09</b> |        |   | 25/01/2019 Sabadell         |
| 35 | Emma Olasz Ambit (1965)         | F50  | <b>09,09</b> |        |   | 01/02/2020 Sabadell         |
| 36 | María Bermúdez Ruiz (2002)      | S-16 | <b>09,12</b> |        |   | 28/01/2017 Sabadell         |
| 37 | Laia Ramia Pallàs (1988)        | S-16 | <b>09,13</b> |        |   | 18/01/2003 Vilafranca       |
| 38 | Gemma Lladó Obón (1990)         | S-16 | <b>09,14</b> |        |   | 15/01/2005 Vilafranca       |



|    |                                 |      |              |            |                  |
|----|---------------------------------|------|--------------|------------|------------------|
| 39 | Daniela Elvira Gutiérrez (2004) | S-16 | <b>09,15</b> | 16/12/2018 | Sabadell         |
| 40 | Patricia Muñoz Doblas (1991)    | S-16 | <b>09,16</b> | 15/01/2005 | Vilafranca       |
| 41 | Andrea Bermúdez Ruiz (2002)     | S-16 | <b>09,20</b> | 28/01/2017 | Sabadell         |
| 42 | Paula Amézaga Sisquella (1995)  | S-16 | <b>09,22</b> | 16/01/2010 | Vilafranca       |
| 43 | Susana Pagès Marzo (1975)       | F40  | <b>09,22</b> | 17/02/2019 | Sabadell (C.CAT) |
| 44 | Berta Creus Olivart (1988)      | S-18 | <b>09,24</b> | 18/01/2004 | Vilafranca       |
| 45 | Sara García Gázquez (2005)      | S-16 | <b>09,24</b> | 14/12/2019 | Sabadell         |
| 46 | Esther Castro Muñoz (1991)      | S-16 | <b>09,26</b> | 15/01/2005 | Vilafranca       |
| 47 | Sonia Martín Contreras (1991)   | S-16 | <b>09,27</b> | 15/01/2005 | Vilafranca       |
| 48 | Xènia Mas Garcia (2000)         | S-18 | <b>09,28</b> | 16/01/2016 | Sabadell         |
| 49 | Meritxell Ribé Rabascall (1989) | S-16 | <b>09,39</b> | 23/02/2003 | Vilafranca       |
| 50 | Judit Fernández Vila (2001)     | S-18 | <b>09,41</b> | 17/12/2016 | Sabadell         |
| 51 | Clara Sanz Fidalgo (1996)       | S-18 | <b>09,44</b> | 21/01/2012 | Sabadell         |
| 52 | Júlia Palau Garcia (2001)       | S-16 | <b>09,44</b> | 23/01/2016 | Sabadell         |
| 53 | Olivia Llevat Pascual (2004)    | S-16 | <b>09,47</b> | 25/01/2019 | Sabadell         |
| 54 | Sonia Fernández Vila (2002)     | S-16 | <b>09,49</b> | 17/12/2016 | Sabadell         |
| 55 | Eva Sans Cruces (1976)          | F40  | <b>09,50</b> | 20/01/2019 | Sabadell         |

### **(PC) 200 II**

***Mínima 35"***

|    |                                   | MARCA | T_Real       | V          |                  |
|----|-----------------------------------|-------|--------------|------------|------------------|
| 1  | Sara Dorda Sans (1997)            | S-18  | <b>26,12</b> | 15/02/2014 | Sabadell         |
| 2  | Alba Grau Subirats (1996)         | SEN   | <b>26,50</b> | 08/02/2019 | Sabadell         |
| 3  | Katinka Rosés Bécker (1973)       | S-18  | <b>26,89</b> | 04/03/1990 | Oviedo           |
| 4  | Betania Duarte Candau (1979)      | S-20  | <b>27,16</b> | 22/02/1998 | Vilafranca       |
| 5  | Edith Godoy Martínez (2004)       | S-18  | <b>27,27</b> | 02/02/2020 | Sabadell         |
| 6  | Jana Hanackova (1978)             | SEN   | <b>27,29</b> | 09/01/2005 | Vilafranca       |
| 7  | Esmeralda Arriscado García (1976) | S-23  | <b>27,48</b> | 02/02/1997 | Vilafranca       |
| 8  | Manuela Reboredo Donato (1995)    | S-18  | <b>27,77</b> | 27/02/2011 | Sabadell         |
| 9  | Marina Bardají Puig (1986)        | S-20  | <b>27,88</b> | 08/02/2004 | Vilafranca       |
| 10 | Ariadna Ollé Rovira (2000)        | S-18  | <b>28,02</b> | 21/01/2017 | Antequera        |
| 11 | Anna Boixet Moner (2004)          | S-16  | <b>28,06</b> | 14/12/2019 | Sabadell         |
| 12 | Montse Capel Hernández (1958)     | F40   | <b>29,18</b> | 08/03/2003 | San Sebastián    |
| 13 | Sofía Sanz Fidalgo (1999)         | S-18  | <b>29,21</b> | 19/12/2015 | Sabadell         |
| 14 | Consuelo Sendra Manso (2003)      | S-18  | <b>29,48</b> | 15/12/2018 | Sabadell         |
| 15 | Núria Andrés Bonnin (1991)        | S-18  | <b>29,83</b> | 13/01/2007 | Vilafranca       |
| 16 | Carla Alfonso Mihi (2002)         | S-18  | <b>29,91</b> | 20/01/2018 | Sabadell         |
| 17 | Ruth Díaz Calaf (1999)            | S-18  | <b>29,92</b> | 31/01/2015 | Sabadell         |
| 18 | Natalia Millán Ríos (1976)        | F40   | <b>30,37</b> | 10/03/2017 | Madrid (C.ESP)   |
| 19 | Rut Coll Serra (1974)             | F45   | <b>30,85</b> | 23/02/2020 | Sabadell (C.CAT) |
| 20 | Emma Olsasz Ambit (1965)          | F50   | <b>30,86</b> | 06/03/2016 | Sabadell (C.CAT) |
| 21 | Eva Sans Cruces (1976)            | F40   | <b>31,12</b> | 20/01/2019 | Sabadell         |
| 22 | Xènia Pelegrí Guilleme (1988)     | S-18  | <b>31,38</b> | 24/01/2004 | Vilafranca       |
| 23 | Janna Castellà Fonrodona (2003)   | S-18  | <b>31,88</b> | 15/12/2018 | Sabadell         |
| 24 | Susana Pagès Marzo (1975)         | F40   | <b>31,96</b> | 23/02/2020 | Sabadell (C.CAT) |
| 25 | Alba Randolí Ferrando (2003)      | S-18  | <b>32,23</b> | 19/01/2019 | Sabadell         |

|    |                                            |     |              |            |                  |
|----|--------------------------------------------|-----|--------------|------------|------------------|
| 26 | M <sup>a</sup> Helena Gaeta Monleón (1971) | F40 | <b>32,59</b> | 22/02/2015 | Sabadell (C.CAT) |
| 27 | Xantal Oller Soler (1968)                  | F45 | <b>33,22</b> | 07/02/2016 | Sabadell (C.CAT) |
| 28 | Ana Esther Fidalgo Álvarez (1969)          | F40 | <b>34,04</b> | 24/02/2013 | Sabadell         |
| 29 | Clara Hernández Cortés (1976)              | F40 | <b>34,48</b> | 18/02/2018 | Sabadell (C.CAT) |

### **(PC) 300 II**

**Mínima 46"0**

|   |                                   | MARCA | T_Real       | V          |                  |
|---|-----------------------------------|-------|--------------|------------|------------------|
| 1 | Edith Godoy Martínez (2004)       | S-16  | <b>42,62</b> | 10/03/2019 | Sabadell (C.CAT) |
| 2 | María Luisa Novo Ureña (1960)     | S-16  | <b>42,87</b> | 01/01/1975 | s/d              |
| 3 | Esmeralda Arriscado García (1976) | S-18  | <b>43,50</b> | 08/03/1992 | Zaragoza         |
| 4 | Oumaima Blal Lahlimi (1997)       | S-16  | <b>44,92</b> | 28/01/2012 | Sabadell         |
| 5 | Anna Boixet Moner (2004)          | S-16  | <b>45,11</b> | 25/01/2019 | Sabadell         |

### **(PC) 400 II**

|    |                                            | MARCA | T_Real          | V          |                        |
|----|--------------------------------------------|-------|-----------------|------------|------------------------|
| 1  | Sara Dorda Sans (1997)                     | S-18  | <b>57,84</b>    | 02/03/2013 | Antequera              |
| 2  | Ariadna Ollé Rovira (2000)                 | S-18  | <b>01:01,03</b> | 18/02/2017 | Sabadell               |
| 3  | Elisabeth Martínez Montesinos (1980)       | SEN   | <b>01:01,26</b> | 15/01/2005 | Vilafranca             |
| 4  | Esmeralda Arriscado García (1976)          | S-20  | <b>01:01,61</b> | 03/03/1995 | Barcelona (Sant Jordi) |
| 5  | Anna Boixet Moner (2004)                   | S-18  | <b>01:02,31</b> | 22/02/2020 | Sabadell               |
| 6  | Oumaima Blal Lahlimi (1997)                | S-18  | <b>01:02,45</b> | 09/02/2013 | Sabadell               |
| 7  | Vanessa Vivas Lirola (1979)                | S-20  | <b>01:03,74</b> | 19/01/1997 | Vilafranca             |
| 8  | Betania Duarte Candau (1979)               | S-20  | <b>01:03,98</b> | 19/01/1997 | Vilafranca             |
| 9  | Laila Ruth Vivas Glaser (1995)             | S-20  | <b>01:04,19</b> | 01/02/2014 | Sabadell               |
| 10 | Eva Sans Cruces (1976)                     | F40   | <b>01:07,05</b> | 17/02/2019 | Sabadell (C.CAT)       |
| 11 | Laura Pelegrí Guilleme (1993)              | S-20  | <b>01:08,15</b> | 08/01/2011 | Sabadell               |
| 12 | M <sup>a</sup> Helena Gaeta Monleón (1971) | F40   | <b>01:08,42</b> | 02/03/2014 | Sabadell               |
| 13 | Montse Capel Hernández (1958)              | F45   | <b>01:08,87</b> | 18/01/2004 | Vilafranca             |
| 14 | Rut Coll Serra (1974)                      | F45   | <b>01:09,36</b> | 23/02/2020 | Sabadell (C.CAT)       |
| 15 | Raquel Campos Pavón (1979)                 | F40   | <b>01:10,01</b> | 20/02/2021 | Barcelona (Sant Jordi) |
| 16 | Manuela Reboredo Donato (1995)             | S-18  | <b>01:11,10</b> | 11/12/2011 | Sabadell               |
| 17 | Maribel González Madueño (1978)            | S-20  | <b>01:13,53</b> | 12/01/1997 | Vilafranca             |
| 18 | Clara Hernández Cortés (1976)              | F40   | <b>01:15,18</b> | 27/01/2018 | Sabadell               |
| 19 | Judit Fernández Vila (2001)                | S-18  | <b>01:16,97</b> | 17/12/2016 | Sabadell               |
| 20 | Paula Moreno Jurado (1997)                 | S-23  | <b>01:20,30</b> | 03/02/2019 | Sabadell               |
| 21 | Ángela Pareja Bermejo (1967)               | F50   | <b>01:21,81</b> | 20/02/2021 | Barcelona (Sant Jordi) |

### **(PC) 500 II**

|   |                                                   | MARCA | T_Real         | V          |                           |
|---|---------------------------------------------------|-------|----------------|------------|---------------------------|
| 1 | Sussanna Sabater Alberts (1978)                   | S-16  | <b>01:31,5</b> | 29/12/1991 | Barcelona (Saló Infancia) |
| 2 | M <sup>a</sup> del Pilar Alvarez Ciendones (1978) | S-16  | <b>01:36,1</b> | 29/12/1991 | Barcelona (Saló Infancia) |
| 3 | Vanessa Lancho Corcobado (1979)                   | S-14  | <b>01:36,6</b> | 29/12/1991 | Barcelona (Saló Infancia) |
| 4 | Vanessa Vivas Lirola (1979)                       | S-14  | <b>01:38,1</b> | 29/12/1991 | Barcelona (Saló Infancia) |
| 5 | Verónica Fernández Lirola (1978)                  | S-16  | <b>01:38,6</b> | 29/12/1991 | Barcelona (Saló Infancia) |
| 6 | M <sup>a</sup> del Mar Espartero Poyato (1980)    | S-14  | <b>01:46,6</b> | 31/12/1991 | Barcelona (Saló Infancia) |

**(PC) 800 II**

|    |                                            |      | MARCA           | T_Real | V                                 |
|----|--------------------------------------------|------|-----------------|--------|-----------------------------------|
| 1  | Judith Marín Alcoverro (1977)              | S-23 | <b>02:13,87</b> |        | 06/02/1999 Vilafranca             |
| 2  | Elisabeth Martínez Montesinos (1980)       | SEN  | <b>02:17,27</b> |        | 22/01/2005 Vilafranca             |
| 3  | Laila Ruth Vivas Glaser (1995)             | S-20 | <b>02:18,69</b> |        | 16/03/2013 Antequera              |
| 4  | Sara Dorda Sans (1997)                     | S-18 | <b>02:19,92</b> |        | 02/02/2013 Sabadell               |
| 5  | Oumaima Blal Lahlimi (1997)                | S-18 | <b>02:21,88</b> |        | 02/02/2013 Sabadell               |
| 6  | Laura Pelegrí Guilleme (1993)              | S-23 | <b>02:23,91</b> |        | 02/02/2014 Sabadell               |
| 7  | Vanessa Vivas Lirola (1979)                | S-18 | <b>02:25,26</b> |        | 25/02/1996 Vilafranca             |
| 8  | Ariadna Ollé Rovira (2000)                 | S-18 | <b>02:26,17</b> |        | 10/12/2016 Sabadell               |
| 9  | Mercè Sánchez Oller (2002)                 | S-18 | <b>02:26,74</b> |        | 08/02/2019 Sabadell               |
| 10 | Esmeralda Arriscado García (1976)          | S-23 | <b>02:28,13</b> |        | 28/01/1996 Vilafranca             |
| 11 | Natalia Rodríguez Grajera (1976)           | F35  | <b>02:28,77</b> |        | 07/02/2016 Sabadell (C.CAT)       |
| 12 | Betania Duarte Candau (1979)               | S-18 | <b>02:32,65</b> |        | 27/01/1996 Vilafranca             |
| 13 | Sara Adjar Najjaoui (2004)                 | S-18 | <b>02:33,34</b> |        | 22/02/2020 Sabadell               |
| 14 | Esther Castro Muñoz (1991)                 | S-23 | <b>02:33,91</b> |        | 07/01/2012 Sabadell               |
| 15 | M <sup>a</sup> Helena Gaeta Monleón (1971) | F35  | <b>02:34,68</b> |        | 06/02/2010 Vilafranca             |
| 16 | María Mas Bermejo (1994)                   | SEN  | <b>02:40,67</b> |        | 16/01/2021 Barcelona (Sant Jordi) |
| 17 | Marina Adalid Serrano (1998)               | S-20 | <b>02:43,97</b> |        | 21/01/2017 Sabadell               |
| 18 | Rut Coll Serra (1974)                      | F40  | <b>02:44,68</b> |        | 02/02/2019 Sabadell               |
| 19 | Ana Esther Fidalgo Álvarez (1969)          | F45  | <b>02:48,53</b> |        | 27/01/2018 Sabadell               |
| 20 | Laura Serrano Encinas (1984)               | S-23 | <b>02:52,75</b> |        | 28/01/2004 Vilafranca             |
| 21 | Rosa M <sup>a</sup> Rubio Abella (1961)    | F45  | <b>02:56,72</b> |        | 13/02/2010 Vilafranca             |
| 22 | Paula Moreno Jurado (1997)                 | S-23 | <b>02:58,73</b> |        | 10/12/2017 Sabadell               |
| 23 | Eva Riera Rueda (1973)                     | F45  | <b>03:00,85</b> |        | 20/02/2021 Barcelona (Sant Jordi) |
| 24 | Emma Olasz Ambit (1965)                    | F50  | <b>03:01,30</b> |        | 23/02/2020 Sabadell (C.CAT)       |
| 25 | Xantal Oller Soler (1968)                  | F50  | <b>03:08,27</b> |        | 23/02/2020 Sabadell (C.CAT)       |
| 26 | Anna Marín León (1986)                     | S-16 | <b>03:08,70</b> |        | 18/01/2003 Vilafranca             |
| 27 | Meritxell Salvador Lladó (1973)            | F45  | <b>03:11,15</b> |        | 01/02/2020 Sabadell               |
| 28 | Immaculada Gómez Escobedo (1970)           | F50  | <b>03:14,13</b> |        | 20/02/2021 Barcelona (Sant Jordi) |

**(PC) 1000 II**

|   |                               |      | MARCA           | T_Real | V                     |
|---|-------------------------------|------|-----------------|--------|-----------------------|
| 1 | Oumaima Blal Lahlimi (1997)   | S-16 | <b>03:10,77</b> |        | 10/12/2011 Sabadell   |
| 2 | Sara Adjar Najjaoui (2004)    | S-16 | <b>03:12,72</b> |        | 16/12/2017 Sabadell   |
| 3 | Mercè Sánchez Oller (2002)    | S-16 | <b>03:16,68</b> |        | 28/01/2017 Sabadell   |
| 4 | Martina Collet Bertran (2004) | S-16 | <b>03:22,42</b> |        | 24/02/2018 Sabadell   |
| 5 | Marina Roselló Otero (2004)   | S-16 | <b>03:23,08</b> |        | 24/02/2018 Sabadell   |
| 6 | Laura Ballesteró Trias (1990) | S-16 | <b>03:23,54</b> |        | 19/02/2005 Vilafranca |
| 7 | Alana Ordoyo Conroy (2005)    | S-14 | <b>03:28,53</b> |        | 03/03/2018 Sabadell   |
| 8 | Sandra Torrejón García (1991) | S-14 | <b>03:29,50</b> |        | 21/02/2004 Vilafranca |

***Mínima 3'30"*****(PC) 1500 II**

|   |                                  |      | MARCA           | T_Real | V                     |
|---|----------------------------------|------|-----------------|--------|-----------------------|
| 1 | Verónica Fernández Lirola (1978) | S-23 | <b>04:51,06</b> |        | 17/01/1998 Vilafranca |

|    |                                            |      |                 |            |                        |
|----|--------------------------------------------|------|-----------------|------------|------------------------|
| 2  | Laura Pelegrí Guillemes (1993)             | SEN  | <b>04:52,31</b> | 05/02/2017 | Sabadell (C.CAT)       |
| 3  | Oumaima Blal Lahlimi (1997)                | S-18 | <b>05:02,36</b> | 02/03/2013 | Antequera              |
| 4  | Cristina Fernández Molina (1982)           | S-20 | <b>05:03,12</b> | 30/01/2000 | Vilafranca             |
| 5  | Laila Ruth Vivas Glaser (1995)             | S-20 | <b>05:05,41</b> | 16/12/2012 | Sabadell               |
| 6  | Mercè Sánchez Oller (2002)                 | S-20 | <b>05:07,32</b> | 07/03/2020 | Sabadell (C.CAT)       |
| 7  | Laura Martín Ortiz (1978)                  | S-18 | <b>05:07,40</b> | 03/03/1995 | Barcelona (Sant Jordi) |
| 8  | Esther Castro Muñoz (1991)                 | SEN  | <b>05:11,61</b> | 08/02/2014 | Sabadell               |
| 9  | M <sup>a</sup> Helena Gaeta Monleón (1971) | SEN  | <b>05:18,37</b> | 12/02/2005 | Vilafranca             |
| 10 | Marina Adalid Serrano (1998)               | S-20 | <b>05:28,28</b> | 12/02/2017 | Sabadell (C.CAT)       |
| 11 | María Mas Bermejo (1994)                   | SEN  | <b>05:34,75</b> | 18/12/2016 | Sabadell               |
| 12 | Ana Esther Fidalgo Álvarez (1969)          | F45  | <b>05:35,65</b> | 18/12/2016 | Sabadell               |
| 13 | Beatriz Domínguez Ruiz (1965)              | F50  | <b>05:43,72</b> | 29/01/2017 | Sabadell               |
| 14 | Rut Coll Serra (1974)                      | F40  | <b>05:45,81</b> | 17/02/2019 | Sabadell (C.CAT)       |
| 15 | Eva Molina Olivencia (1997)                | S-20 | <b>05:47,50</b> | 11/01/2015 | Sabadell               |
| 16 | Laura Serrano Encinas (1984)               | S-20 | <b>05:57,47</b> | 18/01/2003 | Vilafranca             |
| 17 | Eva Riera Rueda (1973)                     | F40  | <b>06:02,26</b> | 06/03/2016 | Sabadell (C.CAT)       |
| 18 | Xantal Oller Soler (1968)                  | F45  | <b>06:02,85</b> | 18/12/2016 | Sabadell               |
| 19 | Judith Artigas Dalmau (1979)               | F40  | <b>06:17,04</b> | 01/02/2020 | Sabadell               |
| 20 | Aida Suitino Cavanillas (2001)             | S-18 | <b>06:37,56</b> | 04/02/2017 | Sabadell               |
| 21 | Immaculada Gómez Escobedo (1970)           | F45  | <b>06:45,11</b> | 18/02/2018 | Sabadell (C.CAT)       |
| 22 | Lara Ballesteros García (2000)             | S-18 | <b>06:46,00</b> | 04/02/2017 | Sabadell               |
| 23 | Paula Moreno Jurado (1997)                 | S-20 | <b>06:50,19</b> | 12/12/2015 | Sabadell               |

### **(PC) 3000 II**

|    |                                            |      | MARCA           | T_Real     | V                      |
|----|--------------------------------------------|------|-----------------|------------|------------------------|
| 1  | Verónica Fernández Lirola (1978)           | S-18 | <b>10:20,37</b> | 03/03/1995 | Barcelona (Sant Jordi) |
| 2  | Laura Pelegrí Guillemes (1993)             | SEN  | <b>10:39,00</b> | 28/01/2017 | Valencia               |
| 3  | Natalia Rodríguez Grajera (1976)           | F35  | <b>10:42,68</b> | 06/03/2016 | Sabadell (C.CAT)       |
| 4  | Sonia Pozo Martínez (1978)                 | S-18 | <b>10:56,33</b> | 03/03/1995 | Barcelona (Sant Jordi) |
| 5  | Judith Marín Alcoverro (1977)              | S-23 | <b>11:30,08</b> | 12/01/1997 | Vilafranca             |
| 6  | Esther Tomás Sánchez (1970)                | F50  | <b>11:31,75</b> | 20/02/2021 | Barcelona (Sant Jordi) |
| 7  | Laila Ruth Vivas Glaser (1995)             | S-23 | <b>11:42,80</b> | 20/12/2015 | Sabadell               |
| 8  | M <sup>a</sup> Helena Gaeta Monleón (1971) | F35  | <b>11:43,19</b> | 22/01/2005 | Vilafranca             |
| 9  | Mercè Sánchez Oller (2002)                 | S-16 | <b>11:58,57</b> | 07/01/2017 | Sabadell               |
| 10 | Oumaima Blal Lahlimi (1997)                | S-16 | <b>12:01,66</b> | 05/02/2011 | Sabadell               |
| 11 | Esther Castro Muñoz (1991)                 | S-16 | <b>12:05,09</b> | 05/02/2005 | Vilafranca             |
| 12 | Marina Roselló Otero (2004)                | S-16 | <b>12:07,50</b> | 20/01/2018 | Sabadell               |
| 13 | Eva Molina Olivencia (1997)                | S-20 | <b>12:09,82</b> | 31/01/2015 | Sabadell               |
| 14 | Ana Esther Fidalgo Álvarez (1969)          | F45  | <b>12:11,02</b> | 17/02/2019 | Sabadell (C.CAT)       |
| 15 | Beatriz Domínguez Ruiz (1965)              | F50  | <b>12:12,31</b> | 06/03/2016 | Sabadell (C.CAT)       |
| 16 | Mar Margarit Ríos (1993)                   | S-18 | <b>12:15,63</b> | 06/02/2010 | Vilafranca             |
| 17 | María Mas Bermejo (1994)                   | S-23 | <b>12:18,95</b> | 20/12/2015 | Sabadell               |
| 18 | Loli Lozano Reche (1961)                   | F40  | <b>12:57,27</b> | 18/01/2003 | Vilafranca             |
| 19 | Eva Riera Rueda (1973)                     | F40  | <b>13:02,50</b> | 06/03/2016 | Sabadell (C.CAT)       |
| 20 | Judith Artigas Dalmau (1979)               | F40  | <b>13:22,12</b> | 17/02/2019 | Sabadell (C.CAT)       |

|    |                                  |     |                 |            |                  |
|----|----------------------------------|-----|-----------------|------------|------------------|
| 21 | Xantal Oller Soler (1968)        | F50 | <b>13:24,93</b> | 17/02/2019 | Sabadell (C.CAT) |
| 22 | Immaculada Gómez Escobedo (1970) | F45 | <b>13:43,46</b> | 17/02/2019 | Sabadell (C.CAT) |
| 23 | Ángela Pareja Bermejo (1967)     | F45 | <b>13:56,61</b> | 06/03/2016 | Sabadell (C.CAT) |

### (PC) Alçada

**Mínima 1,05 m**

|    |                                            | MARCA | T_Real       | V          |                           |
|----|--------------------------------------------|-------|--------------|------------|---------------------------|
| 1  | Elena González Laguna (1978)               | S-20  | <b>1,60m</b> | 21/01/1996 | Vilafranca                |
| 2  | Lauren Baker Iguaz (1996)                  | S-18  | <b>1,53m</b> | 12/02/2012 | Sabadell                  |
| 3  | Esmeralda Arriscado García (1976)          | S-23  | <b>1,51m</b> | 11/02/1996 | Vilafranca                |
| 4  | Lambra Sáinz Vidal (1976)                  | S-18  | <b>1,50m</b> | 14/03/1993 | San Sebastián             |
| 5  | Myriam Fernández Castillo (1987)           | S-20  | <b>1,49m</b> | 27/02/2005 | Vilafranca                |
| 6  | Meritxell Filbà Estrader (1971)            | S-23  | <b>1,46m</b> | 14/02/1993 | Zaragoza                  |
| 7  | Emma Palà Lorente (1999)                   | S-16  | <b>1,41m</b> | 15/02/2014 | Sabadell                  |
| 8  | Alana Ordoyo Conroy (2005)                 | S-14  | <b>1,40m</b> | 04/03/2017 | Sabadell (C.CAT)          |
| 9  | Irene Reboredo Donato (1999)               | S-14  | <b>1,38m</b> | 04/03/2012 | Sabadell                  |
| 10 | Daniela Elvira Gutiérrez (2004)            | S-14  | <b>1,38m</b> | 18/02/2017 | Sabadell                  |
| 11 | Andrea Pérez Granado (2007)                | S-16  | <b>1,38m</b> | 14/02/2021 | Barcelona (Sant Jordi)    |
| 12 | Alba Randolí Ferrando (2003)               | S-16  | <b>1,33m</b> | 28/01/2017 | Sabadell                  |
| 13 | Emma Olasz Ambit (1965)                    | F50   | <b>1,33m</b> | 01/02/2020 | Sabadell                  |
| 14 | Ruth Díaz Calaf (1999)                     | S-14  | <b>1,32m</b> | 11/02/2012 | Sabadell                  |
| 15 | Jessica León Olmos (1982)                  | F35   | <b>1,30m</b> | 20/02/2021 | Barcelona (Sant Jordi)    |
| 16 | Paula Lobato Durán (2008)                  | S-14  | <b>1,29m</b> | 29/02/2020 | Sabadell                  |
| 17 | Natalia Millán Ríos (1976)                 | F40   | <b>1,27m</b> | 23/02/2020 | Sabadell (C.CAT)          |
| 18 | Alba Grau Subirats (1996)                  | S-14  | <b>1,21m</b> | 28/02/2009 | Vilafranca                |
| 19 | Sonia Pozo Martínez (1978)                 | S-16  | <b>1,20m</b> | 29/12/1991 | Barcelona (Saló Infancia) |
| 20 | M <sup>a</sup> Isabel Pozo Martínez (1978) | S-16  | <b>1,20m</b> | 29/12/1991 | Barcelona (Saló Infancia) |
| 21 | Neus Aran Planas (1980)                    | SEN   | <b>1,20m</b> | 18/01/2003 | Vilafranca                |
| 22 | Marina Rodríguez Grajera (1990)            | S-16  | <b>1,20m</b> | 05/02/2005 | Vilafranca                |

### (PC) Perxa

|   |                                            | MARCA | T_Real       | V          |                   |
|---|--------------------------------------------|-------|--------------|------------|-------------------|
| 1 | Mireia Bonjoch Freginals (1991)            | S-16  | <b>3,15m</b> | 16/12/2005 | C.A.R. Sant Cugat |
| 2 | M <sup>a</sup> Isabel Pozo Martínez (1978) | S-20  | <b>2,20m</b> | 12/01/1997 | Vilafranca        |
| 3 | Montse López Mata (1988)                   | S-16  | <b>2,20m</b> | 18/01/2003 | Vilafranca        |
| 4 | Ainhoa Perona Tarragó (2003)               | S-16  | <b>2,00m</b> | 20/01/2018 | Sabadell          |
| 5 | Irene Reboredo Donato (1999)               | S-14  | <b>1,90m</b> | 10/03/2012 | Sabadell          |

### (PC) Llargada

**Mínima 3,5m**

|   |                                   | MARCA | T_Real       | V          |                  |
|---|-----------------------------------|-------|--------------|------------|------------------|
| 1 | Esmeralda Arriscado García (1976) | S-23  | <b>5,15m</b> | 11/02/1995 | Vilafranca       |
| 2 | Lauren Baker Iguaz (1996)         | S-18  | <b>4,90m</b> | 12/02/2012 | Sabadell         |
| 3 | Emma Palà Lorente (1999)          | S-14  | <b>4,84m</b> | 10/03/2012 | Sabadell         |
| 4 | Raquel Pérez Pérez (1989)         | S-18  | <b>4,80m</b> | 12/02/2005 | Vilafranca       |
| 5 | Laura Ortiz Tejada (1965)         | F45   | <b>4,72m</b> | 19/02/2012 | Sabadell         |
| 6 | Laia Sans Martínez (1988)         | S-16  | <b>4,67m</b> | 16/01/2003 | Vilafranca       |
| 7 | Jessica León Olmos (1982)         | F35   | <b>4,57m</b> | 17/02/2019 | Sabadell (C.CAT) |



|    |                                               |      |              |            |                           |
|----|-----------------------------------------------|------|--------------|------------|---------------------------|
| 8  | Carla Alfonso Mihi (2002)                     | S-18 | <b>4,54m</b> | 16/12/2017 | Sabadell                  |
| 9  | Martina Kidane Prades (2005)                  | S-16 | <b>4,42m</b> | 20/01/2019 | Sabadell                  |
| 10 | Emma Olasz Ambit (1965)                       | F45  | <b>4,41m</b> | 25/03/2014 | Budapest                  |
| 11 | Alba Grau Subirats (1996)                     | S-16 | <b>4,36m</b> | 23/01/2010 | Vilafranca                |
| 12 | Berta Playà Soler (2003)                      | S-16 | <b>4,33m</b> | 20/01/2018 | Sabadell                  |
| 13 | Alana Ordoyo Conroy (2005)                    | S-16 | <b>4,33m</b> | 14/12/2019 | Sabadell                  |
| 14 | Elena González Laguna (1978)                  | S-20 | <b>4,32m</b> | 18/01/1997 | Vilafranca                |
| 15 | Núria Andrés Bonnin (1991)                    | S-18 | <b>4,28m</b> | 03/02/2007 | Vilafranca                |
| 16 | Daniela Elvira Gutiérrez (2004)               | S-16 | <b>4,27m</b> | 16/12/2018 | Sabadell                  |
| 17 | Laia Garcés Ballester (2003)                  | S-16 | <b>4,20m</b> | 13/01/2018 | Sabadell                  |
| 18 | Meritxell Ribé Rabascall (1989)               | S-16 | <b>4,15m</b> | 23/02/2003 | Vilafranca                |
| 19 | Berta Creus Olivart (1988)                    | S-18 | <b>4,13m</b> | 31/01/2004 | Vilafranca                |
| 20 | M <sup>a</sup> Isabel Pozo Martínez (1978)    | S-16 | <b>4,12m</b> | 29/12/1991 | Barcelona (Saló Infancia) |
| 21 | Laia Ramia Pallàs (1988)                      | S-16 | <b>4,12m</b> | 26/01/2003 | Vilafranca                |
| 22 | Mar Espartero Polino (2007)                   | S-14 | <b>4,10m</b> | 10/02/2019 | Sabadell                  |
| 23 | Alba Randolí Ferrando (2003)                  | S-18 | <b>4,04m</b> | 22/12/2018 | Sabadell                  |
| 24 | Irene Reboredo Donato (1999)                  | S-14 | <b>4,00m</b> | 04/03/2012 | Sabadell                  |
| 25 | Marina Polo Leonard (2007)                    | S-14 | <b>3,91m</b> | 10/02/2019 | Sabadell                  |
| 26 | M <sup>a</sup> Victoria Calvache López (1978) | S-16 | <b>3,83m</b> | 29/12/1991 | Barcelona (Saló Infancia) |
| 27 | Sara García Gázquez (2005)                    | S-16 | <b>3,79m</b> | 14/12/2019 | Sabadell                  |
| 28 | Susana Pagès Marzo (1975)                     | F40  | <b>3,70m</b> | 19/01/2020 | Sabadell                  |
| 29 | Clara Sanz Fidalgo (1996)                     | S-18 | <b>3,66m</b> | 21/01/2012 | Sabadell                  |
| 30 | Ainhoa Perona Tarragó (2003)                  | S-16 | <b>3,61m</b> | 13/01/2018 | Sabadell                  |
| 31 | Georgina Meulenkamp (2005)                    | S-14 | <b>3,58m</b> | 28/01/2017 | Sabadell                  |
| 32 | Sarah Bax (2005)                              | S-16 | <b>3,57m</b> | 16/12/2018 | Sabadell                  |
| 33 | Gisela Carrera Pérez (1990)                   | S-16 | <b>3,52m</b> | 05/02/2005 | Vilafranca                |
| 34 | Andrea Pérez Granado (2007)                   | S-14 | <b>3,50m</b> | 10/02/2019 | Sabadell                  |

### (PC) Triple salt

|    |                                            |      | MARCA         | T_Real     | V                |
|----|--------------------------------------------|------|---------------|------------|------------------|
| 1  | Lauren Baker Iguaz (1996)                  | S-16 | <b>11,42m</b> | 05/02/2011 | Sabadell         |
| 2  | M <sup>a</sup> Amparo González Vera (1983) | S-23 | <b>10,99m</b> | 06/02/2005 | Vilafranca       |
| 3  | Raquel Palacios Cerdà (1981)               | SEN  | <b>10,71m</b> | 28/01/2004 | Vilafranca       |
| 4  | Alba Grau Subirats (1996)                  | SEN  | <b>10,46m</b> | 16/12/2018 | Sabadell         |
| 5  | Laia Sans Martínez (1988)                  | S-18 | <b>10,08m</b> | 17/01/2004 | Vilafranca       |
| 6  | Daniela Elvira Gutiérrez (2004)            | S-14 | <b>9,97m</b>  | 18/02/2017 | Sabadell         |
| 7  | Sara Dorda Sans (1997)                     | S-18 | <b>9,64m</b>  | 18/12/2010 | Sabadell         |
| 8  | Emma Palà Lorente (1999)                   | S-14 | <b>9,63m</b>  | 10/03/2012 | Sabadell         |
| 9  | Mar Espartero Polino (2007)                | S-14 | <b>9,60m</b>  | 09/03/2019 | Sabadell (C.CAT) |
| 10 | Laura Sabater Alberts (1976)               | SEN  | <b>9,50m</b>  | 12/01/1997 | Vilafranca       |
| 11 | Sandra Torrejón García (1991)              | S-16 | <b>9,39m</b>  | 19/02/2005 | Vilafranca       |
| 12 | Mireia Bonjoch Freginals (1991)            | S-16 | <b>9,32m</b>  | 19/02/2005 | Vilafranca       |
| 13 | Carla Alfonso Mihi (2002)                  | S-16 | <b>9,26m</b>  | 28/01/2017 | Sabadell         |
| 14 | Berta Creus Olivart (1988)                 | S-18 | <b>9,21m</b>  | 18/01/2004 | Vilafranca       |
| 15 | Alana Ordoyo Conroy (2005)                 | S-16 | <b>9,03m</b>  | 21/12/2019 | Sabadell         |



|    |                                 |      |              |            |            |
|----|---------------------------------|------|--------------|------------|------------|
| 16 | Eva Sans Cruces (1976)          | F40  | <b>8,98m</b> | 24/02/2019 | Sabadell   |
| 17 | Martina Kidane Prades (2005)    | S-16 | <b>8,89m</b> | 26/01/2020 | Sabadell   |
| 18 | Laia Garcés Ballester (2003)    | S-16 | <b>8,78m</b> | 28/01/2017 | Sabadell   |
| 19 | Aina Anso Cabré (1988)          | S-16 | <b>8,77m</b> | 01/02/2003 | Vilafranca |
| 20 | Berta Playà Soler (2003)        | S-16 | <b>8,77m</b> | 28/01/2017 | Sabadell   |
| 21 | Alba Randolí Ferrando (2003)    | S-16 | <b>8,75m</b> | 16/12/2017 | Sabadell   |
| 22 | Ainhoa Perona Tarragó (2003)    | S-16 | <b>8,54m</b> | 16/12/2017 | Sabadell   |
| 23 | Patricia Muñoz Doblas (1991)    | S-16 | <b>8,47m</b> | 15/01/2005 | Vilafranca |
| 24 | Meritxell Ribé Rabascall (1989) | S-16 | <b>8,18m</b> | 01/02/2003 | Vilafranca |
| 25 | Sara García Gázquez (2005)      | S-16 | <b>7,98m</b> | 26/01/2020 | Sabadell   |
| 26 | Sarah Bax (2005)                | S-16 | <b>7,95m</b> | 21/12/2019 | Sabadell   |
| 27 | Laia Ramia Pallàs (1988)        | S-16 | <b>7,66m</b> | 11/01/2003 | Vilafranca |

### (PC) 3000 marxa

|   |                                |      | MARCA           | T_Real     | V                |
|---|--------------------------------|------|-----------------|------------|------------------|
| 1 | Carla Castellà Altayó (2005)   | S-16 | <b>17:08,62</b> | 20/01/2019 | Sabadell         |
| 2 | Silvia Marquet Colls (2006)    | S-16 | <b>18:20,84</b> | 04/01/2020 | Sabadell         |
| 3 | Mireia Sese Marcer (2003)      | S-16 | <b>19:47,10</b> | 20/01/2018 | Sabadell         |
| 4 | Elisabet Cortés Hidalgo (1983) | F35  | <b>20:35,82</b> | 23/02/2020 | Sabadell (C.CAT) |

### (PC) Pentatló

|   |                                   |      | MARCA        | T_Real     | V                |
|---|-----------------------------------|------|--------------|------------|------------------|
| 1 | Esmeralda Arriscado García (1976) | S-23 | <b>3179p</b> | 09/02/1997 | Zaragoza         |
| 2 | Emma Olasz Ambit (1965)           | F50  | <b>3131p</b> | 23/02/2020 | Sabadell (C.CAT) |
| 3 | Lauren Baker Iguaz (1996)         | S-16 | <b>2807p</b> | 13/02/2011 | Sabadell         |
| 4 | Emma Palà Lorente (1999)          | S-16 | <b>2658p</b> | 15/02/2014 | Sabadell         |

## Ruta-Marxa

### (R) Milla Urbana

|    |                                            |     | MARCA          | T_Real     | V                          |
|----|--------------------------------------------|-----|----------------|------------|----------------------------|
| 1  | M <sup>a</sup> Helena Gaeta Monleón (1971) | F45 | <b>05:54,0</b> | 04/06/2017 | Montcada i Reixac          |
| 2  | Eva Sans Cruces (1976)                     | F40 | <b>06:05,0</b> | 13/04/2019 | Sagunt (C.ESP)             |
| 3  | Beatriz Domínguez Ruiz (1965)              | F50 | <b>06:10,0</b> | 15/05/2016 | Montcada i Reixac          |
| 4  | Clara Hernández Cortés (1976)              | F40 | <b>06:11,0</b> | 01/07/2018 | Palau - Solità i Plegamans |
| 5  | Ana Esther Fidalgo Álvarez (1969)          | F45 | <b>06:20,0</b> | 01/07/2018 | Palau - Solità i Plegamans |
| 6  | Xantal Oller Soler (1968)                  | F50 | <b>06:48,0</b> | 20/05/2018 | Montcada i Reixac          |
| 7  | Ángela Pareja Bermejo (1967)               | F50 | <b>07:05,0</b> | 30/06/2019 | Palau - Solità i Plegamans |
| 8  | Immaculada Gómez Escobedo (1970)           | F45 | <b>07:28,0</b> | 30/06/2019 | Palau - Solità i Plegamans |
| 9  | Rosa M <sup>a</sup> Rubio Abella (1961)    | F50 | <b>07:42,0</b> | 26/04/2015 | Barcelona                  |
| 10 | Miriam Berrocal Rodríguez (1975)           | F40 | <b>08:10,0</b> | 30/06/2019 | Palau - Solità i Plegamans |
| 11 | Laia Salvador Lladó (1972)                 | F45 | <b>08:31,0</b> | 04/08/2018 | Sant Antoni de Calonge (C. |

### (R) 5 km

MARCA T\_Real V

|    |                                              |      |               |        |            |                    |
|----|----------------------------------------------|------|---------------|--------|------------|--------------------|
| 1  | Natalia Rodríguez Grajera (1976)             | F35  | <b>18'29"</b> | 18'28" | 13/12/2015 | Viladecans (C.CAT) |
| 2  | M <sup>a</sup> Helena Gaeta Monleón (1971)   | F45  | <b>19'42"</b> | 19'39" | 11/12/2016 | Viladecans (C.CAT) |
| 3  | Clara Hernández Cortés (1976)                | F40  | <b>20'50"</b> | 20'44" | 03/06/2018 | Barcelona          |
| 4  | Beatriz Domínguez Ruiz (1965)                | F50  | <b>21'04"</b> | 20'58" | 11/12/2016 | Viladecans (C.CAT) |
| 5  | Ana Esther Fidalgo Álvarez (1969)            | F45  | <b>21'06"</b> | 20'58" | 11/12/2016 | Viladecans (C.CAT) |
| 6  | Eva Sans Cruces (1976)                       | F40  | <b>21'23"</b> | 21'16" | 15/12/2019 | Barcelona          |
| 7  | Xantal Oller Soler (1968)                    | F45  | <b>22'28"</b> | 21'53" | 13/12/2015 | Viladecans (C.CAT) |
| 8  | Eva Riera Rueda (1973)                       | F40  | <b>22'49"</b> | 22'43" | 11/12/2016 | Viladecans (C.CAT) |
| 9  | Ángela Pareja Bermejo (1967)                 | F50  | <b>22'56"</b> | 22'55" | 08/12/2019 | Viladecans         |
| 10 | Aida Suitino Cavanillas (2001)               | S-16 | <b>23'01"</b> | 22'38" | 16/04/2016 | l' Hospitalet      |
| 11 | Immaculada Gómez Escobedo (1970)             | F45  | <b>24'57"</b> | 24'53" | 27/01/2019 | Terrassa (C.CAT)   |
| 12 | María Mas Bermejo (1994)                     | S-18 | <b>27'57"</b> |        | 27/12/2009 | Lloret             |
| 13 | Esther Molina Olivencia (1991)               | SEN  | <b>28'08"</b> | 27'49" | 21/02/2015 | Vilanova           |
| 14 | Chari Eslava Rueda (1950)                    | F55  | <b>28'11"</b> |        | 27/12/2009 | Lloret             |
| 15 | Mila García Llamas (1967)                    | F40  | <b>28'34"</b> | 28'34" | 19/12/2010 | Lloret             |
| 16 | Silvia Navarro Fernández (1973)              | SEN  | <b>29'05"</b> | 28'52" | 30/12/2012 | Lloret             |
| 17 | Lurdes Ciller Eslava (1976)                  | SEN  | <b>29'13"</b> |        | 27/12/2009 | Lloret             |
| 18 | María Pertegaz Bertolín (1978)               | SEN  | <b>29'31"</b> |        | 27/12/2009 | Lloret             |
| 19 | M <sup>a</sup> Isabel Sánchez Ledesma (1971) | F35  | <b>30'22"</b> |        | 27/12/2009 | Lloret             |
| 20 | Elvira Garcia Mengual (1969)                 | F35  | <b>30'25"</b> |        | 28/12/2008 | Lloret             |
| 21 | Carla Fernández García (1994)                | S-18 | <b>30'36"</b> |        | 27/12/2009 | Lloret             |
| 22 | Judith Cortijo Enrique (1978)                | SEN  | <b>30'47"</b> |        | 27/12/2009 | Lloret             |
| 23 | M <sup>a</sup> José Romero de la Rosa (1958) | F50  | <b>32'05"</b> |        | 27/12/2009 | Lloret             |
| 24 | Ana Lourdes López López (1980)               | SEN  | <b>32'12"</b> |        | 27/12/2009 | Lloret             |
| 25 | Carmen Eslava Rueda (1965)                   | F40  | <b>32'37"</b> |        | 27/12/2009 | Lloret             |
| 26 | M <sup>a</sup> Dolores Gallardo Muñoz (1965) | F40  | <b>32'37"</b> |        | 27/12/2009 | Lloret             |
| 27 | Cristina Galán Franco (1985)                 | SEN  | <b>33'34"</b> | 33'31" | 19/12/2010 | Lloret             |
| 28 | Rocío Galán Franco (1979)                    | SEN  | <b>33'34"</b> | 33'31" | 19/12/2010 | Lloret             |
| 29 | Paqui Cavanillas López (1967)                | F50  | <b>33'56"</b> | 32'05" | 14/04/2018 | l' Hospitalet      |
| 30 | Judith Abril Clapés ( )                      | SEN  | <b>34'47"</b> |        | 27/12/2009 | Lloret             |
| 31 | Cristina Zuriaga Carrillo ( )                | SEN  | <b>36'33"</b> |        | 27/12/2009 | Lloret             |
| 32 | Tania García Eslava (1993)                   | S-18 | <b>39'22"</b> |        | 27/12/2009 | Lloret             |

### **(R) 10 km**

|    |                                            |      | MARCA         | T_Real | V          |                   |
|----|--------------------------------------------|------|---------------|--------|------------|-------------------|
| 1  | Natalia Rodríguez Grajera (1976)           | F40  | <b>37'09"</b> | 37'01" | 31/12/2016 | Barcelona         |
| 2  | M <sup>a</sup> Helena Gaeta Monleón (1971) | F45  | <b>40'55"</b> | 40'52" | 31/12/2016 | Barcelona         |
| 3  | Sandra Alonso Ruiz (1980)                  | SEN  | <b>41'56"</b> | 41'47" | 23/09/2007 | Barcelona         |
| 4  | Clara Hernández Cortés (1976)              | F40  | <b>41'58"</b> | 41'37" | 21/01/2018 | Barcelona (C.CAT) |
| 5  | Sonia Pozo Martínez (1978)                 | S-23 | <b>42'55"</b> |        | 22/03/1998 | Girona            |
| 6  | Ana Esther Fidalgo Álvarez (1969)          | F45  | <b>43'08"</b> | 43'08" | 29/04/2017 | Grao de Castellón |
| 7  | Betania Duarte Candau (1979)               | SEN  | <b>43'33"</b> | 43'09" | 21/12/2006 | Barcelona         |
| 8  | Cristina Fernández Molina (1982)           | S-20 | <b>43'45"</b> |        | 22/10/2000 | Sabadell          |
| 9  | Beatriz Domínguez Ruiz (1965)              | F50  | <b>43'54"</b> | 43'54" | 29/04/2017 | Grao de Castellón |
| 10 | Eva Riera Rueda (1973)                     | F40  | <b>44'16"</b> |        | 24/04/2016 | Alcañiz (C.ESP)   |

|    |                                              |       |                 |          |            |                   |
|----|----------------------------------------------|-------|-----------------|----------|------------|-------------------|
| 11 | Verónica Fernández Lirola (1978)             | F35   | <b>45'38"</b>   | 45'17"   | 21/01/2018 | Barcelona (C.CAT) |
| 12 | Xantal Oller Soler (1968)                    | F45   | <b>45'44"</b>   | 45'43"   | 31/05/2015 | El Prat           |
| 13 | Esther Bonilla Ciller (1976)                 | SEN   | <b>45'47"</b>   |          | 22/10/2000 | Sabadell          |
| 14 | Rut Coll Serra (1974)                        | F40   | <b>45'48"</b>   | 45'12"   | 02/12/2018 | Valencia          |
| 15 | Laura Martín Ortiz (1978)                    | S-23  | <b>45'55"</b>   |          | 10/10/1999 | Cornellà          |
| 16 | Judith Artigas Dalmau (1979)                 | SEN   | <b>47'10"</b>   |          | 30/11/2008 | Barcelona         |
| 17 | Laura Pérez del Valle (1985)                 | S-18  | <b>47'48"</b>   |          | 08/04/2001 | Barcelona         |
| 18 | Laia Salvador Lladó (1972)                   | F40   | <b>47'51"</b>   | 47'51"   | 05/06/2016 | Pineda de Mar     |
| 19 | Silvia Martínez Benito (1970)                | F40   | <b>47'57"</b>   | 47'47"   | 09/06/2013 | Pineda de Mar     |
| 20 | Ángela Pareja Bermejo (1967)                 | F50   | <b>48'17"</b>   |          | 09/06/2019 | Tudela (C.ESP)    |
| 21 | Melani Ballesta Sánchez (1991)               | S-23  | <b>48'35"</b>   | 48'15"   | 10/06/2012 | Pineda de Mar     |
| 22 | Dolors Ruiz Poza (1966)                      | F45   | <b>48'45"</b>   | 48'41"   | 05/06/2016 | Pineda de Mar     |
| 23 | Alba Torrejón García (1993)                  | S-14  | <b>49'08"</b>   |          | 02/04/2006 | La Llagosta       |
| 24 | Marina Agís Meca (1962)                      | F35   | <b>49'26"</b>   |          | 08/04/2001 | Barcelona         |
| 25 | Georgina Dalmau Sanleandro (1983)            | SEN   | <b>49'30"</b>   |          | 21/10/2007 | Sabadell          |
| 26 | Loli Lozano Reche (1961)                     | F35   | <b>49'48"</b>   |          | 24/10/1999 | Sabadell          |
| 27 | Teresa Jiménez Cantalejo (1963)              | F35   | <b>49'49"</b>   |          | 24/10/1999 | Sabadell          |
| 28 | Montse Prats Montenegro (1973)               | F40   | <b>50'10"</b>   |          | 24/04/2016 | Alcañiz (C.ESP)   |
| 29 | M <sup>a</sup> José Albertus Ruiz ()         | S/D F | <b>50'40"</b>   | 50'36"   | 05/06/2016 | Pineda de Mar     |
| 30 | Esther Castro Muñoz (1991)                   | S-16  | <b>50'46"</b>   |          | 31/12/2004 | Barcelona         |
| 31 | Vanessa Salgado Lavado (1976)                | F40   | <b>50'52"</b>   | 49'46"   | 02/12/2018 | Valencia          |
| 32 | Olga López Sorribes (1971)                   | F35   | <b>50'59"</b>   | 49'27"   | 06/04/2008 | Barcelona         |
| 33 | Immaculada Gómez Escobedo (1970)             | F45   | <b>51'07"</b>   | 50'45"   | 18/05/2019 | Mataró            |
| 34 | Meritxell Salvador Lladó (1973)              | F45   | <b>51'10"</b>   |          | 09/09/2018 | Málaga (C.MON)    |
| 35 | Rosa Gómez Juan (1977)                       | SEN   | <b>51'35"</b>   | 51'04"   | 13/04/2008 | La Llagosta       |
| 36 | Laura Palma Gudiel (1983)                    | S-18  | <b>52'16"</b>   |          | 22/10/2000 | Sabadell          |
| 37 | Ariadna Ollé Rovira (2000)                   | S-18  | <b>52'35"</b>   | 49'05"   | 31/12/2015 | Barcelona         |
| 38 | Esther Molina Olivencia (1991)               | SEN   | <b>52'53"</b>   | 52'47"   | 31/05/2014 | Mataró            |
| 39 | Antonia Moreno González (1962)               | F40   | <b>53'44"</b>   |          | 17/04/2005 | La Llagosta       |
| 40 | Montse Fernández Miquel (1976)               | F40   | <b>54'01"</b>   | 53'36"   | 17/11/2019 | Les Franqueses    |
| 41 | Isaura Rabasseda Antonín (1970)              | F45   | <b>55'09"</b>   | 55'04"   | 05/06/2016 | Pineda de Mar     |
| 42 | M <sup>a</sup> Ángeles Molano Bufí (1969)    | F40   | <b>55'10"</b>   | 55'01"   | 09/06/2013 | Pineda de Mar     |
| 43 | Sonia Soriano Ortas (1974)                   | F40   | <b>55'12"</b>   | 55'08"   | 05/06/2016 | Pineda de Mar     |
| 44 | Carmen Jiménez Prados (1965)                 | F40   | <b>55'38"</b>   | 53'22"   | 31/12/2003 | Barcelona         |
| 45 | Chari Eslava Rueda (1950)                    | F50   | <b>57'00"</b>   |          | 21/10/2001 | Sabadell          |
| 46 | Sonia Martín Contreras (1991)                | SEN   | <b>57'08"</b>   | 57'03"   | 05/06/2016 | Pineda de Mar     |
| 47 | Julita Dalmau Bonamusa (1955)                | F45   | <b>57'13"</b>   | 54'50"   | 31/12/2003 | Barcelona         |
| 48 | Gisela Gilabert Enrique (1986)               | SEN   | <b>59'02"</b>   | 55'12"   | 18/09/2016 | Barcelona         |
| 49 | Estel López Garriga (1984)                   | SEN   | <b>59'07"</b>   | 56'16"   | 31/12/2011 | Barcelona         |
| 50 | Laia Nonell Cano (1994)                      | S-23  | <b>1h00'03"</b> | 58'54"   | 06/09/2015 | Barcelona         |
| 51 | Olga Vila Samper (1966)                      | F50   | <b>1h01'26"</b> | 56'38"   | 31/12/2018 | Barcelona         |
| 52 | Miriam Berrocal Rodríguez (1975)             | F40   | <b>1h02'18"</b> | 57'46"   | 31/12/2018 | Barcelona         |
| 53 | M <sup>a</sup> José Romero de la Rosa (1958) | F50   | <b>1h02'36"</b> | 1h00'00" | 09/06/2013 | Pineda de Mar     |
| 54 | Yolanda Rico Madera (1977)                   | F40   | <b>1h02'53"</b> | 1h02'53" | 01/12/2019 | Barcelona         |
| 55 | Esther Calleja Fernández (2001)              | S-16  | <b>1h03'21"</b> |          | 18/01/2015 | Blanes            |

|    |                                    |      |                 |          |            |               |
|----|------------------------------------|------|-----------------|----------|------------|---------------|
| 56 | Paqui Cavanillas López (1967)      | F45  | <b>1h04'44"</b> | 1h04'39" | 05/06/2016 | Pineda de Mar |
| 57 | Aida Suitino Cavanillas (2001)     | S-18 | <b>1h06'02"</b> | 1h00'13" | 17/09/2017 | Barcelona     |
| 58 | Laia Venteo Gómez (2009)           | S-12 | <b>1h06'57"</b> | 57'02"   | 29/09/2019 | Barcelona     |
| 59 | Eva Molina Olivencia (1997)        | S-18 | <b>1h09'28"</b> | 57'52"   | 28/09/2014 | Barcelona     |
| 60 | Mery Fernández Rodrigo (1961)      | F50  | <b>1h10'43"</b> | 1h00'00" | 31/12/2012 | Barcelona     |
| 61 | Anna Isabel Personat Martín (1974) | F40  | <b>1h12'21"</b> | 59'16"   | 13/09/2015 | Barcelona     |
| 62 | Yolanda Mirón Herruzo (1973)       | F40  | <b>1h12'21"</b> | 59'16"   | 13/09/2015 | Barcelona     |
| 63 | Mª Pilar Martínez Maestre (1962)   | F50  | <b>1h15'12"</b> | 1h04'28" | 31/12/2012 | Barcelona     |
| 64 | Estíbaliz Carro Aldecoa (1974)     | F40  | <b>1h26'26"</b> | 1h14'58" | 07/05/2017 | Barcelona     |

### **(R) 20 km**

|    |                                 |      | MARCA           | T_Real | V          |               |
|----|---------------------------------|------|-----------------|--------|------------|---------------|
| 1  | Maria Tió Batllori (1958)       | SEN  | <b>1h24'</b>    |        | 28/06/1987 | Vilanova      |
| 2  | Sonia Pozo Martínez (1978)      | S-20 | <b>1h35'29"</b> |        | 15/12/1996 | Perpignan     |
| 3  | Emilia Ponce García (1942)      | F45  | <b>1h37'24"</b> |        | 24/11/1991 | Ripoll        |
| 4  | Esther Bonilla Ciller (1976)    | SEN  | <b>1h39'30"</b> |        | 17/09/2000 | Ceret         |
| 5  | Judith Artigas Dalmau (1979)    | SEN  | <b>1h44'34"</b> |        | 09/11/2008 | San Sebastián |
| 6  | Rosa Mª Pió Serrano (1961)      | SEN  | <b>1h44'56"</b> |        | 29/11/1992 | Ripoll        |
| 7  | María Fonseca Borreguero (1948) | SEN  | <b>1h54'</b>    |        | 29/11/1992 | Ripoll        |
| 8  | Encarna González Muñoz (1955)   | SEN  | <b>2h01'</b>    |        | 29/11/1992 | Ripoll        |
| 9  | Sonia Soriano Ortas (1974)      | F40  | <b>2h07'26"</b> |        | 11/11/2018 | Behobia       |
| 10 | Olga Vila Samper (1966)         | F50  | <b>2h07'27"</b> |        | 11/11/2018 | Behobia       |
| 11 | Margarida Riera Bordas (1958)   | SEN  | <b>2h13'</b>    |        | 29/11/1992 | Ripoll        |

### **(R) Mitja marató**

|    |                                   |      | MARCA           | T_Real   | V          |                            |
|----|-----------------------------------|------|-----------------|----------|------------|----------------------------|
| 1  | Natalia Rodríguez Grajera (1976)  | F35  | <b>1h24'14"</b> | 1h24'13" | 04/12/2011 | Mataró                     |
| 2  | Maria Tió Batllori (1958)         | SEN  | <b>1h25'04"</b> |          | 18/01/1987 | Granollers                 |
| 3  | Laura Pelegrí Guilleme (1993)     | SEN  | <b>1h26'08"</b> | 1h25'11" | 31/03/2019 | Sant Cugat (C.ESP)         |
| 4  | Sonia Pozo Martínez (1978)        | S-23 | <b>1h29'10"</b> |          | 24/01/1999 | Granollers                 |
| 5  | Clara Hernández Cortés (1976)     | F40  | <b>1h34'22"</b> |          | 20/05/2018 | Alicante (C.EUR)           |
| 6  | Cristina Fernández Molina (1982)  | S-20 | <b>1h35'49"</b> |          | 09/01/2000 | Sitges                     |
| 7  | Teresa Jiménez Cantalejo (1963)   | SEN  | <b>1h36'41"</b> |          | 08/02/1998 | Barcelona                  |
| 8  | Betania Duarte Candau (1979)      | SEN  | <b>1h36'55"</b> | 1h36'40" | 07/12/2008 | Mataró                     |
| 9  | Mònica Espinàs Martínez (1967)    | S-20 | <b>1h37'10"</b> |          | 12/01/1986 | Sitges                     |
| 10 | Loli Lozano Reche (1961)          | F35  | <b>1h37'38"</b> |          | 10/01/1999 | Sitges                     |
| 11 | Ana Esther Fidalgo Álvarez (1969) | F45  | <b>1h38'17"</b> |          | 06/08/2017 | Aarhus (Dinamarca) (C.EUR) |
| 12 | Eva Riera Rueda (1973)            | F40  | <b>1h38'54"</b> |          | 20/05/2018 | Alicante (C.EUR)           |
| 13 | Emilia Ponce García (1942)        | F45  | <b>1h40'25"</b> |          | 12/01/1992 | Sitges                     |
| 14 | Esther Bonilla Ciller (1976)      | SEN  | <b>1h40'35"</b> |          | 07/01/2001 | Sitges                     |
| 15 | Silvia Martínez Benito (1970)     | F40  | <b>1h43'06"</b> | 1h43'05" | 30/03/2014 | Calella                    |
| 16 | Xantal Oller Soler (1968)         | F45  | <b>1h44'02"</b> |          | 10/05/2015 | Granada (C.ESP)            |
| 17 | Marina Agís Meca (1962)           | F35  | <b>1h45'04"</b> |          | 21/01/2001 | Granollers                 |
| 18 | Joaquina Fernández Aliaga (1961)  | F35  | <b>1h45'10"</b> |          | 18/01/1998 | Granollers                 |
| 19 | Laia Salvador Lladó (1972)        | F45  | <b>1h45'50"</b> |          | 20/05/2018 | Alicante (C.EUR)           |
| 20 | Beatriz Domínguez Ruiz (1965)     | F45  | <b>1h46'31"</b> | 1h44'33" | 09/03/2014 | Montornés                  |

|    |                                              |     |                 |          |            |                  |
|----|----------------------------------------------|-----|-----------------|----------|------------|------------------|
| 21 | Rosa Gómez Juan (1977)                       | SEN | <b>1h46'34"</b> |          | 12/01/2003 | Sitges           |
| 22 | Rosa M <sup>a</sup> Pió Serrano (1961)       | SEN | <b>1h47'10"</b> |          | 01/03/1992 | Montmeló         |
| 23 | Dolors Ruiz Poza (1966)                      | F50 | <b>1h47'42"</b> |          | 28/10/2018 | Castelldefels    |
| 24 | Montse Prats Montenegro (1973)               | F40 | <b>1h48'54"</b> | 1h43'53" | 26/01/2014 | Terrassa         |
| 25 | Verónica Fernández Lirola (1978)             | F35 | <b>1h50'44"</b> | 1h49'35" | 06/12/2015 | Mataró           |
| 26 | Antonia Moreno González (1962)               | F40 | <b>1h52'09"</b> |          | 29/03/2004 | Montornés        |
| 27 | Immaculada Gómez Escobedo (1970)             | F45 | <b>1h52'43"</b> |          | 20/05/2018 | Alicante (C.EUR) |
| 28 | Meritxell Salvador Lladó (1973)              | F40 | <b>1h52'43"</b> |          | 20/05/2018 | Alicante (C.EUR) |
| 29 | Olga López Sorribes (1971)                   | F35 | <b>1h52'45"</b> |          | 27/03/2011 | Montornés        |
| 30 | Rut Coll Serra (1974)                        | F40 | <b>1h55'06"</b> | 1h45'04" | 10/02/2019 | Barcelona        |
| 31 | Gisela Gilabert Enrique (1986)               | SEN | <b>1h55'08"</b> | 1h46'46" | 07/02/2016 | Granollers       |
| 32 | Judith Artigas Dalmau (1979)                 | F40 | <b>1h56'26"</b> |          | 23/02/2020 | Nàpols (Itàlia)  |
| 33 | Carmen Jiménez Prados (1965)                 | F35 | <b>1h56'48"</b> |          | 12/01/2002 | Sitges           |
| 34 | Ángela Pareja Bermejo (1967)                 | F50 | <b>1h56'51"</b> |          | 16/09/2018 | Málaga (C.MON)   |
| 35 | Miriam Muñoz Junyent (1996)                  | SEN | <b>1h57'10"</b> | 1h55'26" | 12/01/2020 | Sitges           |
| 36 | María Giralt Cuadras (1988)                  | SEN | <b>1h57'41"</b> | 1h45'42" | 01/02/2015 | Granollers       |
| 37 | Anna de Dalmasas Carreras (1976)             | F35 | <b>2h01'24"</b> | 1h58'33" | 26/02/2012 | Barcelona        |
| 38 | María Fonseca Borreguero (1948)              | F45 | <b>2h02'32"</b> |          | 20/11/1994 | Ripoll           |
| 39 | Montse Fernández Miquel (1976)               | F40 | <b>2h04'22"</b> |          | 17/03/2019 | Lisboa           |
| 40 | Juani Sierra Moya (1970)                     | SEN | <b>2h05'10"</b> |          | 25/02/1996 | Montornés        |
| 41 | Vanessa Salgado Lavado (1976)                | F40 | <b>2h05'57"</b> | 1h58'19" | 04/02/2018 | Granollers       |
| 42 | Julita Dalmau Bonamusa (1955)                | F45 | <b>2h07'10"</b> |          | 14/12/2003 | Vilanova         |
| 43 | Olga Vila Samper (1966)                      | F50 | <b>2h09'02"</b> |          | 17/03/2019 | New York         |
| 44 | Sonia Soriano Ortas (1974)                   | F40 | <b>2h10'33"</b> | 2h06'06" | 05/02/2017 | Granollers       |
| 45 | Antonia Pérez Jiménez ( )                    | SEN | <b>2h12'17"</b> |          | 23/06/2007 | Benasque         |
| 46 | Isaura Rabasseda Antonín (1970)              | F45 | <b>2h13'00"</b> | 2h09'21" | 04/12/2016 | Mataró           |
| 47 | Eulàlia Puigderrajols Ibern (1954)           | F35 | <b>2h13'56"</b> |          | 01/04/1990 | Mataró           |
| 48 | Chari Eslava Rueda (1950)                    | F55 | <b>2h14'21"</b> | 2h14'16" | 07/12/2008 | Mataró           |
| 49 | Gloria Monreal Gallego (1940)                | F50 | <b>2h15'04"</b> |          | 09/02/1992 | Mataró           |
| 50 | Montse Tarragó Ayats (1977)                  | F35 | <b>2h17'01"</b> | 2h12'23" | 04/12/2016 | Mataró           |
| 51 | Margarida Riera Bordas (1958)                | SEN | <b>2h17'09"</b> |          | 25/10/1992 | Seva             |
| 52 | Silvia Girona Brugal (1972)                  | SEN | <b>2h18'24"</b> |          | 07/02/1999 | Barcelona        |
| 53 | Paqui Cavanillas López (1967)                | F45 | <b>2h21'35"</b> | 2h16'35" | 05/02/2017 | Granollers       |
| 54 | Marian Dirkzwager (1970)                     | F40 | <b>2h23'05"</b> | 2h07'07" | 15/02/2015 | Barcelona        |
| 55 | M <sup>a</sup> José Romero de la Rosa (1958) | F60 | <b>2h40'23"</b> |          | 17/03/2019 | New York         |

### **(R) Marató**

|   |                                  |      | MARCA           | T_Real   | V |                          |
|---|----------------------------------|------|-----------------|----------|---|--------------------------|
| 1 | Sonia Pozo Martínez (1978)       | S-23 | <b>3h19'44"</b> |          |   | 14/03/1999 Barcelona     |
| 2 | Emilia Ponce García (1942)       | F45  | <b>3h37'50"</b> |          |   | 06/11/1988 New York      |
| 3 | Teresa Jiménez Cantalejo (1963)  | SEN  | <b>3h38'</b>    |          |   | 07/12/1997 Calvià        |
| 4 | Joaquina Fernández Aliaga (1961) | F35  | <b>3h38'</b>    |          |   | 07/12/1997 Calvià        |
| 5 | Loli Lozano Reche (1961)         | F40  | <b>3h42'31"</b> |          |   | 28/11/2004 San Sebastián |
| 6 | Montse Prats Montenegro (1973)   | F40  | <b>3h42'39"</b> | 3h35'09" |   | 15/03/2015 Barcelona     |
| 7 | Silvia Martínez Benito (1970)    | F45  | <b>3h46'34"</b> | 3h38'22" |   | 13/03/2016 Barcelona     |

|    |                                        |     |                 |          |            |                       |
|----|----------------------------------------|-----|-----------------|----------|------------|-----------------------|
| 8  | Xantal Oller Soler (1968)              | F50 | <b>3h49'50"</b> | 3h48'36" | 16/12/2018 | Pisa (Itàlia)         |
| 9  | Eva Riera Rueda (1973)                 | F45 | <b>3h51'05"</b> | 3h45'41" | 02/12/2018 | Valencia              |
| 10 | Dolors Ruiz Poza (1966)                | F50 | <b>3h59'03"</b> | 3h48'05" | 11/03/2018 | Barcelona             |
| 11 | Carmen Jiménez Prados (1965)           | F40 | <b>3h59'53"</b> |          | 29/02/2004 | Sevilla               |
| 12 | Leonor Godas Soler (1946)              | SEN | <b>4h02'25"</b> |          | 26/09/1982 | Neuf Brisach (França) |
| 13 | Ana Esther Fidalgo Álvarez (1969)      | F40 | <b>4h03'28"</b> | 3h54'46" | 25/03/2012 | Barcelona             |
| 14 | Rosa M <sup>a</sup> Pió Serrano (1961) | SEN | <b>4h17'30"</b> |          | 15/03/1992 | Barcelona             |
| 15 | Olga López Sorribes (1971)             | F35 | <b>4h23'43"</b> | 4h11'16" | 06/03/2011 | Barcelona             |
| 16 | María Fonseca Borreguero (1948)        | F45 | <b>4h33'15"</b> |          | 13/03/1994 | Barcelona             |
| 17 | Conchita Bandera Guerrero (1955)       | SEN | <b>4h49'01"</b> |          | 16/02/1980 | Barcelona             |

### **(R) 3 km marxa**

|    |                                 |      | MARCA         | T_Real | V          |                    |
|----|---------------------------------|------|---------------|--------|------------|--------------------|
| 1  | Raquel González Campos (1989)   | S-16 | <b>16'02"</b> |        | 02/02/2003 | Viladecans         |
| 2  | Sonia Martín Contreras (1991)   | S-16 | <b>16'52"</b> |        | 30/01/2005 | Badalona           |
| 3  | Carla Castellà Altayó (2005)    | S-16 | <b>16'56"</b> |        | 27/01/2019 | Badalona           |
| 4  | Silvia Marquet Colls (2006)     | S-14 | <b>19'03"</b> |        | 02/02/2019 | Viladecans (C.CAT) |
| 5  | Noa Martínez Prats (2006)       | S-14 | <b>19'33"</b> |        | 14/01/2018 | Barberà            |
| 6  | Sarah Bax (2005)                | S-14 | <b>19'38"</b> |        | 28/01/2018 | Barcelona (C.CAT)  |
| 7  | Carlota Colomer Labutova (2008) | S-14 | <b>19'52"</b> |        | 12/01/2020 | Viladecans         |
| 8  | Laura López Martínez (1989)     | S-14 | <b>19'55"</b> |        | 03/03/2002 | El Prat            |
| 9  | Mar Espartero Polino (2007)     | S-14 | <b>20'03"</b> |        | 12/01/2020 | Viladecans         |
| 10 | Claudia Grajera Piqué (2005)    | S-14 | <b>21'24"</b> |        | 28/01/2018 | Barcelona (C.CAT)  |
| 11 | Mónica Silva Bonito (1990)      | S-16 | <b>21'46"</b> |        | 30/01/2005 | Badalona           |
| 12 | Abril González Fernández (2008) | S-14 | <b>22'46"</b> |        | 02/02/2020 | Badalona (C.CAT)   |
| 13 | Leonor Godas Soler (1946)       | F35  | <b>24'22"</b> |        | 03/01/1982 | Ripoll             |

### **(R) 5 km marxa**

|    |                                  |      | MARCA         | T_Real | V          |                     |
|----|----------------------------------|------|---------------|--------|------------|---------------------|
| 1  | Raquel González Campos (1989)    | S-18 | <b>24'25"</b> |        | 06/03/2005 | Barcelona           |
| 2  | Georgina Delgado Noé (1987)      | S-18 | <b>24'40"</b> |        | 02/03/2003 | Barcelona           |
| 3  | Nerea Costal Cruz (1987)         | S-18 | <b>25'19"</b> |        | 02/02/2003 | Viladecans          |
| 4  | Silvia Fernández Vázquez (1986)  | S-20 | <b>26'05"</b> |        | 07/03/2004 | Barcelona           |
| 5  | Sonia Martín Contreras (1991)    | S-16 | <b>28'00"</b> |        | 13/03/2005 | Martorell           |
| 6  | Patricia Ventura Arriaga (1989)  | S-18 | <b>29'02"</b> |        | 03/04/2005 | Rubí                |
| 7  | Carla Castellà Altayó (2005)     | S-16 | <b>29'21"</b> |        | 02/02/2019 | Viladecans (C.CAT)  |
| 8  | Maria Esther Muñoz Donoso (1991) | S-18 | <b>30'10"</b> |        | 01/04/2007 | Rubí                |
| 9  | Silvia Marquet Colls (2006)      | S-16 | <b>31'15"</b> |        | 12/01/2020 | Viladecans          |
| 10 | Encarna Romero Moreno (1965)     | S-23 | <b>31'25"</b> |        | 15/03/1987 | Barcelona           |
| 11 | Sandra Lobo Bastart (1991)       | S-18 | <b>32'06"</b> |        | 18/03/2007 | Barcelona           |
| 12 | Leonor Godas Soler (1946)        | SEN  | <b>35'01"</b> |        | 08/03/1981 | Reus                |
| 13 | Mireia Sese Marcer (2003)        | S-16 | <b>35'19"</b> |        | 28/01/2018 | Barcelona (C.CAT)   |
| 14 | Elisabet Cortés Hidalgo (1983)   | F35  | <b>35'48"</b> |        | 26/01/2020 | El Vendrell (C.CAT) |
| 15 | Laura Cerdà Brazal (1999)        | S-16 | <b>36'06"</b> |        | 02/02/2014 | Badalona            |
| 16 | Mónica Silva Bonito (1990)       | S-16 | <b>37'08"</b> |        | 13/02/2005 | Viladecans          |
| 17 | Yasmin Blal Lahlimi (2003)       | S-16 | <b>37'22"</b> |        | 14/01/2018 | Barberà             |



**(R) 10 km marxa*****Mínima 2h***

|   |                                 |      | MARCA           | T_Real | V |                                |
|---|---------------------------------|------|-----------------|--------|---|--------------------------------|
| 1 | Nerea Costal Cruz (1987)        | S-18 | <b>51'17"</b>   |        |   | 16/02/2003 Ourense             |
| 2 | Raquel González Campos (1989)   | S-18 | <b>51'19"</b>   |        |   | 22/05/2005 Miskolc (Hongria)   |
| 3 | Georgina Delgado Noé (1987)     | S-18 | <b>51'24"</b>   |        |   | 23/03/2003 El Prat             |
| 4 | Silvia Fernández Vázquez (1986) | S-20 | <b>54'32"</b>   |        |   | 08/02/2004 Zaragoza            |
| 5 | Patricia Ventura Arriaga (1989) | S-18 | <b>1h03'01"</b> |        |   | 10/04/2005 Lloret              |
| 6 | Carla Castellà Altayó (2005)    | S-18 | <b>1h04'11"</b> |        |   | 31/01/2021 El Vendrell (C.CAT) |
| 7 | Sandra Lobo Bastart (1991)      | S-18 | <b>1h05'57"</b> |        |   | 04/02/2007 Mataró              |